Cahiers du Groupement Hahnemannien

(advertising)

A SYNOPTIC KEY OF THE MATERIA MEDICA
By Cyrus Maxwell BOGER
Presented by Médi-T


Part 2: SYNOPSIS: An exposition of the important and characteristic features of the most important remedies of the Homoeopathic Materia Medica, with their physiological spheres of activities, modalities and relationships


Part 3:
(a) - Table of the Approximate Duration of Action of Remedies.
(b) - Complementary Remedies.
(c) - Antagonistic Remedies.
(d) - S.T.R.: Supplemental Reference Table i.e. a valuable additional table for ready reference to the Repertorial Portion in the Text. (Under Construction - summer 2000)
The "Supplementary Reference Table" has been, enlarged considerably, especially by transferring most of the comparisons to it from the text of the respective remedies. This makes for clearness and facility of reference.

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As long as old ailments reappear or are worse, without the appearance of essentially new symptoms which lie outside of its sphere of action, we should guard against a repetition of the remedy, or changing to a new one.

Boenninghausen.

Symptoms appearing last in a proving have the highest value.

Hering.

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H.I.
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Introduction
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FOREWORD

Correct prescribing is the art of carefully fitting pathogenetic to clinical symptoms, and as such at present requires a special aptness in grasping the essential points of symptom images, great drudgery a mastering a working knowledge of our large Materia Medica or a most skilful use of many books of reference.

It is the aim of this book to simplify and introduce method into this work, so that the truly homœopathic curative remedy may be worked out with greater case and certainty. For this purpose a combination of the analytic and synoptic methods has been thought best.

The spirit of the clinical symptom picture is best obtained by asking the patient to tell his own story, whenever this is possible. This account is then amplified and more accurately defined by the questioner, who should first try to elicit the evident cause and course of the sickness, to which he will add all the things which now seem to interfere with the sufferer's comfort. Especially should the natural modifiers of sickness -the modalities- be very definitely ascertained. The following are the most vitally important of such influences: Time, Temperature, Open Air, Posture, Being Alone, Motion, Sleep, Eating and Drinking, Touch, Pressure, Discharges, etc.

A consideration of the mental state comes next in order of importance. Here the presence of Irritability, Sadness or Fear is the ruling factor.

The third step concerns the estimate to be put upon the patient's own description of his sensations. This is a very vital point and in order not to be misled it is always well to ascertain whether any of the following primary sensations are present: Burning, Cramping, Cutting Bursting, Soreness, Throbbing and Thirst. There may be many others, but the presence of any one of these often overshadows them, especially such as may be due to the play of the imagination ; which feature is in itself of more importance than the particular thing imagined.

Next in order comes the entire objective aspect or expression of the sickness: This should especially include the Facial Expression, Demeanor, Nervous Excitability, Sensibility, Restlessness or Torpor, State of the Secretions and any abnormal coloring that may be present.

Lastly the part affected must be determined ; this also, brings the investigation in touch with diagnosis.

By going over the above rubrics in the order named the contour of the disease picture will be pretty clearly outlined and will point fairly well toward the simillimum, and the prescriber has only to keep in mind the fact that the actual differentiating factor may belong to any rubric whatsoever and also that the scope of these rubrics reaches far beyond the appended synoptic text.

For ready reference the following diagram has been arranged:

**MODALITIES:** CAUSATION. TIME. TEMPERATURE. WEATHER. OPEN AIR. POSTURE. MOTION. EATING AND DRINKING. SLEEP. IF ALONE. PRESSURE. TOUCH. DISCHARGES.

**MIND:** IRRITABILITY. SADNESS. FEAR. PLACIDITY.

**SENSATIONS:** BURNING. CRAMPING. CUTTING. BURSTING. SORENESS. THROBBING. THIRST.
OBJECTIVE ASPECT: DEMEANOR. RESTLESSNESS. NERVOUS EXCITABILITY.
FACIAL EXPRESSION. TORPOR. SECRETIONS. COLOR. ODOR.

PART AFFECTED: Organs. Right. Left.

THE SYNOPSIS, is intended to make clear the general expression or genius of each remedy, and thereby help the prescriber correct his bearings. The scope of its contents is much enlarged by bracketing the most nearly affiliated remedies after some of the more important symptoms; this also helps in making differentiations.

What often makes a cure hard is the laying of too much stress upon some particular factor at the expense of the disease picture as a whole, thus destroying its symmetry and forming a distorted conception of the natural image of the sickness. This does not, however, mean that all symptoms stand on the same level, for certain effects must be more prominent than others, yet be part and parcel of them. This is the sense in which we must learn to know our remedies, just as we do our friends, by their air or personality; an ever changing, composite effect, but always reflecting the same motive.

Whenever the chosen remedy excites little or no reaction, the selection has either been faulty, or what is just as likely, one of the fundamental miasms which calls for either Psorinum, Sulfur, Medorrhinum or Syphilinum, is present.

Whenever the general benefit derived from a single dose lags, the remedy should be repeated in the next higher potency, instead of looking upon the new symptoms as indicators for some other drug; for only the most inveterately rooted dyscrasia can, by varying its expression, resist the whole scale of an indicated remedy. Sometimes we can advantageously change to another potency scale of the same remedy, before attempting to scrutinize the remaining picture for those new developments which must point toward our next choice, nor should this successor be chosen until the new symptom picture-disease phase-takes on a fairly definite or settled form.

This new fifth edition of the Synoptic Key is herewith submitted to all brothers in the work. Only changes of proven valve in co-ordinating and assembling the significant features of seemingly disassociated symptom groups, have been made. Upon these depends almost wholly the final choice of the simillimum. They should reflect a speaking image, as it were, of the correctly indicated remedy. To this end rubrics from my private files have been freely drawn upon. The symptom features of many remedies have been clarified in order to increase their usefulness, especially in precisionizing differentiations. The Repertory is only intended to orient the searcher.

The possibilities that inhere in the contact of the simillimum with the disordered vital force can not be fore-known. It therefore behooves every prescriber to use the utmost care in selecting the curative remedy. It will always remain true, as Paracelsus says in "Erste buch von blatern," chap. 8. 1528. "Just so, Mercury, (etc.), -cures- things Mercuric" only.

The strain which runs through every pathogenetic symptom complex has been called the "genius" of the drug. To give this its proper place in the prescription should be the ideal of every prescriber. To this end is this book written.

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List of Remedies in the Materia Medica Portion

A • B • C • D • E • F • G • H • I • J • K • L • M • N • O • P • R • S • T • U • V • X • Z

A
Abro.
ABROTANUM
Aco.
ACONITUM NAPELLUS
Act-r.
ACTÆA RACEMOSA (see Cimi. : Cimicifuga Racemosa)
Act-sp.
ACTÆA SPICATA
Ado.
ADONIS VERNALIS
Aesc.
ÆSCULUS HIPPOCASTANUM
Aeth.
ÆTHUSA CYNAPIUM
Agar.
AGARICUS MUSCARIUS
Ag-c.
AGNUS CASTUS
Ail.
AILANTHUS GLANDULOSA
Alet.
ALETRIS FARINOSA
All-c.
ALLIUM CEPA (= Cep. : Cepa Vulgaris)
Alo.
ALOE SOCOTRINA
Alu.
ALUMINA
Amb.
AMBRA GRISEA
Am-c.
AMMONIUM CARBONICUM
Am-m.
AMMONIUM MURIATICUM
Amy-n.
AMYLIUM NITROSUM
Anac.
ANACARDIUM ORIENTALE
Anth.
ANTHRACINUM
Ant-c.
ANTIMONIUM CRUDUM
Ant-t.
ANTIMONIUM TARTARICUM
APIS MELLIFICA
Apoc.
APOCYNUM CANNABINUM
Aral.
ARALIA RACEMOSA
Aran.
ARANEA DIADEMA
Arg.
ARGENTUM METALLICUM
Arg-n.
ARGENTUM NITRICUM
Arn.
ARNICA MONTANA
Ars.
ARSENICUM ALBUM
Ars-io.
ARSENICUM IODATUM
Aru-t.
ARUM TRIPHYLLUM
Asa.
ASA FŒTIDA
Asar.
ASARUM EUROPÆUM
Asclep.
ASCLEPIAS TUBEROSE
Ast-fl.
ASTACUS FLUVIATILIS (=Canc-fl. : Cancer Fluviatilis)
Ast-r.
ASTERIAS RUBENS
Aur.
AURUM METALLICUM

B
Bad.
BADIAGA
Bap.
BAPTISIA TINCTORIA
Bar-c.
BARYTA CARBONICA
Bell.
BELLADONNA
Bels.
BELLIS PERENNIS
Benz-ac.
BENOZOICUM ACIDUM
Berb.
BERBERIS VULGARIS
Bism.
BISMUTHUM METALLICUM
Bor.
BORAX
Bov.
BOVISTA
Bro.
BROMISTA
Bry.
BRYONIA
Buf.
BUFO (See Rana-b.. : Rana Bufo)
BURSA PASTORIS (See Thlas. : Thlaspi Bursa Pastoris)

C
  Cact.
  CACTUS GRANDIFLORUS
  Cad-s.
  CADMIUM SULFURICUM
  Calad.
  CALADIUM SEGUINUM
  Calc-c.
  CALCAREA CARBONICA OSTREARUM
  Calc-f.
  CALCAREA FLUORICA
  Calc-hyp.
  CALCAREA HYPOPHOSPHORICA
  Calc-p.
  CALCAREA PHOSPHORICA
  Calc-s.
  CALCAREA SULFURICA
  Calend.
  CALENDULA OFFICINALIS
  Cam.
  CAMPHORA
  Canc-fl.
  CANCER FLUVIATILIS (See Ast-fl. : Astacus Fluviatilis)
  Cann.
  CANNABIS
  Canth.
  CANTHARIS
  Caps.
  CAPSICUM ANNUUM
  Carb-a.
  CARBO ANIMALIS
  Carb-v.
  CARBO VEGETABILIS
  Carb-ac.
  CARBOLICUM ACIDUM
  Card-m.
  CARDUUS MARIANUS
  Cast.
  CASTOREUM
  Caul.
  CAULOPHYLLUM THALICTROIDES
  Caus.
  CAUSTICUM
  Cean.
  CEANOTHUS AMERICANUS
  Ced.
  CEDRON
  Cep.
  CEPA VULGARIS (See All-c. : Allium Cepa)
  Cham.
  CHAMOMILLA VULGARIS
  Chel.
  CHELIDONIUM MAJUS
  Chenop.
  CHENOPODIUM ALBUM
Chim.
CHIMAPHILA UMBELLATA
Chin.
CHINA OFFICINALIS (RUBRA)
Chi-ar.
CHININUM ARSENICICUM
Chi-s.
CHININUM SULFURICUM
Chio.
CHIONANTHUS VIRGINICA
Chl-hy.
CHLORALUM
Chlor.
CHLORUM
Cic.
CICUTA VIROSA
Cimi.
CIMICIFUGA RACEMOSA (See Act-r : Actæa Racemosa)
Cina.
CINA
Cinb.
CINNABARIS
Cist.
CISTUS CANADENSIS
Clem.
CLEMATIS ERECTA
Cob.
COBALTUM METALLICUM
Coca.
COCA
Cocc.
COCCULUS INDICUS
Coc-c.
COCCUS CACTI
Cof.
COFFEA CRUDA
Colch.
COLCHICUM AUTUMNALE
Coll.
COLLINSONIA CANADENSIS
Col.
COLOCYNTHIS
Com.
COMOCLADIA DENTATA
Con.
CONIUM MACULATUM
Cop.
COPAIWA OFFICINALIS
Cor-r.
CORALLIUM RUBRUM
Corn.
CORNUS FLORIDA
Cratae.
CRATÆGUS OXYACANTHA
Croc.
CROCUS SATIVUS
Crot-h.
CROTALUS HORRIDUS
Crot-t.
CROTON TIGLIUM
Cub.
CUBEBA OFFICINALIS
Culx.
CULEX MUSCA
Cup-ar.
CUPRUM ARSENICOSUM
Cup.
CUPRUM METALLICUM
Cyc.
CYCLAMEN EUROPÆUM

D
Daph.
DAPHNE INDICA
Dict.
DICTAMNUS ALBUS
Dig.
DIGITALIS PURPUREA
Dios.
DIOSCOREA VILLOSA
Diph.
DIPHTERICUM
Dros.
DROSERA ROTUNDIFOLIA
Dulc.
DULCAMARA

E
Echi.
ECHINACEA ANGUSTIFOLIA
Elap.
ELAPS CORALLINUS
Epip.
EPIPHEGUS VIRGINIANA
Equi.
EQUISETUM HIEMALE
Eriq.
ERIGERON CANADENSIS
Eucal.
EUCALYPTUS GLOBULUS
Eup-p.
EUPATORIUM PERFOLIATUM
Eup-pur.
EUPATORIUM PURPUREUM
Euphor.
EUPHORBIIUM
Euphr.
EUPHRASIA OFFICINALIS
Euon.
EVONYMUS EUROPÆUS (=Euonymus Europaeus)

F
Fag.
FAGOPYRUM ESCULENTUM
Fer.
FERRUM METALLICUM
Fer-p.
FERRUM PHOSPHORICUM
Flu-ac.
FLUORICUM ACIDUM
Form.
FORMICA RUFA
Frax.
FRAXINUS AMERICANA

G
Gamb.
GAMBOGIA (=Cambogia)
Gel.
GELEUM SEMPERVIRENS
Gen.
GENISTA SCOPARIA (=Scop. : Scoparius Genista)
Glo.
GLONOINUM
Gnap.
GNAPHALIUM POLYCEPHALUM
Goss.
GOSSYPIUM HERBACEUM
Grap.
GRAPHITES
Grat.
GRATIOLA OFFICINALIS
Grind.
GRINDELIA ROBUSTA
Guai.
GUAIACUM
Gym.
GYMNOCADUS CANADENSIS

H
Ham.
HAMAMELIS VIRGINIANA
Hell.
HELLEBORUS NIGER
Helo.
HELONIAS DIOICA
Hep.
HEPAR SULFUR
Hyds.
HYDRASTIS CANADENSIS
Hyd-ac.
HYDROCYANICUM ACIDUM
Hyo.
HYOSCYAMUS NIGER
Hypr.
HYPERICUM PERFORATUM

I
Ign.
IGNATIA AMARA
Iod.
IODIUM
Ip.
IPECA
Iris.
IRIS VERSICOLOR

J
Jab.
JABORANDI
Jal.
JALAPA
Jat.
JATROPHA CURCAS
Jus.
JUSTICIA ADHATODA

K
Kali-ar.
KALIUM ARSENICOSUM
Kali-bi.
KALIUM BICHROMICUM
Kali-bro.
KALIUM BROMATUM
Kali-c.
KALIUM CARBONICUM
Kali-chl.
KALIUM CHLORICUM
Kali-io.
KALIUM IODATUM
Kali-m.
KALIUM MURIATICUM
Kali-n.
KALIUM NITRICUM
Kali-p.
KALIUM PHOSPHORICUM
Kali-s.
KALIUM SULFURICUM
Kalm.
KALMIA LATIFOLIA
Kre.
KREOSOTUM

L
Lac-c.
LAC CANINUM
Lac-d.
LAC DEFLORATUM
Lach.
LACHESIS MUTUS
Lapp.
LAPPA MAJOR
Latro.
LATRODECTUS MACTANS
Laur.
LAUROCERASUS
Led.
LEDUM PALUSTRE
Lept.
LEPTANDRA VIRGINICA
Lil-t.
LILIUM TIGRINUM
Lith-c.
LITHIUM CARBONICUM

Lob.
LOBELIA INFLATA

Lues.
LUESINUM (=Syph. : Syphilinum)

Lyc.
LYCOPODIUM CLAVATUM

Lycps.
LYCOPUS VIRGINICUS

Lys.
LYSSINUM (Hydrophobinum)

M

Maq-c.
MAGNESIA CARBONICA

Maq-m.
MAGNESIA MURIATICA

Maq-p.
MAGNESIA PHOSPHORICA

Maq-s.
MAGNESIA SULFURICA

Manc.
MANCINELLA VENENATA

Mang.
MANGANUM METALLICUM

Mar-v.
MARUM VERUM (See Teucr. : Teucrium Marum)

Med.
MEDORRHINUM

Mel.
MELILOTUS

Men.
MENYANTHES TRIFOLIATA

Meph.
MEPHITIS PUTORIUS

Merc-c.
MERCURIUS CORROSIVUS

Merc-cy.
MERCURIUS CYANATUS

Merc-d.
MERCURIUS DULCIS

Merc-i-f.
MERCURIUS IODATUS FLAVUS (Proto-iodatus)

Merc-i-r.
MERCURIUS IODATUS RUBER (Bi-iodatus)

Merc-p-r.
MERCURIUS PRAECIPITATUS RUBER

Merc.
MERCURIUS SOLUBILIS

Mez.
MEZEREUM

Mill.
MILLEFOLIUM

Mos.
MOSCHUS

Murx.
MUREX PURPUREA
Mur-ac.
MURIATICUM ACIDUM
Mygl.
MYGALE LASIODORA
Myri.
MYRICA CERIFERA

N
Naj.
NAJA TRIPUDIANS
Nat-c.
NATRUM CARBONICUM
Nat-m.
NATRUM MURIATICUM
Nat-p.
NATRUM PHOSPHORICUM
Nat-s.
NATRUM SULFURICUM
Nit-ac.
NITRICUM ACIDUM
Nux-m.
NUX MOSCHATA
Nux-v.
NUX VOMICA

O
Oci-c.
OCIMUM CANUM
Oenan.
ŒNANTHE CROCATA
Old.
OLEANDER
Ol-an.
OLEUM ANIMALE
Ol-i.
OLEUM JERICOS ASELLI
Onos.
ONOSMODOIUM VIRGINIANUM
OPIUM
Osm.
OSMIUM METALLICUM
Ox-ac.
OXALICUM ACIDUM

P
Paeon.
PÆONIA OFFICINALIS
Pall.
PALLADIUM METALLICUM
Par-b.
PAREIRA BRAVA
Par.
PÉRIS QUADRIFOLIA
Petr.
PETROLEUM
Phel.
PHÉLLANDRIUM AQUATICUM
Pho-ac.
PHOSPHORICUM ACIDUM
Pho.
PHOSPHORUS
Phys.
PHYSOSTIGMA VENENOSUM
Phyt.
PHYTOLACCA DECANDRA
Pic-ac.
PICRICUM ACIDUM
Plan.
PLANTAGO MAJOR
Plat.
PLATINA
P1b.
PLUMBUM Metallicum
Pod.
PODOPHYLLUM PELTATUM
Polyg.
POLYGONUM SAGITTATUM
Pru-s.
PRUNUS SPINOSA
Psor.
PSORINUM
Pul.
PULSATILLA
Pyro.
PYROGENIUM

R
Radm-b.
RADIUM BROMATUM
Rana-b.
RANA BUFO (=Buf. : Bufo)
Ran-b.
RANUNCULUS BULBOSUS
Ran-sc.
RANUNCULUS SCELERATUS
Raph.
RAPHANUS SATIVUS NIGER
Rat.
RATANHIA
Rhe.
RHEUM OFFICINALE
Rhod.
RHODODENDRON CHRYSANTHUM
Rhus-t.
RHUS TOXICODENDRON
Rob.
ROBINIA PSEUDO-ACACIA
Rum.
RUMEX CRISPUS
Rut.
RUTA GRAVEOLENS

S
Saba.
SABADILLA OFFICINARUM
Sabal.
SABAL SERRULATA
Sab.
SABINA
Samb.
SAMBUCUS NIGRA
Sang.
Sanguinaria Canadensis
Sanic.
SANICULA AQUA
Sars.
SARSAVARILLA
Scil.
SCILLA MARITIMA
Scop.
SCOPARIUS GENISTA (See Gen. : Genista Scoparia)
Scut.
SCUTELLARIA LATERIFLORA
Sec-c.
SECALE CORNUTUM
Sele.
SELENIUM METALLICUM
Senec.
SENECIO AUREUS
Seneg.
SENEGA
Sep.
SEPIA OFFICINALIS
Sil.
SILICA
Soli.
SOLIDAGO VIRGA AUREA
Spig.
SPIGELIA ANTHELMIA
Spo.
SPONGIA TOSTA
Stan.
STANNUM METALLICUM
Stap.
STAPHYSAGRIA
Stict.
STICTA PULMONARIA
Stram.
STRAMONIUM
Stro.
STRONTIUM CARBONICUM
Strop.
STROPHANTHUS HISPIDUS
Sul.
SULFUR
Sul-ac.
SULFURICUM ACIDUM
Sul-io.
SULFUR IODATUM
Sumb.
SUMBUL
Symp.
SYMPHYTUM OFFICINALE
Syph.
SYPHILINUM (See Lues. : Luesinum)

T
Tab.
TABACUM
Tarx.
TARAXACUM
Tarn-c.
TARENTULA CUBENSIS
Tarn.
TARENTULA HISPANA
Tell.
TELLURIUM METALLICUM
Terb.
TEREBINTHINA
Teucr.
TEUCRIUM MARUM (= Mar-v. : Marum Verum)
Ther.
THERIDION CURASSAVICUM
Thlas.
THLASPI BURSA PASTORIS (=Bur-p. : Bursa Pastoris)
Thu.
THUYA OCCIDENTALIS
Thyr.
THYROIDINUM
Til.
TILIA EUROPÆA
Tril.
TRILLIUM PENDULUM
Tub.
TUBERCULINUM

U
Urt-u.
URTICA URENS
Ust.
USTILAGO MAIDIS

V
Val.
VALERIANA OFFICINALIS
Variol.
VARIOLINUM
Ver-a.
VERATRUM ALBUM
Ver-v.
VERATRUM VIRIDE
Verb.
VERBASCUM THAPSUS
Vib.
VIBURNUM OPULUS
Vinc.
VINCA MINOR
Vio-od.
VIOLA ODORATA
Vio-t.
VIOLA TRICOLOR
VIPER A TORVA
VISCUM ALBUM

X
XANTHOXYLUM FRAXINEUM

Z
ZINCUM ARSENICUM
ZINCUM CHROMATUM
ZINCUM IODATUM
ZINCUM METALLICUM
ZINCUM PHOSPHORICUM

ZINC VALERIANICUM
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ABROTANUM

REGION:
Nerves.
Nutrition.
Veins.

WORSE:
Cold air.
Wet.
Checked secretions.
Night.
Fogs.

BETTER:
Loose stool (Nat-s. Zin.).
Motion.


Related: Chin. Led.

ACONITUM NAPELLUS

REGION:
MIND: Brain.
Joints.

WORSE:
Violent emotions: FRIGHT. SHOCK. Vexation.
Sleeping in sun.
Chilled by: COLD, dry winds. While sweating.
Pressure and touch.
Noise.
Light.
Dentition.
During menses.
Night; in bed, P.M. lying on side.
BETTER:
Open air.
Repose.
Warm sweat.

Robust habit. Sudden, violently acute, painful effects, a big storm that soon blows over.
Tension. Congestion; often apoplectic. Excited nervous and vascular systems.

Complementary: Sul.

ACTÆA RACEMOSA
(Cimicifuga Racemosa)

REGION:
Mind.
Occiput.
Vertex.
Nape.
FEMALES.
Joints.
Left side; ovary, chest, etc.
Front of thighs.
WORSE:
Menstruation; suppressed.
During labor.
Emotions.
Alcohol.
Night.
Change of weather.
Heat and cold.
Sitting.
Puberty and climaxis.

BETTER:
Warm wraps.
Open air.
Pressure.
Continued motion.
Grasping things.
Eating.

A depressing irritant, causing exhaustion and low spirits, combined with oversensitiveness, < during pain (Nux-v.). Plumpness. Irregular, changeful or alternating symptom groups; utero-rheumatic (Caul.), etc. Violent pains; achings; shooting, here and there; shock-like, with cries, faints, etc.; up nape, about thorax, ovary to ovary (Am.); lumbar spine, etc.; or alternating with other states. Myalgia. Ovaralgia. Lumbago. Bruised, sore or heavy, aching muscles; behind eyeballs, uterus, neck; with a general sick feeling. Grippe. Variola. Trembling, twitching; of part lain on, tongue, fingers, etc. Chorea; cardiac. Compressive pain; temples, feet, etc. Insanity before menses. Melancholy. Agitation. Alternate mental and physical effects. Nervous, fidgety, excitable and jerky. Annoyances drive her crazy. Depressed and talkative, with constant change of subject. Suspicious. Gloomy forebodings; of death; insanity, etc. Sees rats. Sees various colors and forms. Mania; alcoholic, puerperal, etc. Deathly fear, of rats, etc.; agitated. Weak will. Wasting in brain (Glo.). Head retracted. Vertex; as if to fly off; as of a cold draft or heat on. Occiput; like a blow or pressive pain, ascends to eyes (l). Eyeballs ache; feel big. Sees red flashes, with black borders. Tinnitus; violent with deafness. Pale, hot face. Thick saliva. Mucus on teeth, or coppery mucus hawked up. Burning in throat. Nausea in A.M.; of pregnancy or alcoholism; in bowels; < pressure on spine. Vomits green; holds head and groans. Profuse, clear urine; weakening; with yellow sand. Menses irregular in time and amount; more flow more pain. Slow labor with nervous shivers. Uterine atony (Alet.). After-pains. Sore and tender along track of pains. Nervous; urination, shuddering, cough, etc. Delicate, sensitive women. Spasms of cerebro-spinal fever. Thyroid aches before menses. Incessant, dry night cough; < speaking. Sharp stitches in l. chest. Pleurodynia. Left inframammary pain. Heart sore; swelled; needle-like pains; backward from or to l. arm. Muscles fatigue. Neckache. Throws head back. Arms numb, cramp down; l. seems bound to side. Irritable, sensitive spine; < lying on it. Stiff, contracted neck, back (Agar.) or Tendo Achilles. Pain at angle of l. scapula (Chen.). Heavy, pulsative lumbar pain, through hips and down thighs. Cramps in limbs; in calves. Alternate mental and rheumatic symptoms. Itching soles. Sleepless or dizzy, drunken sleep; with arms over head or yawning. Pulse weak, irregular; drops every 3rd or 4th. beat. Chilly females. Cold sweat on hands and feet.


ACTÆA SPICATA

REGION:
WORSE:
Change of weather.
Slight exertion.
Cold.
Night.
Touch.


ADONIS VERNALIS

REGION:
HEART.
Spine.
Epigastrium.
Kidneys.
Skin.

WORSE:
Cold.
Lying.

BETTER:
Exertion.


Related: Buf.

ÆSCULUS HIPPOCASTANUM

REGION:
Veins: Liver. Naso-pharynx. ABDOMEN (R). RECTUM.
Mucus membranes: Naso-pharynx.
Occiput.
Sacro-iliac region.

WORSE:
Morning, on waking.
After stool.
Lying.
Stooping.
Urinating.
Walking.

BETTER:
COOL: Open air. Bathing.
Bleeding (piles).
Kneeling.
Continued exertion.

Reflex rectal symptoms. Rectum: painful constriction; as of a knife sawing up and down. HOT, DRY, STIFF, ROUGH or full feeling internally; throat, abdomen, anus, etc. Purple puffy parts. Venosity. Pains, sticking; like hot lightning. ....................... Irritable. Crushing in occiput. Nose sensitive to cool inspired air; it burns. Congestive catarrh. Follicular pharyngitis. Throbs, deep in abdomen. Stool, hard, dry; of several colors. RECTUM: sore, as of a burr or sticking pains long after stool; as of a bug crawling from anus (Sul.). Piles, purple, painful, external; with BACKACHE (Nux-v.), chest pains, etc. Laming, dull, lumbar pain; small of back gives out; repeated efforts at rising; < walking. Lumbar region or back: as if to break. Bruised pain in sacrum and hips. Paralytic heaviness: of arms, spine, feet.


ÆTHUSA CYNAPIUM

REGION:
BRAIN.
Nerves.
Digestion.
Occiput.
Neck.
Glands.
Liver.

WORSE:
MILK.
Hot weather.
Dentition.
Frequent eating.
Over-exertion.


Complementary: Calc-c.

AGARICUS MUSCARIUS
REGION:
SPINAL AXIS: OCCIPUT. NERVES. Lumbar region.
Peristalsis.
Heart.
Circulation.
Respiration.
Chest.

WORSE:
Air: COLD. FREEZING. OPEN. Stormy.
Exhaustion: Mental. Coition. Debauchery.
Alcohol.
Pressure.
Touch.
Morning.
During menses.

BETTER:
Gentle motion.

Gradual onset. Many symptoms (Tub.). IRREGULAR, ANGULAR, UNCERTAIN AND EXAGGERATED MOTIONS (Igm.); he reaches too far, stutters or steps too high, drops things, etc. TREMBLING, TWITCHING, JERKING or fibrillar spasm; here and there; < EYELIDS or tongue. Shuddering. Nervous and restless. Chorea. As of cold needles, a cold drop or a weight on parts. Painful twitching, then parts stiff and cold. .................. Hilarious or dull and dizzy; as if drunk. Turns head to and fro. Headache, > after stool or urine. Oscillating eyeballs. Gum in canthi. Musca volitantes. Angle of mouth droops. As of a lump in epigastrium.
Rumbling and fermenting in bowels. Hot flatus or semen; cold urine. Isolated coughing attacks, then sneezing; as if from spine; easy expectoration of flocculi or balls of mucus. Indistinct, jerky speech. Palpitation during coition; depressed afterward. Premature ejaculation. Pressure or burning sticking from heart to left scapula. Angina pectoris, has excessive pain only. Metastases from suppressed milk. Single vertebra sensitive to heat. Spine sensitive, > pressure or touch; shooting, burning along; seems short (Sul.), < stooping; stiff. Restless arms.

BURNING-itching (Ap.), < IN SKIN; AS IF FROZEN; changing place on scratching. Skin pains when cold. Chilblains. Yawning; before pains or spasms; as a concomitant. Chills or sweats easily. Sweats on alternate sides. Night sweats. Itching, over affected part. Cold buttocks.

Antidotes: Coff. Pul.
Complementary: Calc-c.

AGNUS CASTUS

REGION:
SEXUAL ORGANS.
MIND.
Nerves.
Eyes.

WORSE:
VENERY.
Sprains.

IMPOTENCY AND PREMATURE OLD AGE. Jaded rakes. ..................... Distraction. BAD MEMORY. Sad and despairing; repeats that he will soon die. Cold, relaxed genitals.

Related: Old Pho-ac.

AILANTHUS GLANDULOSA

REGION:
BLOOD.
THROAT.
Skin.
Mind.

WORSE:
Suppressions.
Raising up.
Sight of food.

BETTER:
Hot drinks.

Aching. **Rapid prostration advancing** MALIGNANCY AND STUPOR. **Fetor** and LIVIDITY.
Bloody, nasal discharge. Face and **throat dark** and swelled. Sordes on teeth. Dry, foul fauces.
Deep **ulcers stud tonsils, < left**, with loose pultaceous material. Lacunar tonsillitis. Irritative
itching of posterior pharynx. Diphtheria. **Eruptions in dark, sparse patches**; tardy; return slowly
after pressure. Mottled skin. **Scarlatina maligna; suppressed**. Petechiae. Crawling over body.
Adynamic fever, with weak heart. Cold sweat.


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Main
ALETRIS FARINOSA

REGION:
Female organs (R).
Blood.

WORSE:
Loss of fluids.

BETTER:
Passing flatus.
Bending backward.


ALLIUM CEPA
(Cepa Vulgaris)

REGION:
Nerves.
Left to right.

WORSE:
WARM ROOM.
Wet feet.
Singing.
Damp.
N.E. Winds.
Spring.

BETTER:
Cool, open air.
Bathing.
Motion.

**Acute colds, catarrhs or neuralgias.** Shooting pains; **as fine as a thread.** ..................
Forehead aches; into eyes and face; > free coryza or menses. **Watery eyes,** < coughing; wants to rub them (Scil.). FREQUENT, VIOLENT SNEEZING, CORYZA; ACRID, FLUENT; **with burning, smarting.** Dripping nose or from uvula. Sensitive to odors. Raw throat or larynx.
Flatulence; noisy; foul; painful. **Copious** urine. **Incessant, hacking, tickling cough;** holds it back; **as if to tear or split larynx;** must grasp it. Painful talking. **Hoarseness.** Senile bronchitis. Neuralgia of stump. Galled feet.
Complementary: Pho.

ALOE SOCOTRINA

REGION:
Lumbar region.
Head.
Female organs.

WORSE:
HEAT; damp.
Summer.
Early A.M. (in bed).
After dysentery.
Stepping hard.
Evening.

BETTER:
Cool, open air.
Cold applications.

Rumbling, gurgling in bowels, sudden urging, SENSE OF INSECURITY, then hurriedly passes a gushing, watery stool (Kali-bi.). Diarrhoea; with rectal pain, ANUS WEAK; oozes mucus. Stool escapes with flatus (Old.) or when urinating; mushy; solid stool passes unnoticed; urging to, passes flatus only; lumpy; gelatinous. Piles, prolapsing; like a bunch of grapes; > cold bathing. Internal heat; not stool, flatus, urine, etc. Burning in anus, rectum, piles, etc. Sexual erethism (in children). Heavy, congested uterus.

Complementary: Sul.

ALUMINA

REGION:
SPINAL CORD, lumbar.
Abdomen, left.
RECTUM.
Lower limbs.
Mucus membranes.
Skin.

WORSE:
WARMTH; ROOM, bed.
Speaking.
Dry weather.
Early on awaking.
Sitting.
After menses.

**BETTER:**
Evening.
Open air.
Moderate: Exertion. Temperature.

**Thin, inactive; inclines to lie down. Paretic effects.** Talking is exhausting. Exhaustration after menses. DRYNESS; of mucous surfaces, eyes, throat, rectum, etc., or irritability and relaxation. Scanty, thick, acrid discharges (Hyds.). Mucus discharges, profuse: before menses, leucorrhoea runs to feet; expectoration. Induration. Chronicity. .......... Illusions of being larger, numb, smooth, heavy, time passing too slowly, etc. Hasty, but slow of execution, hence mistakes in speaking, writing, etc. Peevish. Depressive mental states. Depressed, on awaking. Timorous; fears his own impulses; the sight of knives; loss of reason, etc. Bad memory. Vertigo, < talking. Violent stitches in brain. Dry, falling hair. Weak eyelids. Double squint; < teething. Inflamed, burning eyes. Hot, red ear. Dusky wrinkled, old look. As of white of egg or a cobweb on face. Teeth feel long; pain extends to other parts (Kali-bi.). Twisting low jaw (Gel.). Uvula hangs down. Throat feels full of sticks or constricted. Craves coarse foods (Calc-c.). Big bellied children. Pains from rectum to ankle. Inactive rectum and bladder; strains to pass a soft stool; hard ones cause severe cutting. Stools of small balls, hard knots or bright clots of blood. Must strain at stool to urinate; slow flow. Tickling in sexual organs; increased desire. Profuse leucorrhoea. Constant, dry, hacking cough; interrupts breathing; with sneezing. Sudden loss of voice. As of a hot iron thrust through lower spine. Heavy lower limbs; staggering. Festination. Locomotor ataxia. Totters, if eyes are closed. Painful soles. Gnawing under nails. Bones feel squeezed. Dry, rough, cracked skin. Itching burning over seat of pain. Intolerable itching from heat of bed. Eczema. Chilliness; > open air. Heat, with itching.

Antidotes: Cad-m. Jaborand.
Related: Bry. Plb.

**AMBRA GRISEA**

**REGION:**
Mind.
Female organs.
One side.
Chest, left.

**WORSE:**
Old age.
Evening.
Warmth.
Milk.

**Dry, nervous, meager habit.** Early senility. Weakness of upper part of body with trembling of lower parts. Worn out, yet overimpressionnable; slight things < the breathing, the heart, start the menses, etc. Symptoms suddenly change place; asleep, numb feeling (in spots), twitching, itching, trembling, ebullitions, etc. General pulsation. ................. Dreamy, flitting ideas or fixed disagreeable fancies. Slow grasp. Does not understand what she reads. Sad. Bashful. Vertigo; senile. Nosebleed, during menses. Coldness in abdomen. Confusion, in occiput; also sprained feeling in. Imaginations. Coldness of body with twitching. Asthma: dry;
senile; < coition. Flatulence. Can't have others present when urinating (Nat-m.) or during stool; < during pregnancy. Itching labiae. Spasmodic cough, then eructations. Bluish, white expectoration. As a lump in chest (l). Palpitation. Sweat on abdomen and thighs.

Related: Bar-c. Ign.

AMMONIUM CARBONICUM

REGION:
RESPIRATION.
Lungs.
Bronchiæ.
Right side.

WORSE:
COLD: CLOUDY DAYS. DAMP. Locally. Raw, open air.
Falling asleep.
3-4 A.M.
DURING MENSES.
Motion.

BETTER:
PRESSURE.
Eating.
Lying on abdomen.


AMMONIUM MURIATICUM

REGION:
MUCOUS MEMBRANES: CHEST. Gall-ducts.
Liver.
Blood.
Female organs.
Tips of fingers and toes.
Between scapulæ.
WORSE:
Morning (head, chest).
Afternoon (abdomen).
Evening (skin, fever, limbs).
Sprains (chronic).
Periodically.

BETTER:
Open air.
Rapid motion.


Related: Caus.

AMYLIUM NITROSUM

REGION:
VASO-MOTOR NERVES: Circulation. HEAD. Heart.
Respiration.

WORSE:
CLIMACTERIC.
SLIGHT CAUSES.
Emotions.
Heat.
Close room.

Flushing heats; then drenching (unilateral) sweat. Dilated cerebral vessels. Throbblings; < head. ................. Blood surges to head; with fiery red face. Easy blushing. Migraine, with pallor (Ars.). Aching, backward, along left floating ribs. Tumultuous palpitation. Constriction at heart. Full, soft pulse. Stretching and yawning, with hiccough.

Related: Glo. Lach.

ANACARDIUM ORIENTALE

REGION:
MIND.
Muscles.
Joints.

**WORSE:**
MENTAL EXERTION.
Emotions: Anger, fright, care, etc.
Stepping hard.
Motion.
Drafts.
Open air.
Cold.
Long after eating.

**BETTER:**
Eating.
Hot bath.

Mental and physical LACK OF POWER. Tremulous; on slight exertion, < knees (Stap.) or arms. Repeated, DULL PRESSURE, as of a plug, or band. Dulled emotions, sense of hearing, sight, touch, etc. Paralysis. ................. BAD MEMORY; suddenly forgets names, etc. Brain-fag. As in a dream. Illusions, or fixed ideas; of duality, imagines others present, behind her, etc. Cowardly and neurotic. Vascillating; at odds with himself (Bar-c. Cann-i.);

contradictory impulses. Ill-natured. Profane. Pressure in temples. Illusory smells. Bad breath and taste. Stiff, swelled tongue. Gastric pain > eating, but < again in 3 hours. Rectum feels plugged; can't evacuate even a soft stool. Breath stops on coughing or drinking. Cough with occipital pain; then yawns and sleeps. Double stitch at heart; passing into lumbar region. As of a heavy load on shoulders (Rhus-t.). Dry hands. Skin, insensible; itching, < scratching; yellow vesicles. Dermatitis. Eczema. Easily chilled, > sunshine (Stro.). Clammy sweat on palms.

Related: Ign. Rhus-t.

**ANTHRACINUM**

**REGION:**
Cellular tissue.

Gangrene. Hard cellulitis.

Related: Ars. Tarn-c.

**ANTIMONIUM CRUDUM**

**REGION:**
STOMACH.
DIGESTIVE TRACT.
MIND.
SKIN.
Changing sides.

**WORSE:**
COLD: BATHING. Dampness. WATER (on head).
OVEREATING.

Acids.
Sweets.


Related: Sul.

ANTIMONIUM TARTARICUM

REGION:

MUCOUS MEMBRANES.

Stomach.

Bowels.

Sleep.

Lumbar region.

Skin.

WORSE:

WARM: Room. Wraps. Weather.

Anger.

Lying.

Morning.

Overeating.

Cold.

Dampness.

BETTER:

Expectoration.

Sitting erect.

Motion.

Vomiting.

Depression. LACKS REACTION. INCREASINGLY WEAK. DROWSY, SWEATY AND RELAXED. MUCH SECRETION OF MUCUS. Old people and children. Complaints arising in digestive sphere. ...................... Icy finger-tips. Whines before attack, cough, etc. Crushing weight on chest. Won't be touched or looked at. Prostrated in mind and body. Stupid on awaking. Unwilling to be looked at or touched. Wants to be carried up-right. Mucus in tarsi. One eye closed. Upper lip drawn up. Tongue: thick white pasty coat; very red or red streaks; dry down middle. Flow of saliva. Craves apples. Vomits or expectorates with great effort. Abdomen feels full of stones. Expectoration: gluey; suppressed. Feet go to sleep on sitting down. Shocks on dropping to sleep. Asphyxia neonatorum. Apathy or easily annoyed; wants to be let alone.
Peevish, **whining** and moaning. Clings to attendants. Consciousness wanes on closing eyes (Cann-i.). As of a lump in forehead. **Sooty** or flapping nostrils. **Sickly**, sunken, **pale, bluish or twitching face**; covered with cool sweat. Papillae show through white coat on tongue. Tongue flabby, red in streaks. **Craves acids**, which disagree. Belchings, like bad eggs. **NAUSEA**; in waves; **with weakness and cold sweat** (Lob. Ver-a.), **loathing** or anxiety. **Forcible vomiting**; then exhaustion and **sleep** (Æth.). Violent retching. Sinking at stomach. Mucus or grass, green stools. **Diarrhoea**; of eruptive diseases. **Unequal breathing. SUFFOCATIVE SHORTNESS OF BREATH**; before cough or alternating with cough; a leaflet seems over trachea. **LOOSE, COARSE, RATTLING COUGH**; CHEST SEEMS FULL, YET LESS AND LESS IS RAISED; then vomiting or sleep (Æth.); < **anger**. Must sit up to breathe or cough. Coughs and yawns alternately. Thick expectoration. Capillary bronchitis or bronchitis. Pleuro-pneumonia. Paralytic depression of heart and lungs (Bar-c.). **Violent** (lumbar) **backache**; < lifting; motion excites retching and cold sweat. Restless arms. **Dropsy** of legs. **Yawning**; with many complaints. **SOMNOLENCY**; with all complaints, or from warmth. **Torpid, cool, SWEATY SKIN**. Delayed or receding, blue or **pustular eruptions**. Sycosis barbæ. Smallpox. Impetigo. Weak, quick pulse. Heat coming from heart. Burning sensation. Sticky sweat.

Complementary: Bar-c.

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API MELLIFICA

REGION:
CELLULAR TISSUE: EYES. FACE. FAUCES. OVARIIES.
SEROUS CAVITIES.
SKIN.
KIDNEYS.
BLADDER.
Nerves.
Respiration.
Heart.
Blood.
Right side; right to left.

WORSE:
Touch, even of hair.
After sleep.
4 P.M.
Pressure.
Suppresscd eruptions.

BETTER:
Slight expectoration.
Motion.

Stinging burning, prickling, smarting, like hot needles. Must lie down. Rapid onset. SUDDEN; SHRILL CRIES or pains, that extort cries; nervousness, swelling, effusion, etc. SENSITIVE; to pain. Sharp STINGING burning or bruised SORENESS; of brain, ABDOMEN, ovaries, bladder, etc. PUFFINESS, shiny redness. Ódema; of eyelids or lips; red; saccular.

Dry, hot skin, alternates with gushes of sweat. SLEEPY, but too nervous; when hot; and CRIES OUT. Kicks covers off. Weak, quick pulse. Chill: anticipates; with dyspnœa, urticaria, desire to uncover; alternates with heat; right side. BURNING HEAT; but chilly if moved; without 
thirst; at 4 P.M. Heat of one part, with coldness of another. Sweat in gushes; partial.

Antidote: Carb-ac.

APOCYNUM CANNABINUM

REGION:
URINARY ORGANS.
Heart.
Digestive tract.
Uterus.

WORSE:
Uncovering.
Lying.

BETTER:
Warmth.


Related: Chin-ar. Nux-v.

ARALIA RACEMOSA

REGION:
Respiration.
Mucous membranes.

WORSE:
After a short nap.
Drafts.

BETTER:
Lying with head high.
Sitting up.

Weak, relaxed and nauseated. Biliousness. ................. Sneezing, < drafts. Aphthæ. Pains from liver to r. scapula. Dyspnœa or violent cough after first sleep, > slight expectoration. Whistling breathing. Salty expectoration.

Complementary: Lob.
ARANEA DIADEMA

REGION:
Nerves.
Blood.
Bones.
Right side.

WORSE:
EXACT PERIODICITY.

BETTER:
Smoking.

Cold to very bones (Calc-c.); can't get warm. Every damp day chills. AS OF ENORMOUS ENLARGEMENT or numbness of parts; on waking. Hæmorrhage. Periostitis. ....................
Nervous temperament. Violent pain in all upper teeth at once, on retiring. Enlarged spleen. Malaria.

Complementary: Ced.

ARGENTUM METALLICUM

REGION:
NERVES.
Left side; ovary.
Testis (R).

WORSE:
USING VOICE.
Mental strain.
Noon.
Cold damp.
3 to 5 A.M.

BETTER:
Motion.
Coffee.
Wrapping up.

Slow, deep, low grade processes. THICKENED SECRETIONS, cartilages, tarsi, etc. Gray or tenacious mucus. Sore rawness. Increasingly violent pains, suddenly cease; < touch; with polyuria. Arthralgia. Loss of power; mental, over limbs, etc. Epilepsy, then rage. ....................
Weakness in chest (!). Heart stops, then trembles and throbs; > inspiration. Swelled ankles. Diabetes. Nervous itching. Shocks on dropping to sleep.

ARGENTUM NITRICUM

REGION:
MIND.

NERVES: Cerebro-spinal. ABDOMINAL.

WORSE:

BETTER:

Old, dried up, tremulous and weak. Progressive emaciation. Paralysis, ascending. Parts seem ENLARGED or bound up (Glo.). VIOLENT PAINS; LIKE DEEPLY STICKING SPLINTERS; sharp shooting, like lightning; < down back or legs; cause starting; grinding or radiating. Sinking downward from head. Ulceration, with much yellow, bloody pus (Hep.). ..................... Conjoined mental and digestive symptoms. Tormented by strange ideas or emotions. Nervous, impulsive and hurried, yet timid and anxious (Ars.). Fearsome. Dreads ordeals, impending evil, passing a certain point, dark (Stram.), etc. Incoherence. Faltering speech, gait, erections, etc. Nervous headache and nervous diarrhoea. Brain-fag. Head as if in a vise; > tight bandage. Vertigo; epileptic, < night. Compressive or deep head pains; loses his senses (Laur.). Boring in I. frontal eminence, 11-12 A.M. Migraine. Scaly tarsi. Eye balls feel big (Guai.). Swelled carunculae; chemosis. Photophobia. Violent purulent ophthalmia. Dilated pupils. Sickly, grayish, muddy color. Painful, red tip of tongue, or (dry) aphthæ on edge. Food lodges in pharynx. Throat sensitive; as of a rough stick (Phyt.) or splinter in, > cool drinks. Dark red fauces and uvula. Craves sugar, which <. Astringent sour or bitter-sour taste and vomitus. Alcoholic gastritis. Gastralgia; in a spot. Eructates ingesta. FLATULENCE; bursting (Lyc.); loud explosive belching (Coca.), discharged upward and downward; noisy diarrhoea. Emotional diarrhoea. Shreddy, mucus stools, turning green; < drinking. Violent pains from kidneys to bladder. Cutting in urethra, with painful priapism. Yellow, bloody gonorrhœa. Painful coition. Cough from laughing. Dyspnœa, nervous or flatulent; < gastric pains. Palpitation, < lying on r. side. Craves fresh air. Laryngitis. Throbbing or weak spine. Trembling limbs. Peripheral neuralgias. Ischias antica. Weakness, rigidity or twisting in calves. Ulcers, angry, deep; hard edges; warty granulations. Adherent crusts. Chill if uncovered, yet smothers when wrapped up. Shivers through bowels; up back.

Complementary: Nat-m.
Antidotes: Cina. Nat-m.
ARNICA MONTANA

REGION:
BLOOD.
BLOOD-VESSELS.
Nerves.
Muscles.
Digestive organs.

WORSE:
TOUCH.
After sleep.
Motion.
Old age.
Alcohol.

BETTER:
Lying: Head low (Ver-v.). Outstretched.

A very painful and offensive remedy. Progressive weakness. Has absorbent action. Shock: mental or physical. VERY PAINFUL BRUISED, SORENESS; all over; after the pains; of the bleeding part (Fer.), etc. Crushing pain. BED FEELS HARD, or full of lumps. As of a lump back of stomach, etc. Suddenly shifting joint (Colch.) or paralytic pains. FOUL; breath, taste, flatus, stool, etc. Typhoid. Sepsis. HÆMORRHAGIC TENDENCY; epistaxis, etc. INVOLUNTARY evacuations. Nervous, sanguine temperament. FEARS; being struck or approached; sickness; instant death; on awaking, etc. Morose, repellant mood. Physically restless, but mentally prostrate or apathetic; says nothing ails him (Op.); reverse (Ars.) answers slowly, with an effort. Feels well, in dangerous cases. Brain feels tired. Vertigo; of old age. Bloodshot eyes. Ruddy, congested face. Apoplexy. Fevers. Bright red, puffy fauces. Red stripe down center of tongue. Post-natal dropping. Catarrh of antrum. ERUCTIONS TASTING OF BAD EGGS. Anorexia by day, but canine hunger before midnight. Cramps from epigastrium down over bowels, then foul stools. Acrid, foamy, stools. Cutting in kidneys. Urine retained or dribbles; after labor. Must wait for urine to pass. After-pains; < suckling. HOARSENESS; < exertion, colds, or getting wet. Coughs without waking, or cough causing cries. Heavy lower chest. Sore nipples. Arm pains, > hanging down. Heart-beat shakes whole body. Weakened heart muscle. Angina. Heart pains; left to right. Dusky, mottled skin. Every little hurt makes a black and blue spot. Petechiae. Erysipelas. SYMMETRICAL ERUPTIONS. Very sore acne or crops of small boils. SOPOR: drops to sleep as he answers. Troublous or frightful dreams; awakes in terror. Coldness of part lain on. Thirst during chill. Hot head with cool body. Must uncover, but it chills him (reverse of Nux-v.).


ARSENICUM ALBUM

REGION:
MUCOUS MEMBRANES.
MIND.
RESPIRATION.
Lungs; R apex.
Blood.
Heart.
Nerves.
SPLEEN.
Lymphatics.
Muscles.
SKIN.
Serous cavities.
Organs.

WORSE:
COLD: ICES, DRINKS. FOODS. Air.
PERIODICALLY: MIDNIGHT; after. AFTER 2 A.M. 14 days. Yearly.
VEGETABLES.
DRINKING.
TIPPLING.
Infections.
Bad meat.
Quinine.
Lying on part.
Tobacco.
EXERTION.

BETTER:
Motion.
Walking about.
ELEVATING HEAD.
Sitting erect.
Company.
Sweating.

Sudden, intense effects. Restless, anxious and very weak. Maddening pains; BURNING LIKE FIRE, hot needles or wires, > heat, felt, even during sleep; exciting shortness of breath (Nat-s.) or chilliness. Inveterate neuralgias. VERY RESTLESS, < affected part.

EXACTING. Fault-finding. ANGUISH; despairs of recovery (Aco.). AGONIZING FEAR OF DEATH; nightly; yet tired of living. VIOLENCE; self-torture; pulls her hair; bites her nails.


PALE, anxious, sunken, haggard or distorted countenance; with cold sweat. Black lips.

heat; in spots; sensitive to, yet > in open air (Aur.). **Chills**; irregular; shaking; craves hot drinks; and can't get his breath. Heat, as of hot water in veins or they burn like lines of fire; burning or coldness in chest (Bry. Lach. Nat-m. Sul.). Hectic. Sweat; with insatiable thirst, dyspnœa or exhaustion; cold. Atypical or larval malaria. Old case of malarias. Waves of icy coldness in blood-vessels or intense boiling heat. Yellow fever (prophylactic).

**Complementary:** Nat-s. **Pul.** Thu.  
**Related:** Sul-ac. Ver-a.

### ARSENICUM IODATUM

**Region:**
- **MUCOUS MEMBRANES:** NOSE. Digestive tract. Lungs.  
- Heart.  
- Glands.  
- Skin.  
- Left side.  
- Nerves.

**Worse:**
- **Weather:** Dry. Cold. Windy. Foggy.  
- Exertion.  
- In room.  
- Apples.  
- Tobacco smoke.

**Better:**
- Open air.


**Complementary:** Kali-io.  
**Related:** Kali-bi.

### ARUM TRIPHYLLUM

**Region:**
- **Mucous membranes:** Mouth. THROAT. Larynx.  
- Kidneys.  
- Brain.  
- Blood.  
- Skin.

**Worse:**
Over use of voice: TALKING. Singing.
Cold, wet winds.
Heat.

Irritation. PAINFULLY SORE, RAW AND BURNING PARTS. ACRID DISCHARGES.
....................... Excessively cross and stubborn (Tub.). NERVOUS; CHILD PERSISTENTLY
BORES INTO NOSE or picks at lips, the fingers or at one spot; until it is sore or bleeds.
Acrid, fluent coryza. Raw, cracked lips (angles) (Psor.). Painfully raw, sore, inflamed mouth.
Aphthæ. Raw sore throat; painful on clearing or coughing, yet grasps or wants to scratch it.
Hay asthma. Stools like corn-meal. Uraemia. Voice hoarse, squeaky or breaks. Itching fingers

Complementary: Nit-ac.
Related: Ars. Merc-c.

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ASA FŒTIDA

REGION:
NERVES.
Mind.
Gullet.
Digestive tract.
Left side.

WORSE:
Night.
In room.
Rest.
Eating.
Suppression.
Mercury.
Noise.
Sitting.
Warm wraps.

BETTER:
Motion in open air.
Pressure.


ASARUM EUROPÆUM

REGION:
NERVES.
Mucous membranes.
Female organs.

WORSE:
PENETRATING SOUNDS.
Dry.
Cold.
Emotions.

BETTER:
Cold bathing; of face (Flu-ac.).

EXCESSIVE NERVOUS SENSIBILITY; scratching on silk, rattle of paper, etc., is unbearable. Contractive sensations. .................... Lightness, as if floating. Painfully sensitive hearing. Cold saliva. Violent vomiting. Gelatinous or shreddy mucus stools. Lientery. Asthmatic breathing, < odors or cold. Violent backache, takes her breath, < motion.


ASCLEPIAS TUBEROSA

REGION:
SECRETIONS: SKIN. Serous. Mucous.
Chest (R).
Muscles.

WORSE:
Motion.
Deep breathing.
Lying.
Tobacco.


Related: Ant-t.

ASTACUS FLUVIATILIS
(Cancer Fluviatilis)

REGION:
Liver.
Glands.
Vaso-motors.

WORSE:
Air.
Uncovering.

Stinging pains. Shiverings. .................... Cough, > walking. URTICARIA; with hepatic symptoms, jaundice, etc.; with cramps in liver region; on right side only.

Related: Calc-c. Rhus-t.
ASTERIAS RUBENS

REGION:
Circulation.
Nerves.
Female organs.
Rectum.
Left side.

WORSE:
Heat.
Menstruation.
Contradiction.
Cold wet.

Pulsations; in head, womb, chest, etc. Drawn back feeling in eyes, nipples, etc. Cancer.

Mentally and physically flabby. Weeps from least emotion. Rushes of blood to head; it feels surrounded by hot air. Red face. Pimples about mouth. Stools of brown, gushing water. Sexual erethism.

Related: Murex. Sep.

AURUM METALLICUM

REGION:
MIND.
Nerves.
VASCULAR SYSTEM.
Heart (R).
Glands.
Liver.
Kidneys.

WORSE:
Emotions: Depressing. Disordered affections.
Mental exertion.
Cold.
Night: Sunset to sunrise.
Abuse of Merc. or Kali-iod.
Cloudy weather.

BETTER:
Cool; open air.
Cold bathing.
Becoming warm.
Music.
Walking.


Related: **Merc.**

**BADIAGA**

**Cough:** excited by sweets, candy, etc. (Med. Spo. Zin.). **EXpectoration; flies from mouth** (Kali-c.).

**BAPTISIA TINCTORIA**

**REGION:**
- **BLOOD.**
- **Mind.**
- **Nerves.**
- **Mucous membranes:** Digestive tract.
- Left side.

**WORSE:**
- **Humid heat.**
- Fogs.
- In room.
- Pressure.
- On awaking.

SORE, HEAVY, ACHING MUSCLES; gall-bladder, heart, etc WITH RAPID PROSTRATION; **the bed is too hard, yet he feels too sick to move. Dark; mucous membranes,** exudates, haemorrhage, stools, spots in body, etc. Brown; sordes, stripe down center of tongue, stool, menses, etc. FOUL; odor of body; **excretions,** stool, sweat, etc. Grippe. Zymoses. Sepsis. Typhoid states. Bed sores, etc. Insensible to pain. Restless mind but lifeless body. Bewildered. Thick speech. Sensation as of a blow on occiput. Dull, drowsy, besotted look. **SENSE OF DUALITY; PARTS FEEL SCATTERED ABOUT, SEPARATED, numb or too large. Dull and confused.** Falls asleep while answering or does not complete his sentence. Eyes feel swelled. DUSKY, SODDEN, BESOTTED, STUPID COUNTENANCE. **Dark red, tumid mouth and throat.** Throat, numb inside but sensitive outside. Fetor oris. Tongue cracked, bleeds, feels thick or is heavily coated. Viscid saliva. Aphthæ. Ragged ulcers in throat. Can't swallow solids. Spasm of gullet. Easy vomiting. Diarrhoea; sudden; horribly foul, mushy, painless, **dark** or slaty. Symptoms radiate from small of back. Dyspnœa from weakness in chest. **Air hunger;** on waking, > standing. Bronchial asthma. **Drowsy, stupid and languid;** slides down in bed and lower jaw drops (Mur-ac.). Hyperpyrexia. Livid spots on body. Uræmia.

BARYTA CARBONICA

REGION:
NUTRITION.
MIND.
GLANDS: THROAT. Prostate.
HEART.
Nerves.
Blood-vessels.
Lungs.

WORSE:
Company.
Thinking of it.
Cold: Damp; to feet. To head. Changes.
Lying on: Painful part. Left side.
Odors.

BETTER:
Warm wraps.


BELLADONNA

REGION:
Nerve centers.
Brain.
Blood-vessels.
Capillaries.
Mucous membranes: Eyes. Mouth. THROAT.
Skin.
Organs.
Right side.

WORSE:
Heat: of sun; if heated.
Afternoon (3 P.M.).
DRAFTS; on head; hair cut (Glo.).
Washing head.
After taking cold.
CHECKED SWEAT.
LIGHT.
NOISE.
JARRING.
Touch.
Company.
Pressure.
Motion.
Hanging down.

BETTER:
Light covering.
Bending backward.
Rest in bed.

Plethoric, brainy. SUDDEN, VIOLENT EFFECTS. DRYNESS, BRIGHT REDNESS -streaked (Pho.)- AND BURNING HEAT; WITH GREAT PAIN; FULNESS OR SWELLING. CONGESTION: TO HEAD. Dilated arteries. Inflammation. HEAT in body, parts, discharges, etc.
CONSTRICIONS. Parts are hot, swelled, red and dry. THROBBING, SHARP CUTTING, SHOOTING or clawing PAINS; of maddening severity: coming and going, in repeated attacks (Nit-ac.). Scant or hot discharges. JERKS. SHOCKS. TWITCHINGS. SPASM; of throat, vagina, etc. ................. Over-active. EXCITED. WILDLY DELIRIOUS; ferocious, noisy, cries out. RESTLESS and talks fast. Tries to escape. Furibund. Biting mania. Violent delirium. THROBBING HEAD; < temples; < motion; > letting hair down. Brain rises and falls in waves.
Rolls head. Pains go downward from head. HEAD SENSITIVE TO DRAFTS AND COLD, or washing hair. HAMMERING THROB. Pulls her hair. Meningitis. Sunstroke. DILATED PUPILS.
Prominent, sparkling eyes. Red sclerotic. Prominent, sparkling eyes. Red sclerotic. Lurid, red, terrifying hallucinations; on closing eyes.
Sleepy, but can't sleep. Heavy, hot sleep. JERKS DURING SLEEP. Frightful dreams; of quarrels, fire, etc. Internal coldness with external, pungent, burning heat. HOT HEAD, with cold limbs (Sul.). Hot sweat. Skin hot, but moist and dry alternately. Spasm, then prolonged unconsciousness.


BELLIS PERENNIS

REGION:
BLOOD-VESSELS.
Nerves.
Spleen.
Joints.
WORSE:
INJURY.
Sprains.
TOUCH.
Cold baths or drinks.
Wet.
Becoming chilled when hot.

BETTER:
Continued motion.
Cold (local).


Related: Arn.
BENZOICUM ACIDUM

REGION:
URINE: Kidneys. Bladder.
Joints.
Heart.
Bowels.
Left side.

WORSE:
Open air.
Cold.
Changing weather.

BETTER:
Heat.
Profuse urine.


Related: Calc-c.

BERBERIS VULGARIS

REGION:
 Lumbar region (hips).
 Joints.
 Uterus.
 Spermatic cord.

WORSE:
Motion: Jarring. Stepping hard. Rising from sitting.
Fatigue.
Urinating.

Mentally and physically tired. Sees things in twilight. Many, rapidly changing or alternating symptoms; shooting outward, as in urethra, toes, etc., about or RADIATING from one point; lower spine, etc. Sticking. Soreness. Burning-smarting. Numbness; insensitive to extreme heat or cold. GURGLING or bubbling. Dry mucous membranes; mouth, vagina, etc. Dirty-gray face, gums, feces, etc. Lithæmia. Calculi. .................... As of a thight cap on head. Cold temples. Suppurating acne. Sticky mouth. Foamy, cottony saliva (Nux-m.). Painful pimple at tip of tongue.

BISMUTHUM METALLICUM

REGION:
DIGESTIVE TRACT: Stomach. Intestines.
WORSE:
Eating; overeating.

BETTER:
Cold; drinks; applications. Bending back.
Motion.

Apathetic and prostrated. Tearing, pinching pains. Internal heaviness. Swelled gums. Craves cold drink, which is vomited at once, or in great quantities when stomach becomes full. Foul belching. Vomits liquids only, or bilious after eating. Atrophia ablaclatorum (Kre. Ox-ac.). Gastric, alternating with head or face pains. Violent gastralgia (Atro. Chin.); with cramping or burning. Food presses like a load on one spot. Prostration; after stool. Cholera infantum, when the body remains warm. Black ulcers. Dry palms and soles.

Related: Ars. Cad-s.

BORAX

REGION:
Occiput.
NUTRITION: NERVES. MUCOUS MEMBRANES.
MOUTH.
Skin.
Kidneys.
Bladder.

WORSE:
DOWNWARD MOTION.
Sudden noises.
Cold; wet.
Least uncovering.
Nurslings.
Children.
Fruit.
BETTER:

11 P.M.

Tough, bloody mucus. Tousy persons (Med. Sul.): frowsy hair, tangles at ends. Frightened at
every noise; starts from sleep, as if to fall. Restless in afternoon. Gummy, crusty eyelids and
cracked tongue. Palate hard and wrinkled. Eructations when painful parts are pressed. Poorly
nourished, soft and flabby. **Aphthous, catarrhal tendency. Clear, thick, hot, biting discharges.**
Heat in single parts; mouth, vagina, palms, etc. Sticking or drawing pains; **intercostal**, in soles,
etc. **Shrivelled skin** or mucous membranes. Marasmus. .................... **Nervous, anxious,**
**fidgety,** fickle. **Fretful,** before stool. **Fears downward motion. Starts at trifles, sudden
sounds,** etc. Anxious cries during sleep. Hot head of babies; they **cry and scream when
nursing or before passing stool or urine.** Entropion. Red about eyes. Dry, tender, **aphthous
Catch in groin on coughing. Stools: turning green; like boiled starch. Mucous diarrhoea, then
leucorrhoea. Empty feeling in mammæ, after child nurses. Averse to coition. Pain in opposite
breast, as child nurses. Mother’s milk is thick and tastes badly. Blood-streaked or mouldy
expectoration. Limbs tremble, at 10 A.M. Itching on back of hands. Eczema. Weak calves. DRY
SKIN; **festers easily,** won’t heal. Sweat on stomach. Stitch in right chest, < deep breath and >
hard pressure. **Heart feels as if on right side.** Violent palpitation.

Related: Bell.

BOVISTA

**REGION:**

**CIRCULATION:** HEART. Uterus. Kidneys.

**SKIN.**

**WORSE:**

Menses.

Full moon.

**Getting warm.**

**BETTER:**

Doubling up.

Eating.

**Hæmorrhagic-herpetic diathesis.** Oozing hæmorrhage, < night. Laxness; joints seem loose;
easy indentation. General puffiness. **Enlarged feeling,** head, heart, etc. ......................

**Awkward in speech and action; drops things,** stutters, etc. Inattentive. Weak memory.

Confusion on awaking. Weak jointed and nervous. A wedge presses into occiput. Nose stops on
menses. Menses early; more at night, less if in motion; flow between periods. Thick, pussy,
acrid leucorrhoea. Short breath on using hands. Visible palpitation. Itching coccyx. Weak
hands. Heavy painful legs. Itching eruptions; oozing; forming **thick crusts or scabs,** with pus
beneath (Mez.). Hives, with diarrhoea or menorrhagia. Eczema. Chill during pains.


BROMUM
REGION:
LARYNX.
RESPIRATION.
Heart.
Circulation.

WORSE:
WARM: DAMPNESS. Overheating. Room.
Chilled while hot.
Sea bathing.
Dust.
Drafts.
Until midnight.

BETTER:
Nosebleed (vertigo, head, chest).
At sea.
Motion.


Related: Lach. Samb.

BRYONIA

REGION:
Blood.
CIRCULATION.
Liver.
SEROUS MEMBRANES: HEAD. CHEST. JOINTS. ABDOMEN.
Right side.
Lymphatics.
Cellular tissue.

WORSE:
MOTION: LEAST RAISING UP. STOOPING. EXERTION. COUGHING. DEEP BREATHING.
HOT: BECOMING. ROOM. Weather.
Drinking, while hot.
EATING.
Vegetables.
Acids.
Calomel.
VEXATION.
Touch.
Suppressions.
Taking cold.
Early A.M.

**BETTER:**
PRESSURE: LYING ON PAINFUL PART. Bandage, etc.
COOL OPEN AIR.
QUIET.
Cloudy, damp days.
**Drawing knees up.**
Heat to inflamed part.

Slowly advancing, forcible processes, localizing in unyielding tissues. **Very painful effects;** on coughing holds sides, chest or head; in joints, etc. BURSTING, STITCHING or heavy, sore pain, going backward. AVERSE TO LEAST MOTION, even of distant parts. Dryness everywhere. Dryness of the mucous membranes. **Scanty, adherent secretions. Congestion, INFLAMMATION, exudation.** Streaks of red. Gastro-bilious-rheumatic type. ....................
Determined, taciturn, irritable and ugly. Wants to be let alone or go home. Dull, DIZZY OR FAINT ON RAISING UP. Vertigo; felt in occiput. BURSTING, SPLITTING OR HEAVY **crushing headache;** fronto-occipital; < moving eyes, **coughing,** straining at stool, etc. Pain over l. eye. Sensitive scalp; every hair pains. Oily hair. Eyeballs sore; **pains behind.** Dark red face. Nosebleed; vicarious. Suppressions or non-appearing discharges, eruptions, etc. Wagging lower jaw. Descending colds. Chewing motions. Dry, parched, cracked lips. **Dry mouth.** Tongue very dry, rough, coated along center; red at base. Soapy saliva. BITTER TASTE, or vomitus. Hawks brown lumps from posterior nares. THIRST; FOR LARGE DRINKS. Craves what he can't relish. Loathing. Nausea, < lying on r. side. Throbbing, tender epigastrium. **Heavy load in stomach.** Heavy, sore liver, > lying on it. Appendicitis. Peritonitis. LARGE, DRY, VERY HARD STOOLS, as if burnt. Constipation. Gushing diarrhoea on rising, < cabbage; burning; < hot weather. Lumps of tough mucus after stool. Yellow, mushy stool. Vicarious menstruation. Right chest; rusty expectoration. Wants to take a deep breath, but can't, or it excites cough. DRY, HARD, VERY PAINFUL COUGH, as if from stomach; < eating or drinking. Blood-streaked or tough expectoration. Bronchitis. Pneumonia (r.). SHARP STITCHES IN CHEST, or at r. **scapula.** Dry, friction sound. Pleurisy. Stony, hard mammae; before menses. Milk fever. Heavy, hard breasts before menses. Interscapular numbness or pain going to epigastrium or from l. to heart. Lumbago, < stooping. Delirium; dreams of hard work. FULL, QUICK, HARD PULSE. **Undeveloped measles.** Jaundice. Chill, with hot head and red face; < warm room. Dry, burning heat; with < of all symptoms; blood seems hot. Painful, continued fevers; typhoid, catarrhal, etc.; after suppressions. Sour or oily sweat. Groins sore before menses.

Related: Phyt. Rhus-t.

**BUFO**
(See Rana Bufo)

**BURSA PASTORIS**
(See Thlaspi Bursa Pastoris)

**CACTUS GRANDIFLORUS**

**REGION:**
HEART (muscle).
CIRCULATION.
Head; right.
Chest.
Circular muscles.

WORSE:
Periodically.
Exertion.
10-11 A.M. or 11 P.M.
Night.

BETTER:
Open air.
Pressure on vertex.

As of a weight on vertex or chest. Red face. Cough; from heart affections; rattling. Menses lumpy; black; cease on lying. Heart feels clutched and releases alternately, by an iron hand; or feels it expand and contract; seems to turn over (Lach.); stitches; irritable; intermittent beat. As if an iron band about chest. Numb left arm. Fingers tingle. Chill, not > covering. Strong pulsations in odd places.


Cadmium Sulfuricum

Region: Stomach.
Respiration.

WORSE:
Raising up.
Least motion.
Cold.

Faintness on rising. Ozœna. Craves little drinks of cold water, which are vomited at once.
Nausea, that compels quiet to avoid vomiting. Suffocates on dropping to sleep. Chest contracted; with asthma.

Related: Zin.
PULSATILLA

REGION:
MIND.
VEINS.
MUCOUS MEMBRANES: TONGUE. STOMACH. BOWELS. FEMALE AND GENITO-URINARY ORGANS.
Respiration.
One side.
Right heart.

WORSE:
WARMTH: AIR. ROOM. Clothes. BED.
Getting feet wet.
SUPPRESSIONS.
EVENING.
REST.
BEGINNING MOTION.
LYING: one side (L).
EATING: RICH FOOD. Long after. FATS. Ices. Eggs.
PUBERTY.
PREGNANCY.
Before menses.
Iron.
Quinine.

BETTER:
COLD; FRESH, OPEN AIR.
Uncovering.
ERECT POSTURE.
Gentle motion.
Continued motion.
After a good cry.

Abdomen; as of a heavy stone; aching; numb; pains into groins. **Stools**; changeable; green mucus, < after midnight; bilious. Piles, < lying. **Urination**; involuntary on lying; followed by blood. Heavy pressure on or cramp in bladder. Sensation as of a stone rolling in bladder. Nocturnal enuresis. Burning down l. spermatic cord. Enlarged prostate. Orchitis; gonorrheal. Bloody emissions. **Feels like menstruating.** MENSES DARK; LATE, at puberty; SCANTY, < bathing; irregular; vicarious; absent. Dysmenorrhea. Weak labor pains. Bearing down, < lying. After pains. Retained placenta. Leucorrhoea; milky; acrid. AIR HUNGER; < lying on l. side; as if from abdomen; if heated. Loose morning, then dry evening cough; from tickling in epigastrium; must sit up. **Expectoration thick**; purulent (Cetrar.), slimy, sweet, salt, etc. Asthma from suppressions. Cough; dry hacking; expectorates bitter or salty as it loosens up. **Chest oppressed**; as by a load. Sore stitch beneath clavicles. Palpitation. Mammary; milk in virgin; sore, aching lump (r); **scanty milk.** Swelled joints; backs of feet. Numb elbows. Lower limbs; pains down, alternate sides; heavy legs. Sticking in tibia, < lying, > cool air and motion. Acute periostitis. Cold sweat on legs. Foul foot-sweat. Swelled glands. Veins full; varicose; painful. Ulcers, with hard, glistening areolæ; varicose. Skin itches on being heated. Measles. Day sleepiness. Lies with hands over head. Disturbed dreams. Awakes confused or tired. **Chilly, yet averse to heat; IN A WARM ROOM; with the pain**; on lying down at night. One hand cold. Partial sweat.


**PYROGENIUM**

**REGION:**
BLOOD.
Heart.
Circulation.
Muscles.

**WORSE:**
Cold damp.
Motion: Constant change of position. Hard rocking.

**BETTER:**
Heat.
Hot bath.
Pressure.

**Aching, BRUISED, SORE and prostrate**; yet restless. Bed seems hard. **Bone pains.** Foul, taste, secretions, odor of body, etc. **Rosy, red streaks.** Decomposition or sepsis. ....................
PULSE QUICK, OUT OF ALL PROPORTION TO TEMPERATURE (Lil-t. Thyr.) or the reverse. Quickly oscillating temperature. The nails threaten to fly off. Chilly, wants to breathe heat of fire. **Chills** start between scapulae; felt in bones; with sweat; at night. Fever, at menses. Puerperal sepsis. Slowly advancing hectic. Sweat, without relief; cold. Wants to inhale heat of fire.

Follows: Lach.
RADIUM BROMATUM

REGION:
Skin.
Nerves.
Lymphoid tissue.
Bones.
Muscles and joints: Lumbo-sacral. Great toe.
Shifting sides.

WORSE:
Motion.
Shaving.
Washing.

BETTER:
Open air.
Hot bath (Rhus-v.).
Eating.
Cold drinks.
Continued motion.


RANA BUFO
(Bufo)

REGION:
Kidneys.
Sexual organs.
Ovaries.
Groin.
Skin.

WORSE:
In warm room.
Sexual excitement (Onanism).
During sleep.
Least motion.
Injuries.
BETTER:
Bleedings (Lach. Melil. Sars.).
Cool air.
Bathing; feet in hot water.


RANUNCULUS BULBOSUS

REGION:
NERVES.
Muscles.
Eyes.
Serous surfaces.
THORAX.
SKIN.
Fingers and toes.
Left side.

WORSE:
Alcohol.
Evening.
Motion: of arms.
Breathing.
Touch.


Related: Canth. Rhus-t.

RANUNCULUS SCELERATUS
REGION:
CHEST.
SKIN.
Vertex.
Right side.

WORSE:
Evening.
Motion.
Deep breathing.

BETTER:
After midnight.

Acridity, rawness or burning-smarting. Eating, gnawing or boring pains; causing faintness, or short breath. ................. Sneezing coryza, with burning urine. Blunt teeth. Mapped tongue.
Nausea after 12 P.M. Stitches in chest muscles; it is sensitive externally. As of a plug forced between ribs, under navel, in heart, etc. Gout of small joints. Gnawing in knees. Yellow vesicles. Bullæ; with acrid contents. Pemphigus.

Related: Ars. Aru-t.

RAPHANUS SATIVUS NIGER


RATANHIA

REGION:
Rectum.
Anus.
Nipples.
Teeth.

WORSE:
Night.
Anxiety.
Heat.
Exertion.
Touch.

BETTER:
Cool bathing.
Walking in open air.

Pains here and there. Hæmorrhage. Sense of constriction. Fissure. Dark, thin, scrawny and irritable. ..................... As if brain would fall out of forehead. Bursting headache when straining at stool. As if cool air came from teeth. Nightly toothache, < lying; must walk about. Griping in stomach, > eructations. Violent, painful hiccough. Sharp cutting, in stomach, rectum, etc. Constriction or as of sharp splinters (of glass) in rectum; stool is forced out with great straining and followed by prolonged aching-burning, > hot water. Dry or itching anus. Ascarides. Fissure ani. Cracked nipples.
RHEUM OFFICINALE

REGION:

WORSE:
Dentition.
Eating.
Summer.
Nursing women.

BETTER:
Warmth.
Wrapping up.

Sour, impatient, colicky children, who are always screaming and crying. Sour taste, vomitus, stools, sweat, etc. Offensive mucus in mouth, after sleep. Difficult teething. Loathing after first bite. Colic with cries; > doubling up, < uncovering any part; then pappy, sour, brown, green, fermented, slimy or acrid stools; with shivering; < eating unripe fruit; < evening. Burning in bladder. Sleep, restless; with whining, cries and twitching of face, fingers, etc. Sopping, wet hair. Sweat on scalp, about nose, mouth or on upper lip.

Complementary: Mag-c.
Related: Cham.

RHODODENDRON CHRYSANTHUM

REGION:
Bones.
Genitals.
Nerves.
Vascular system.
Single parts.

WORSE:
Night.
Midsummer.
Wine.
Rest.

BETTER:
Heat.
In sun.
Motion (at once).
Wrapping head.

Gouty-rheumatic subjects. SENSITIVE TO WINDY OR STORMY, WET WEATHER. Sensitive to windy weather, even if he is in house. Tearing, zigzag, boring, rapidly changing, descending,
paralytic pains. .................... Confused and stupid; forgets his subject (Bar-c.). Headache, <
early in bed, > eating. Throbbing in r. head. Deafness long after rising. Nostrils obstructed
alternately. Tearing, jerking faceache or toothache; > food or warmth. Cool drinks lie heavy.
Colic at navel. Pain from rectum to genitals. Diarrhoea, < fruit. Profuse, foul, urine. Drawing
from spermatic cord into abdomen and thighs. Testes and glans feel crushed. Testes hard;
pain alternately. Orchitis. Itching, sweaty, wrinkled scrotum. Hydrocele (of boys). Menses with
fever. Bruised, sprained feeling in chest and wrists. Strong heart-beat. As of a weight hanging to
feet. Wants to cross legs. Drawing, tearing in periosteum of long bones and under scalp.
Rheumatism of hot weather (reverse-Rhus-t.). Formication; with sweat. Must cross legs to sleep.
Related: Rhus-t.

RHUS TOXICODENDRON

REGION:
Blood.
Mucous membranes.
GLANDS: Pyer's. Parotid.
NERVES: CORD. Sciatic.
Left side or left to right.

WORSE:
EXPOSURE TO: WET; cold. Air. WASHING. Chill or draft. When hot or sweaty.
Uncovering; hands, etc.
BEGINNING MOTION.
REST.
Before storms.
SPRAINS.
Overexertion.
AFTER MIDNIGHT.

BETTER:
Continued motion.
Rubbing.
Nose-bleed.
Holding abdomen.

An infectious irritant, exciting TYPHOID, RHEUMATIC OR PARETIC EFFECTS. NIGHTLY
SHOOTING, STITCHING, TEARING PAINS; CAN'T REST IN ANY POSITION. Grippe. Variola.
Sore, bruised or STIFF. Flesh feels beaten or torn loose. Dislocative sensation. Twitching
rusty-red, meat water or musty secretions; causing eruptions. Scraping, gnawing or tearing
loose in periosteum. ................. Sad, anxious, depressed or beclouded. Slow answers. Low
delirium. Whirling vertigo; then headache. Shattering or loose feeling in brain; < jar. Board-like
pressure in forehead. Painfully stiff scalp, > lying on it. Pain behind eyes; < motion. Eyelids,
stiff; adherent; dry; firmly closed. Profuse, hot, gushing tears. Photophobia. Vertical diplopia.
Saccular conjunctivitis. Red, sensitive tip of nose; it drips water. Roseola. Nose-bleed; at night.
Violent aching in bones of nose. Face-ache. Maxillæ crack; easily dislocated; pains in. Red spot
on l. cheek. Swelled, stiff face. Dry, cracked, rusty lips; herpes on. Sordes. Bloody saliva
runs during sleep. Teeth feel loose. TONGUE; RED TRIANGLE AT TIP; coated diagonally
or on one side only; dry red center; cracked, stiff, sore. Coppery or straw-like taste. Red, puffy,
itching fauces. As of chamois skin stuck on tonsils. Sorethroat (l) in A.M.; with swelled glands.
Craves cold drinks, although they < cough, chill, etc. Vomits from coughing, lying on back, etc.;
Abdomen sore; swashing in; as of a lump in. Ileocolic symptoms. Stools watery, frothy or bloody; foul; brick red; slimy; gelatinous; involuntary or with tenesmus, < drinking. Piles, < lifting. Genitals, œdema, < prepuce; itching; swelled. Nephritis. Metritis; septic. Chest pains on using arms. Dry, hoarse, tearing, tormenting cough, from tickling behind upper sternum; with bloody taste. Sudden hypostasis or œdema of lungs. Palpitation; > motion. Heart; feels tired; hyper-trophy; pains going down l. arm. Shingles. Stiff neck. Inter-scapular pain, < swallowing. Contractive or breaking backache, > hard pressure, walking about or bending backward. Lumbago. Coccyx aches into thighs. Numb, prickling limbs. Arms nervous and shaky, (l). Paralytic pain in elbows. Rhagades on backs of hands. Palms, dry, hot, cracked and sore; washing causes burning. Pains down back of thighs; < stool. Sciatica. Legs feel dead, wooden; cramp in calves; gangrenous ulcer, runs bloody water; itching. Skin; stiff, thick; dry; hot; itching; burning; < warmth; painful to cold air. Fine VESICULAR, crusty, eczematous, moist or Erysipelatous eruptions, < genitals; alternating with dysentery. Pus erodes the hair. Rhus poisoning. Milk-crust. Baker's itch. Vesicles over abscess. Weeping ulcers. Dreams, laborious; of blood; awakes tired or nervous. Weak, rapid, sharp, tremulous or irregular pulse. Easily chilled; < least uncovering; with pains in limbs; < cough, etc. Chill as if dashed with cold water or cold water in veins; preceded by cough; alternating with heat; in single parts. Heat with busy delirium. Sweat, < during pain; with sleepiness.


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Main
A SYNOPTIC KEY OF THE MATERIA MEDICA
By Cyrus Maxwell BOGER
Presented by Médi-T

SUMBUL

REGION:
Nerves.
Heart.
Left side.

WORSE:
Motion.
Inspiration.
Climacteric.
Music.

BETTER:
Gentle motion.


Complementary: Lact.
Related: Mos.

SYMPHYTUM OFFICINALE

REGION:
CARTILAGE.
PERIOSTEUM.
Flat bones.

WORSE:
INJURIES.
Blows from blunt instruments.
FRACTURES.


Related: Calc-p.

SYPHILINUM
(See Luesinum)
TABACUM

REGION:
GLANDS.
SECRETIONS.

WORSE:
MOTION; of riding.
Lying on left side.

BETTER:
Cold; fresh air.
Twilight.
Uncovering abdomen.


TARAXACUM

REGION:
Liver.
Stomach.

WORSE:
Rest; sitting; standing.

BETTER:
Walking.
Touch.


Related: Nux-v.
TARENTULA CUBENSIS

REGION:
Cellular tissue.

WORSE:
Cold drinks.
Exertion.


Related: Anthx. Lat-m.

TARENTULA HISPANA

REGION:
NERVES.
HEART.
Spine.
RESPIRATION.
Generative sphere.
Right side.

WORSE:
TOUCH.
Cold.
Noise.
Damp.
Periodically: Same hour. Yearly.
After menses.
Evening.

BETTER:
Relaxation; Rubbing. Sweating. Smoking.
Open air.
Music.
Riding horseback.
In the sun.


Heaviness in pelvis. Stool; oily; excited by washing head. Foul urine, with sandy sediment.

**Sensitive genitals.** Sexual erethism. Hot semen. Dry, hot, raw, itching vulva and vagina, < scratching. Motions or burning in uterus. Cancer of cervix. Leucorrhoea of clear, acrid, sticky lumps. SUFFOCATION; must have fresh air; < coughing. Cough, > smoking, < noise. Heart, twists around; takes sudden jump. Chorea cordis, with arm symptoms; < hands in cold water.

**Painfully sensitive spine;** touch excites pains in heart, chest, etc. (Bell.). Restless arms; keeps hands busy; picks fingers. Restless legs; impulse to walk. Festination. Cold, moist feet and hands. Itching soles. Sawing bone pains. **Skin, purplish** (Sol-n.); ecchymotic; cold spots or as of cold water flowing or dropping on part. Suppuration; deep; evacuates pus rapidly. Noma.

**Alternate chill and heat.** General heat, with cold feet. Fever; septic. Sweat, profuse; excoriating.

Complementary: Ars.

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**TELLURIUM METALLICUM**

**REGION:**

Spine.
Nerves.
Ears.
Eyes.
Skin.
Right to left.

**WORSE:**

Touch.
Lying on part.
Cold.
Empty swallowing.
Spinal injuries.
Weekly.

**Offensive;** like putrid fish brine or garlic. **Salty;** taste; mucus from throat; pus, etc. **Acrid discharges;** excite itching, vesicles, etc. Periostitis. **Numbness.** Sharp, quick pains, then soreness. Sense of retention. .................... **Vertigo;** < falling to sleep. Linear head pains. Thick tarsi. **Inflamed, bluish, puffy ears.** Otitis. Fluent coryza, hoarseness and watery eyes.

Twitching face; pains jerk angle (l) of mouth up. Rancid belching. Retching, ends in yawning.

Related: Cep. Sele.

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**TEREBINTHINA**

**REGION:**

Mucous membranes: KIDNEYS. Bladder.
Bronchial.
Respiration.
Heart.
Blood.
WORSE:
Dampness.
Cold.
Night.
Lying.
Pressure.

BETTER:
Motion.


Antidote: Canth.

TEUCRIUM MARUM
(Marum Verum)

REGION:
NOSE.
Lungs.
RECTUM.
Fingertips.
Toe-joints.

WORSE:
Weather; Changing; damp. Cold.
In bed.

BETTER:
Open air.
Sweat.

Over-sensitive and excitable. Delicate and sensitive. Internal tremor; < excitement.

Complementary: Calc-c.
Related: Cina. Sil.

THERIDION CURASSAVICUM
REGION:
NERVES.
Spine.
Bones.
Left side; head, chest.

WORSE:
NOISE.
Touch.
CLOSING EYES.
Least motion.
Riding.
Jar.

BETTER:
Rest.
Warmth.

Hypersensitive. NOISE IS INSUFFERABLY PENETRATING; affects the teeth; causes nausea, chills, and pains all over; strikes painful spots, etc. Water feels too cold. Bounding internally. ...................... Startled by the least thing. Fruitless activity. Sense of duality. Hysteria.
Vertigo with nausea, on closing eyes. Headache felt during sleep, < jarring. Migraine.
Glittering vision on stooping. Luminosities, then blurred vision. Pain over root of nose.

Related: Asar. Sil.

THLASPI BURSA PASTORIS
(Bursa Pastoris)

REGION:
Vascular system.
Female organs.

WORSE:
Every other month.

BETTER:
Bathing.
Dampness.
Rapid motion.

History of hæmorrhage or suppressed vaginal discharges. ...................... Impulse to walk far. Pain from above eyes up over head to nape. Taste like bad eggs. Craves butter-milk. Flatulence (r). Kidney stone. Menses or leucorrhœa leaves a fast stain. Leucorrhœa excites itching.

Complementary: Sep.
THUYA OCCIDENTALIS

REGION:
Mucous membranes: GENITO-URINARY. Intestines.
Mind.
Nerves.
Occiput.
Glands.
SKIN.
Left side; ovary.

WORSE:
COLD DAMP.
Heat; of bed.
Urinating.
Gonorrhœa.
Syphilis.
Mercury.
Vaccination.
Tea.
Onions.

BETTER:
Warm: Wind. Air. Wrapping head.
Free secretions.
Sneezing.
Motion.
Crossing legs.

Exhausted and soft. Great prostration. Rapid emaciation. Soft, exuberant, fungoid tissue;
polypi; condylomata; warts, pediculated, black, suppressed, etc. Sycotic, hydrogenoid or
lymphatic constitution. Foul, acrid, musty, rancid or sweetish odors. Oily stool, skin or sweat.

Trickling: in urethra. Burning, sticking, numbing, drawing or wandering pains, < warmth.
Rheumatism. Jerkings, of spinal origin. Parts look dead. ................... Ill-humored; sad; loathes
life. Illusions, then fixed ideas; of fragility; of a live thing internally; of some one at his side; of
being in hands of a stronger power, etc. Hasty and anxious; over trifles. Can't concentrate.
Neurasthenia; prostatic. Vertigo; as if in a swing. Tearing or like a nail in l. head. Neuralgia.
Dry, split hair. Eyes blood red; full of tears; stand open. Scleritis. Jagged iris. Photopsies,
beyond visual field. Bloody scabs or briny odor in nose. Epistaxis. Face, pale, waxy, shiny;
dark under eyes; spiderlets on. Boring in zygomæ. Teeth decay at edge of gums; gnawing pains,
< cold. Ranula. Mucus in choanæ. Noisy swallowing or belching. Rancid or greasy eructions.

Pushings in abdomen. Cutting squeezing in lower bowels, groins, bladder or urethra. Ileus.
Gurgling in bowels; then painless, watery, grass green stools. Stools gurgled or pop out; <
breakfast. Stools, of hard, black lumps mixed with gushing water; hurried; explosive; spraying;
gassy. Moist anus or perineum. Urine burns; dribbles; foul; copious; frequent; must wait. Pain
from l. kidney to epigastrium, < motion. Forward, cutting in urethra on urinating. Lithæmia.


Tearing in ovaries (l). Itching, sensitive vagina. Short, difficult breathing. Asthma. Cough by day
pains take various directions. Back; throbs; pressure over kidneys; atrophy of long muscles.
Cracking joints. Numb fingers, on waking at night (Nat-m.). Crawling or inflamed finger or toe

Skin brown; spotted; dirty; hairy. Eruptions itch or burn violently from cold bathing. Moist, foul
back. Foul pustules, with sunken apices. Nails ribbed, soft, brittle, crumbling, discolored or
distorted. Sleepless when on l. side. Dreams of the dead. Shaking chill, with yawning; <
urinating; not > heat. Heat rises into chest; with icy hands, nosebleed or cough. Sweat on bare parts; with dry heat on covered ones; with cold hands, > washing; profuse on genitals; gushing, < company; foul; pungent; staining.

CALADIUM SEGUINUM

REGION:
GENITALS.
NERVES.
Skin.
Mucous membranes.

WORSE:
Sexual excesses.
Motion.
Sudden noises.
On falling to sleep.
Tobacco.

BETTER:
Cool air.
Short sleep.
Sweating.

DRYNESS; food eaten seems too dry; must drink to swallow. Red, dry stripe down center of tongue, widening toward tip. Inclines to lie down. Dreads to move. ...................... Nervous excitement. Fear of going to sleep. Vertigo, as if rocked. Crawling or as of a cobweb on face.
Flaccid, sweaty genitals; glans like a rag. Atonic pollutions. Impotency; after gonorrhoea.
PRURITUS VULVAE; with burning; from pinworms. Violent, sexual erethism, or neurasthenia.

Related: Caps.

CALCAREA CARBONICA OSTREARUM

REGION:
NUTRITION: GLANDS (Cervical. Mesenteric.). BONES. SKIN.
BLOOD.
CHEST.
R. Lung.
HEART.
CHILDREN.

WORSE:
COLD: RAW AIR. Wet. BATHING. Cooling off. Change of weather.
DENTITION.
Puberty.
PRESSURE OF CLOTHES.
MILK.
Awaking.
Anxiety.

Fat, flabby BLONDES, WHO SWEAT EASILY, < ON HEAD OR CHEST; DURING SLEEP.
PROFUSE, OFTEN SOUR DISCHARGES, stools, SWEATS, odor of body, saliva, etc. SOFT,
COLD, moist air chills through and through. Takes COLD easily; in chest.
MALNUTRITION. FaulTY BONY DEVELOPMENT. OPEN FONTANELLES. TARDY TEETHING AND WALKING.
Scrofula. Rickets. Curvatures. Calculus tendency. FORGETFUL; LEARNS POORLY.
Depressed melancholic or DOUBTING MOOD; fears disease, misery, disaster, being observed, insanity, etc. (LIL-T.
NUX-V. SEp. VER-A.). CAUTIONOUS. Confused; MISPLACES WORDS. Sad. APATHETIC.
INDOLENT; SUDDENLY. Vertigo.

BIG HEAD, WITH LARGE, HARD ABDOMEN. DEEP HEAD PAINS—BEATING, SHATTERING, etc., < WIND,
> DARK; WITH EROUCTIONS. MIGRAINE. SCALP ITCHES; ON AWAKING. THICK, FOUL MILK-CRUST
(SUL.). DILATED PUPILS. SEES THINGS ON CLOSING EYES; BESIDE VISUAL FIELD. Coryza, with polyuria.
Senile catarrh. Swelled nose and upper lip (BAR-C. SUL.). Face pallid and puffy. Swelled
TONSILS. ANOREXIA; FROM OVERWORK. Craves eggs or coarse foods. AVERSE TO MEAT.
SOUR, CURDLED Vomit (NAT-P.). STOMACH LIKE AN INVERTED SAUCER. Thirst for cold water at night.
Cramp at navel. Biliary colic. Chalky, gray (PHO-AC.) or green, watery stools. Lientery.
FOUL OR STRONG URINE. White urinary sediment. Hydrocele. Thick, milky, gushing leucorrhoea.
PAINLESS HOARSENESS. Everything makes him SHORT OF BREATH. Emphysema.
Cough, as from dust. Purulent, loose, sweet expectoration. WEAK HEART. Palpitation.
Sore chest; breasts before menses. Neck pains, < LIFTING. Chapped hands. Arthritic nodes.
ENLARGED GLANDS; CERVICAL, MESENTERIC, etc. CYSTS. Psoriasis. Polyipi; nasal, uterine, etc.
SKIN COLD, LIKE A SNAKE.

NIGHTMARE. Sleepless; FROM RUSH OF IDEAS. COLDNESS; Icy, on vertex; spots on head, or head, hands, knees
and feet; of affected part (LED.); OBJECTIVE. Chill with THIRST. Internal heat, with externa coldness
and sweat. Hot head from mental exertion. clammy hands (SUL.). Sweat; cold; PARTIAL; HEAD, < OCCIPUT;
CHEST; ON HANDS. COLD, DAMP FEET.

Related: Bar-c. Sil.
Follows: Nit-ac. Sul.

CALCAREA FLUORICA

REGION:
PERIOSTEUM.
LEFT SIDE.

WORSE:
Beginning motion.
Cold; wet.
Drafts.
Changing weather.
Sprains.

INDURATIONS; OF STONY HARDNESS; GLANDS, tonsils, neck; piles, tumors, edge of ulcers, etc.
Nodes in breasts. ROUGH AND RAGGED, tonsils, EXOSTOSES, periostitis, enamel, hypertrophied
nails, etc. VASCULAR DILATATION; VARICOSES, inflamed; aneurism. Arterio-sclerosis. After apoplexy.
STRAW. Fistula. CATARACT. ................. Sluggish temperament. Gushing, watery stools or
Chronic synovitis. Periostitis of lower jaw, ribs, etc. Skin cracked; dry, hard and of alabaster
CALCAREA HYPOPHOSPHORICA

REGION:
Nutrition.

WORSE:

Related: Chin.

CALCAREA PHOSPHORICA

REGION:

WORSE:

BETTER:
splinter under nails. Weak through hips. **Thin, brittle bones.** Pain, burning, along sutures or edges of nails. Slow ossification; non-union. Swollen glands. Pott's or hip-joint disease. Easily chilled; during pains. Sickly sweat; < head and throat; at night. Cold limbs with digestive trouble. Chills up back, but heats down back.

Follows: Fer-p.

**CALCAREA SULFURICA**

**REGION:**
CONNECTIVE TISSUE.
Glands.
Mucous membranes.
Bones.
Skin.

**WORSE:**
Drafts.
Touch.
Cold.
Wet.
Heat of room.

**BETTER:**
Bathing.
Open air.
Eating.
Heat (local).
Uncovering.


Related: Hep.

**CALENDULA OFFICINALIS**

**REGION:**
SOFT PARTS.
Spine.
Liver.

**WORSE:**
Weather; damp; cloudy.
During chill.

Excessively painful, open, torn, cut, lacerated, ragged or suppurring WOUNDS. Haemorrhages, in scalp wounds or after drawing teeth, etc. Prevents pus. Sensitive to damp or


CAMPHORA

REGION:
DIGESTIVE TRACT.
Cerebro-spinal nerves.
Urinary organs.
Nose.

WORSE:
Cold.
Drafts.
When half asleep. (Mag-p-au. Nit-ac.).
Mental exertion.
Shock.
SUPPRESSION.
Inattention.

BETTER:
Free discharges.
Sweat.
Thinking of it.

Algidity; can't get warm; at start of colds, cholera, etc. Bluish, old, pinched look. ICY COLD, YET AVERSE TO COVERS (Sec-c.), or wants them off then on; with internal burning heat; and anxious. Sudden weakness; dry collapse. Cholera. Scanty or retained discharges. Violent tonic spasm; of bladder; then stupor, with coldness, ................. Insensibility or anxiety.
Head feels knotted up. Hammering in occiput. Inhaled air seems cold. Coryza; in old age.
Thumbs cramp backward. Cramp in calves. Dry skin. Erysipelas. Very sensitive to cold air or taking cold. Shaking chill, with cold skin. Wants cover during hot stage only. Sudden, inflammatory fevers with rapid alternation of heat and cold; followed by rapid prostration. Heat or sweat, > covers. Corrects spoiled cases and antidotes most remedies. Chilly; below scapulae; before colds.


CANCER FLUVIATILIS
(See Astacus Fluviatilis)

CANNABIS

REGION:
EMOTIONS.
MIND.
Nerves.
GENITO-URINARY ORGANS.
WORSE:
URINATING.
DARKNESS.

Exertion.
Talking.
Walking.
Gonorrhœa.


Antidote: Apis.

CANTHARIS

REGION:
Lower bowel.
Pomum adami.
Skin.
Right side.

WORSE:
URINATING.
Drinking; cold.
Bright objects.
Sound of water.
Touch; larynx.

BETTER:
Warmth.
Rest.

dark (Ran-b.). Bullæ. Chill, during stool. Urinous sweat; on genitals.

Complementary: Apis.
Antidote: Aco. Cam.
A SYNOPTIC KEY OF THE MATERIA MEDICA
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CAPSICUM ANNUUM

REGION:
MUCOUS MEMBRANES.
THROAT.
Kidneys.
Bones.
Mastoids.

WORSE:
SLIGHT DRAFTS.
COLD: AIR. Water.
Uncovering.
Dampness.
Bathing.
Empty swallowing.
Drinking: < throat, or excites urination.
Eating.
Drunkards.

BETTER:
Continued motion.
Lax, lazy fat, red (Asaf.), clumsy, unclean persons (Sul.), who react badly and dread the cold. Old age. Indolent and can't think clearly. BURNING-SMARTING; tip of tongue; throat, stomach, stool, piles, prostate. SORENESS. Constriction; of throat, with urging to swallow. Dark, red, spongy mucous surfaces or oozing bloody mucus. Sprangling, thread-like pains (Cep.). Neuralgias. Deep abscess. Foul secretions. .................... Changeable. Capricious. Homesick. Splitting headache, > heat. Ears affected alternately. Mastoiditis. NOSE AND FACE RED, BUT COLD. Vesicles or flat, painful aphthae. Tongue greenish at base. Swelled uvula. Increased saliva. Smoker's sorethroat. Craves stimulating, pungent things; wants a bracer. Dipsomania. Waterbrash. Acid dyspepsia. Small, hot, mucous stools, with tenesmus, also of bladder; then thirst and lumbar pain; < drinking. Dysentery. Urging to urinate. Strangury. Thick, white, creamy gonorrhœa. Cough causes distant pains, or raises foul air; too weak to cough out expectorate. Ribs seem dislocated. Sleepy after meals. Chilly, with the pains; begin in back; with violent thirst, but shivers from every drink; with excruciating backache; alternating with heats, mounting to head; then sweat. Coldness of affected parts. Sweats easily; cold on thighs.

Complementary: Nat-m.
Related: Canth.

CARBO ANIMALIS

REGION:
NUTRITION.
Glands.

Lax, lazy fat, red (Asaf.), clumsy, unclean persons (Sul.), who react badly and dread the cold. Old age. Indolent and can't think clearly. BURNING-SMARTING; tip of tongue; throat, stomach, stool, piles, prostate. SORENESS. Constriction; of throat, with urging to swallow. Dark, red, spongy mucous surfaces or oozing bloody mucus. Sprangling, thread-like pains (Cep.). Neuralgias. Deep abscess. Foul secretions. .................... Changeable. Capricious. Homesick. Splitting headache, > heat. Ears affected alternately. Mastoiditis. NOSE AND FACE RED, BUT COLD. Vesicles or flat, painful aphthae. Tongue greenish at base. Swelled uvula. Increased saliva. Smoker's sorethroat. Craves stimulating, pungent things; wants a bracer. Dipsomania. Waterbrash. Acid dyspepsia. Small, hot, mucous stools, with tenesmus, also of bladder; then thirst and lumbar pain; < drinking. Dysentery. Urging to urinate. Strangury. Thick, white, creamy gonorrhœa. Cough causes distant pains, or raises foul air; too weak to cough out expectorate. Ribs seem dislocated. Sleepy after meals. Chilly, with the pains; begin in back; with violent thirst, but shivers from every drink; with excruciating backache; alternating with heats, mounting to head; then sweat. Coldness of affected parts. Sweats easily; cold on thighs.

Related: Canth.
VEINLETS.

WORSE:
WHILE EATING.
Dry, cold air.
Shaving (Ox-ac. Rad.).
Old age.
After menses.

BETTER:
Laying hand on part.

Old and feeble. Susceptible to colds, sprains or overaffected by small losses, etc.
Brain seems loose or as if crown would split, > eating. Pains down through (r) eyeball (Gel.).
Can’t locate sounds. Nose, hard, red, swelled; hot, brown stripe across, with itching pimples and desquamation. Gunness in stomach; while suckling. All food distresses stomach. Abdomen, distended after operations. Right ovary seems a heavy ball. Neglected bubo. Pelvic bones pain on sitting. Dark menses; in A.M. only; then great weakness. Sore, moist anus (Carb-v.).
Indurated os (Sep.). Suffocation on closing eyes; nervous dyspnœa. Hard, painful nodes in breasts. Bluish skin; cheeks, lips, affected parts, etc. Coppery eruptions on forehead. Crawling, as of bugs. Hard, swelled glands. Surgings or hot flushes. Foul, exhausting sweats; at night; staining yellow.

Complementary: Calc-p.
Related: Calc-fl. Grap.

CARBO VEGETABILIS

REGION:
MUCOUS MEMBRANES: DIGESTIVE TRACT. STOMACH.
HEART: VENOUS CIRCULATION. Blood.
Occiput.

WORSE:
WARMTH.
DEPLETIONS.
Cooling off.
EXHAUSTING DISEASES.
Old age.
HIGH LIVING.
Rich foods.
DISSIPATION.
Overlifting.
Walking in open air.
Pressure of clothes.
Weather: Extreme temperatures. Cold night air; frosty; humid.
Air.
Wind on head.
Suppression.

BETTER:
ERUCTATIONS.
Cool air.
Elevating feet.

**Low, grave, depraved, or cachectic states.** Atony, failing reaction or obstinate sequelæ. Complaints of old age. WEAKNESS, FLATULENCE, FETOR OR AIR HUNGER, with most complaints. Tremulous, WEAK, SICK AND EXHAUSTED; suddenly; with pulselessness. Fainting. Collapse. Easily chilled. Cold, yet wants air or to be fanned, or thirsts for cold water. **BLUENESS and decomposition.** Sepsis. Ulceration (aphthous). Hæmorrhage; dark oozing. **Overfulness. Venosity. Thick, acrid discharges** (Hyds.). Old catarrhs. General bruised soreness or heavy aching burning; in bones, ulcers, etc. Numbness, of parts lain on. ................. Slow, anxious and irritable. Dejected. Unhappy. Dull, compressive, heavy (leaden) headache; < occiput; < overheating, lying or pressure of hat. Sneezing from irritation in larynx; < blowing nose or sneezing. Colds go downward (Pho.). PINCHED, HIPPOCRATIC or DUSKY FACE. **Twitching upper lip.** Mumps with metastasis. Loose teeth. Scorbatic gums. Small, painful aphthæ. Black tongue. Loathes even the thought of food. BELCHINGS; RANCID; loud, without >; with cough. EXCESSIVE FLATULENCE; obstructed; distending; < upper abdomen (Pul.); < lying. All food turns to gas. Dyspepsia. Colic. Burning in rectum. Itching anus. Septic albuminuria. Sore, hot itching, swelled vulva. Hoarse in evening. Spasms of tormenting, hollow or choking cough, with headache and vomiting; < cold drinks and in bed; expectorates with retching. Pertussis and its effects. Heavy, sore or weak chest; on awaking. Senile asthma. Destructive lung diseases. Continuous, anxious palpitation. Sore ribs. As of a plug in back. Weak fingers. Raw or mottled skin. Ulcers, foul, burning and bleeding. Varicosis. Horrors during sleep. Thready pulse. Alternate chill and heat. ICY COLD; tongue; knees; legs, at night; breath; foot (!); unilateral, etc. Warm head, cold limbs. **Internal, burning heat**; at heart; in chest; with icy skin, < coughing. Icy, but wants air.

Follows: Gauth.
Antidote: Nat-m.

**CARBOLICUM ACIDUM**

**REGION:**
MUCOUS MEMBRANES: Throat. STOMACH. Bowels. Lungs.
HEART.
Blood.
Respiration.

**WORSE:**
Jar.
Reading.
Pregnancy.
Combing hair (Bry. Chin. Ign. Sele.).


Related: Kre.
CARDOUS MARIANUS

REGION:
Liver (R).
Spleen.
Veins.

WORSE:
Lying on L. side.
Beer.
Eating.
Touch.
Motion.
Cellars.

BETTER:
Bleeding.

Hypochondriacal. Dull frontal headache. Dirty, yellow complexion. Weak upper lip and (r)
tongue. Tongue has white center with red, indented edges. **Vomits acrid bile** or blood. High
diaphragm. Liver engorged; swelled laterally. Gall-stones (Lept.). Meteorism. Knotty, clayey


CASTOREUM

REGION:
NERVES.
Female generative organs.

WORSE:
Emotions.
Cold.
During menses.
Debilitating diseases.

BETTER:
Pressure.

Weak and lacks reaction. Nervous and spasmodic effects of uterine origin. Fibrillar twitchings.
**Colics, with sudden weakness**, > pressure. Summer diarrhœa of green mucus stools (Asar.).
Violent cutting dysmenorrhœal colic, then cold sweat. Exhausting sweats after fevers.

Related: Mos. Val.

CAULOPHYLLUM THALICTROIDES

REGION:
FEMALE ORGANS.
NERVES.
Muscles.
Neck.
Lower limbs.
Small joints.

WORSE:
Pregnancy.
Suppressed menses.
Open air.
P.M.


CAUSTICUM

REGION:
NERVES: Motor. Sensory.
MUSCLES: BLADDER. LARYNX. Limbs.
Respiration.
Skin.
Right side; face.

WORSE:
Air: DRY COLD. Raw. WINDS. Drafts.
Extremes of temperature.
Stooping.
Suppressions.
Coffee.
3-4 A.M. OR EVENING.
Exertion.
Change of weather.

BETTER:
A COLD DRINK (EVEN CHILLS).
Washing.
Warmth; of bed.
Gentle motion.

foul earwax. Echo in ears. Tinnitus. Eruption on lower nose. Prosopalgia, > cold water. Facial paralysis, < opening mouth. Swelling at root of tongue. Throat, < stooping. Urging to swallow, or swallows the wrong way. Greasy eructations. Cramp in rectum on stooping. Anus, prolapses on coughing; small, hard pustules. Stool glistens; difficult, > standing. Stooling easier by standing, but piles < standing. Must sit down to urinate. Insensible urethra or rectum; to solid stools (Alo.). Piles, < walking. Urine retained after labor. URINE SPURTS ON COUGHING; dribbles or passes slowly; > sitting. Menses by day, leucorrhœa by night. Dry, hard cough. Cough from tickling in throatpit (Sep.), or l. larynx; incessant; dry night and morning. Can't cough deep enough (Rum.); expectorate slips back again; < heat of bed, stooping, cold air; > sips of cold water. Greasy, rpy, difficult expectoration. Aphonia or hoarseness, in A.M.; of speakers; < stooping; > talking. Sore streak in larynx. Sore chest; vest seems tight. Purring in chest.

Wandering chest pains, > pressure. Stiff neck or back on rising; pain goes forward or to thighs. Pain in spine on swallowing. Bursting in fingertips. Cramps in calves, feet or toes. Deep burns and their effects. Skin: cracks; ulcers. Warts, on brows, lids, nose, fingertips; seedy; bleeding; ulcerating. Coldness, not > warmth; causes paralysis, cough, diarrhœa, etc. Sweat about 4. A.M.; profuse, on slight exertion; < open air.


CEANOTHUS AMERICANUS

REGION:
Spleen.

WORSE:
Cold weather.
Lying on left side.

Periodical neuralgias. Pain in l. side, with dyspnœa, diarrhœa or leucorrhœa. Swelled spleen or liver. Green urine.


CEDRON

REGION:
Nerves.
Blood.

WORSE:
Periodically; at same hour.
After sleep.


Related: Aran.

CEPA VULGARIS
(See Allium Cepa)
CHAMOMILLA VULGARIS

REGION:
MIND.
NERVES.
EMOTIONS.
Mucous membranes: DIGESTIVE TRACT.
Liver.
Women and CHILDREN.
Left side.

WORSE:
ANGER.
NIGHT.
DENTITION.
Cold: Air. Damp.
Wind.
Taking cold.
COFFEE.
Narcotics.
Alcohol.

BETTER:
BEING CARRIED.
Mild weather.
Heat.
Sweating.
Cold applications.

Bad temper. Frantic irritability, snappish and intolerant of pain. Mad during pain. Magnifies her pains. Unappeasable crossness. OVERSENSITIVE. Tosses about, cries out or walks the floor (Ars.); demands instant relief. Beside himself or prostrated by pain. Neuralgic or gouty-rheumatic subjects. Spells of being irritable and restless; OF COLIC; of dry, tickling cough, etc. Cramps, with bilious vomit; of muscles. Numb, on awaking; after pain; hands, when grasping objects. Repeated spasms; of face, arms, legs, etc. .................... UGLY, CROSS, AND UNCIVIL. QUARRELsome; vexed at every trifle. Averse to being spoken to or touched. WANTS TO BE CARRIED or what is refused when offered. OmitS words. Sensitive to cold wind about ears. Sticking, earache; > warmth. Swelling, or REDNESS OF ONE CHEEK. Faceache (r), to ear. Jaws feel tired. Bad, sour breath. Bitter taste. Thick, yellow-white fur on tongue. Eructations like bad eggs. Distended bowels. Colic going upward; < anger (Colo.). Cutting or wind colic; < night. STOOLS, hot, ACID, GRASS-GREEN, SLIMy, HACKED, yellow-green, OR LIENTERIC; smelling like bad eggs. Irregular, labor-like pains; going up; down inner thighs. Cramps when child nurses. Dark, lumpy menses or lochia. Asthma, < dry weather. Jaundice. Dry palms. Sleepy, disturbed, by pain, starting up, etc. Chilly, yet easily over-heated, hence takes cold. Coldness of one part, with heat of another; < uncovering. Alternate chill and heat. Hot and thirsty or hot sweat, with the pains. Hot coryza; hot stools. Feverish, from suppressed discharges. Sweat on head. Sleepless from abuse of narcotics.

Complementary: Mag-c. Sanic.

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Main
CHELIDONIUM MAJUS

REGION:
Mucous membranes.
Bowels (R).
Occiput.
Kidneys.
Knees.

WORSE:
Motion.
Cough.
Touch.
Change of weather.
North Easters.
4 A.M. and 4 P.M. (Ign.).

BETTER:
Hot food.
Eating; dinner.
Milk.
Pressure.
Hot bath.
Bending backward.


CHENOPODIUM ALBUM

Deafness: variable; > high pitched voice.

CHIMAPHILA UMBELLATA

REGION:
- Bladder.
- Kidneys.

WORSE:
- Cold damp.
- Standing.
- Sitting.
- Beginning urination.

BETTER:
- WALKING.

ROPY or muco-purulent, foul, scanty, thick, turbid, urine. Feels as if sitting on a ball, in the perineum; after gonorrhœa. Old nodes in or atrophy of glands. Fluttering in kidney region. Acute inflammation in urinary tract. Gravelly urine.

Complementary: Kali-m.

CHINA OFFICINALIS (RUBRA)

REGION:
- BLOOD.
- CIRCULATION.
- Spleen.
- Nerves.

WORSE:
- VITAL LOSSES.
- TOUCH.
- Jar.
- Noise.

PERIODICALLY: Alternate days (Ars. Nat-m.).
- Cold; drafts; wind.
- Open air.
- Eating; fruit; milk.
- Mental exertion.

BETTER:
- Hard pressure (Lach.).
- Loose clothes.

INTERMITTENCY. PROFUSE, EXHAUSTING DISCHARGES, HÆMORRHAGES, etc. (Abro. Calc-hyp. Pho-ac.). Weak, oversensitive and nervous; everything upsets him, light, noise,
**Chinonanthus Virginica**

**Region:**


Related: Chin.
LIVER.
Head.

WORSE:
Jarring.
Motion.
Cold.

BETTER:
Lying on abdomen (Chel.).

Bruised soreness; liver, eyeballs, etc. Pains ascend from forehead, stomach, etc. .................
Bilious sick headaches; periodical. Nose, pressure at root or squeezing on bridge (Ham.).
Tongue, greenish-yellow or feels drawn up. Vomiting bitter-sour; hot; bilious; ropy; gushing;
setting teeth on edge (Sul-ac.); with colic and cold sweat on forehead and back of hands.


CHLORALUM

REGION:
BRAIN.
Heart.
Muscles.
Liver.
Skin.

WORSE:
Alcohol.
Night.
Exertion.

BETTER:
Open air.

Muscle prostration. ................. Indifferent and sleepy or cerebral excitement; hears voices.


CHLORUM

REGION:
Respiratory organs.
Mucous membranes.
Nerves.
Skin.
Glands.
WORSE:
Expiration.
After midnight.
Lying.

BETTER:
Motion.
Open air.

Rapid emaciation. Constrictions. ....................... Fears insanity or losing senses. Protruding eyes. Acrid coryza. Putrid aphthæ. Dry tongue. DYSPNŒA; CANT EXHALE. Spasm of glottis. Laryngitis. Laryngismus stridulus. Asthma of hay fever. Throat-pit; aching, tickling or whistling in. As if air were forced into upper chest (Sabi.). Sensitive skin. Easy sweat.

Antidote: Lyc.

CICUTA VIROSA

REGION:
BRAIN.
NERVES.
Skin.

WORSE:
INJURIES; TO BRAIN (Nat-s.).
Jar.
Noise.
Touch.
Cold.
Dentition.
Suppressed eruptions.
Violent convulsive phenomena, then prolonged unconsciousness. Jerks; of head. Twitchings; of arms and fingers. Sudden shocks through body (Ign.) or head, then rigidity or shrieks; a terrific spasm moves downward (reverse - Cup.); the eyes jerk and stare; OPISTHOTONOS and frightful facial contortions, with bloody foam from mouth; then utter prostration. Epilepsy. Spasm of diaphragm; of gullet. Rigid muscles. ....................... Childish. Suspicious. Violent. Rash. Delirium. Congestion to head, with vomiting and purging (Ver-v.). Headaches, > passing flatus. Head twists to one side. Vertigo. Meningitis. Squint. Bleeding ears. Red, sweat face. Grinds teeth. Trismus. Craves chalk, coal, etc. Loud hiccough; alternating with thoracic spasm (Stry.). Oppressed breathing. Tremulous palpitation. Heart seems to stop (Dig.). Turns feet inward; or big toes up during spasm. Pustules coalesce into thick, yellow (loose), massive crusts; < head and face. Impetigo.

Related: Cup. Stry.

CIMICIFUGA RACEMOSA
(See Actæa Racemosa)

CINA
REGION:
NERVES: Cerebro-spinal. ABDOMEN.
Digestive tract.
Eyes.
Mucous membranes.
Children.
(Left side.).

WORSE:
TOUCH.
Worms.
Vexation.
Looked at.
DURING SLEEP.
Full moon.
Staring.
Yawning.

BETTER:
Lying on abdomen.
Wiping eyes.
Motion.

The greater the emaciation the greater the hunger. Painfully sore to motion and touch. Stiffens out; < if crossed, looked at, during cough, etc. Twitchings. Spasms; < worms; unilateral. .................. TOUCHY. Nervous. Ugly, cross, petulant and dissatisfied. Wants to be rocked. Dilated pupils. Squint. Colored vision. Eyes fatigue, > rubbing. Nostrils drawn in. PICKS AND BORES AT NOSE. Dark rings about eyes. BLUISH WHITE ABOUT MOUTH. Sickly, pale face; during cough. GRINDS TEETH; during sleep. Chews and swallows in sleep. Worms. Noisy swallowing. Canine or gnawing hunger; after eating; after vomiting; alternating with anorexia; precedes chill or follows sweat. Hard, distended abdomen. Twisting at navel, > pressure. White, watery stool. Bed-wetting; < every full moon. MILKY URINE. Regularly recurrent, choking cough, then gurgling down throat. Tosses arms and legs from side to side. Restless sleep; lies on abdomen; cries out; wakes in terror. Fever, with pale face (Bry.). Cold sweat about nose and forehead.


CINNABARIS

REGION:
Blood.
Naso-pharynx.
Neck.
Bones.

WORSE:
Touch.
Light.
Dampness.

BETTER:
Open air.
Sunshine (Stro.).
Pain outward along brow, encircling eyes, or like a saddle at root of nose. Nose; heavy pressure at root; < pressure of glasses; discharges foul, acrid, burning serum or dark lumps. Dry mouth, wakes from sleep. Hawks down stringy mucus or lumps of mucus drop from posterior nares. Naso-pharyngeal catarrh. Thin, white diarrhoea. Foul, acrid sweat between scrotum and thigh. Warts on prepuce. Old, hard chancre. Heart flutters, then rushes of blood to head. Nodes on shin bones. Cramp in calf, after walking. Fiery red ulcers, eruptions, etc. Sweat, < nose.

Complementary: Thu.
Related: Merc.
CISTUS CANADENSIS

REGION:
Throat.
Lungs.
Skin.

WORSE:
Mental: Exertion. Excitement.
Touch.


......................... Fear. Headache from missing the noon meal, > eating. As of a lump in naso-pharynx. Colds affect the throat; it feels spongy, sandy, itches or has a dry spot, > sips of water. Expectorates quantities of tenacious, glairy mucus. Hard, swollen glands; < on neck; l. mamma. Crawling over body. Cracked tetters; canthi; lips; fingertips. Chilliness.


CLEMATIS ERECTA

REGION:
MUCOUS MEMBRANES: EYES. URETHRA.
Skin; scalp.
Occiput.

WORSE:
GONORRHŒA.
Heat of bed.
NIGHT.
Cold washing.
Light.
Moon, < and > with (Phel. Tarn.).
Mercury.

BETTER:
Sweat.

Flaccid muscles. VERY HARD, PAINFULLY SWOLLEN GLANDS; TESTES (r). Burning, itching, stinging, crawling pains. ......................... Indifference. Chronic conjunctivitis. Iritis. Lachrymation. Urine flows by starts, or dribbles; strains out a few drops, then full stream follows. Stricture (Con.). Mucus in urine. Swelled inguinal glands and spermatic cord; with cutting, sore pains.
Orchitis. Loathes coition. Full, heavy, sensitive breasts; outward darts in. Skin itches violently, with profuse desquamation. Vesicles. Pustules. Corroding eruptions; ending in flat, eating ulcers; with thick crusts and eczema; < occiput and lower legs. **Sleepiness.**

**Complementary:** Merc.  
**Related:** Pho. Rhod. Stap.

**COBALTUM METALLICUM**

**REGION:**
Spine (lumbar).  
Genitals.  
Kidneys.  
Bones.

**WORSE:**  
Sexual losses.  
Sitting.  
Heat of bed or sun.

**BETTER:**  
Hawking mucus.  
Continued motion.

**Frothy discharges.** Soreness. Aching bones. **Sour** taste, stomach, foot-sweat, etc.  
................... Sense of guilt. Vertigo or head feels big; < stool. Vernal photophobia. **Cracks** across tongue. Emptiness at navel (Flu-ac.). Yellow spots on abdomen. Sweet, foamy, lumpy expectoration. Pain along spine and down both legs. **Lumbar ache;** < coition; < sitting, > walking; with weak knees; can't straighten up. Sudden weakness in l. hip; < walking.

**Related:** Eup-p.

**COCA**

**REGION:**
NERVES: BRAIN. **Respiration.** Heart.  
Muscles.

**WORSE:**  
Ascending.  
High altitudes.  
Cold.  
Mental exertion.

**BETTER:**  
Rapid motion, in open air.  
After sunset.

touched. Sleepless; awakes with a shock in brain.

Related: Cann.

**COCCULUS INDICUS**

**REGION:**
SENSORIUM.
*Cerebro-spinal axis:* OCCIPUT. Lumbar. Muscles.
Female sexual organs.
One side.

**WORSE:**
Motion: BOAT. CARS. Carriage.
Anxiety.
Cold.
Open air.
Eating.
During menses.

Acute senses with heavy or paralytic, muscular relaxation. **Too weak to hold up head, stand or even speak.** Paralysis. Tremor; intention; of head; lower jaw. Cramps; in masseters; abdomen; dysmenorrhoeal; in heart. Benumbed. Spasms. Alternations. EMPTY, HOLLOW FEELING.
Weak, nervous women, < menses. Vomiting with syncope. Hysterical asthma. Hysteria.
Sensitive to cold. .................. Dazed; things seem unreal. Slow grasp. Easily offended.
Extremely sad, taciturn and peevish. VERTIGO; in forehead; in A.M.; with nausea; with palpitation; < raising head. Heavy head. Occiput; aches; < lying on it; > bending backward; OPENS AND SHUTS. Throat tickles; with lachrymation. Speaks or swallows with difficulty. Loathing. Nausea; rising into head. Retching. VOMITING. **Train and sea sickness. Abdomen seems full of sharp stones;** bloated. Colic; twisting (wind); nervous; hysterical; with faintness; with salivation. Clutching in uterus. Depleting menses; < standing on tip toe; replaced by gushes of leucorrhoea. Weak neck. SPINAL WEAKNESS; < lumbar; < walking. Paraplegia. Limbs go to sleep, < grasping objects. Alternations between arms. Humerus feels broken. Hands numb; alternately hot and cold. Knees weak; cracking. Clumsy gait. Sleepless, from mental or physical exhaustion. Drowsy. Low fever. Sweaty.

Complementary: Petr.
Related: Gel. Ign.

**COCCUS CACTI**

**REGION:**
Left side.

**WORSE:**
IRRITATING FAUCES.
Periodically.
Heat.
Lying.
Awaking.
Cold exposure.
BETTER:
Washing in cold water.

Catarrh. Spasms. Haemorrhage. Uric acid. Gouty-rheumatic. STRINGY DISCHARGES, EXPECTORATION, hanging from mouth, urine, feeling in throat, black menses, etc. Sensitive, fauces, vulva, skin, etc. Intolerable internal tickle. Pulsations; in glans; as of a fluid forcing its way. Dark blood. .................... Sad; on waking at 2-3 A.M. Hawking, brushing teeth, etc., excites cough, retching or vomiting. Profuse post-nasal discharge. Constricted throat. Violent kidney pain, with dysuria. Nephritic colic. Irritated bladder. Sticking along ureters. Urging to urinate; > bloody clots from vagina. Urine scanty, thick, heavy, sour; sediment; sandy, dark red, brown or white; bloody mucus. Nephritis. REGULAR PAROXYSMS OF VIOLENT TICKLING, RACKING COUGH, ENDING IN VOMITING OR RAISING MUCH CLEAR, ROPY MUCUS (Kali-bi.); with a purple, red face and internal heat; periodically; with kidney symptoms; slowly increasing, then gradually declining; > cold air or drinks. Whooping cough. Soreness or stitches in apices of lungs. Coldness in back. Burning; as of pepper in nostrils, at tip of tongue, etc. (Lach.).


COFFEA CRUDA

REGION:
NERVES; cardiac. CIRCULATION. Sex organs. Women.

WORSE:

BETTER:
Lying. Sleep. Warmth.

Emotions cause severe symptoms. EXITABLE AND OVERACTIVE. OVERSENSITIVE; to noise, it may even be painful (Ther.); to pain, pleasure, etc. ...................... Irritable and wakeful. Resents sympathy. Rushing ideas. Weeps, laments and tosses about. Now joyous, now gloomy. Faints easily. Brain seems torn, shattered or crushed. Clavus. Bright eyes. Acute hearing; overhears distant sounds. Faceache (r). Toothache; > ice water, < as it warms; pains into finger-tips; during menses. Stomach feels overloaded. Hot, itching genitals. After-pains. Cough incessant; of measles. Nervous palpitation; < sun heat. Trembling hands. Painfully sensitive skin. Itching scratches until it bleeds. NERVOUS SLEEPLESSNESS; from rush of ideas; awakes at or hears every sound; after pleasurable excitement.

**COLCHICUM AUTUMNALE**

**REGION:**
DIGESTIVE TRACT.
HEART; pericardium.
Circulation.
Kidneys.
JOINTS; small.

**WORSE:**
MOTION.
Touch.
Night.
Stubbing toes.
Vibration.
WEATHER: Cold; damp; rooms. Changing. Autumn.
Slight exertion.
Checked sweat.
Stretching.
Sundown to sunrise.

**BETTER:**
Warmth.
Rest.
Doubling up.
Sitting.

COLD AND WEAK, BUT SENSITIVE AND RESTLESS. Irritable and sensitive to impressions, strong odors, etc. Tearing, digging, drawing pains. Many joints are attacked. **Rapid sinking.**
Moist collapse. Creepings. Small, rapidly shifting areas of severe pain, but little swelling.
Subacute states, that finally attack the heart. Cardio-arthritic affections. Dropsy. ....................
**Depressed. Irritable and sensitive:** every little hurt pains terribly. Sensitive to odors and impressions. Unequal pupils. Acrid tears. Dark nostrils. ACUTE SMELL; **odors nauseate,** even to fainting, etc. Pinched, sunken face. Mouth hangs open. Flow of saliva, with a sense of dryness. Glossitis. Thirsty, but LOATHES THE SMELL, or **sight of food;** > lying quietly.
NAUSEA. Retching. Burning or **icy coldness in stomach.** Meteorism. Diarrhoea, then gouty effects. Choleraic or shreddy, gelatinous, mucus stools, then tenesmus or spasm of anus.

Complementary: Ars. Spi.

**COLLINSONIA CANADENSIS**

**REGION:**
Heart.
Pharynx.
Liver.

WORSE:
PILES: During suppressed.
Night.
Pregnancy.
Cold.
Excitement.

Congestions; pelvic; reflex from or combined with hæmorrhoids, especially cardiac (Lycps.). Constrictions. Swelled feeling, in limbs, vulva, clitoris, etc. ................... Speaker's sorethroat or cough. Colic. Acrid diarrhœa; destroying the hair. Light, knotty stools. Rectum; aches; burns, seems dry and full of sticks or sand; with cardiac pains. Constipation or piles of pregnancy. Piles (bleeding); alternating with heart, chest or rheumatic symptoms. Prolapsus, ani, uteri, etc. Itching of vulva or anus. Varicocele. Palpitation. Flushes of heat; with piles; with oppressed breathing.


COLOCYNTHIS

REGION:
NERVES (large): TRIFACIAL. ABDOMINAL. Spinal. SCIATIC.
DIGESTIVE TRACT (NAVEL).
INTESTINES.
Ovaries.
Kidneys.
Left side.

WORSE:
EMotions.
VEXATION.
Chagrin.
Anger.
Lying on painless side.
Night, in bed.
Drafts.
Taking cold.

BETTER:
HARD PRESSURE.
Coffee.
Heat.
Rest.
Gentle motion.
After stool or flatus.

Acts on digestive tract, then longer on spinal nerves. SUDDEN, ATROCIOUS CRAMPINGS, gripings, tearings, etc., making him TWIST, turn or cry out in pain; with nausea or diuresis. Convulsive jerks or constrictions during pain (Ign. Lyc.). Lightning-like pains. CUTTING, pinching, clamping, gnawing or boring pain; then numbness. Parts seem too short.

Constriction. Neuralgia. .................... Anger; easily vexed; < pains. Tearing head pains, < moving eyelids. Faceache (I); with eye symptoms or alternating with coelalgia. Distorted face. Persistent bitter taste. Gas colic (flatulent colic). WAVES OF VIOLENT CUTTING, GRIPING, GRASPING, CLUTCHING OR RADIATING ABDOMINAL COLIC DOUBLE HIM UP; > HARD PRESSURE; < least food. Cutting in bowels; at navel. Pressure > at first then <. Intestines feel

Complementary: Caus. 
Related: Stap.
COMOCLADIA DENTATA

REGION:
Skin.
Eyes.
Nose.
Right side.

WORSE:
Heat.

BETTER:
Open air.


CONIUM MACULATUM

REGION:
NERVES.
MUSCLES.
GLANDS: MAMMÆ. Ovaries.
Sexual organs.
Respiration.

WORSE:
SEEING MOVING OBJECTS.
ALCOHOL.
Raising arms.
After exertion.
Injury.
Night.
Sexual excesses.
Cold; taking.
Continence.
Old age.
Lying; head low.

BETTER:
Letting part hang down.

Tearings. Stabbings. Slow. Apathetic. Shy people, yet fear being alone. Weak memory. Can't think after using eyes. VERTIGO, whirling; on lying, turning over, least motion of eyes or head, etc.; senile. Eyes feel crossed; lids heavy, droop, < outer side. Photophobia. Vision, colored. Pulpy earwax. Sour saliva. Cold flatus. Constipation on alternate days. Urine stops and starts; > standing. Testes enlarged. Cutting, as semen passes; in ovaries, uterus, etc. Prostatic dribble; < stool, emotions, etc. Emissions, from mere contact. Menses irregular. Acrid leucorrhœa. Tormenting cough from dry spot in larynx; from tickling in throat-pit; as if from abdomen. Palpitation; < exertion, drinking, at stool, etc. GLANDS HARDEN AND GET SORE. Mammæ; nodes in; congested before menses; sticking in; shrunken; too much milk, < before menses or at every step. Hot spots on head. Spinal injuries. Heels; as if bone would push through; shooting in. Skin greenish, like an old bruise; spots on; foul or eczematous eruption. Hebetude. Coldness in nape, calf, etc. Hot flushes or sweat on dropping to sleep. Sweat under eyes, on chin, in popliteæ; cold on nape or palms.

Complementary: Pho.

COPAIVA OFFICINALIS

REGION:
Rectum.
Skin.

WORSE:
Morning.
Taking cold.


Complementary: Sep.
Related: Tered.

CORALLIUM RUBRUM

REGION:
RESPIRATORY ORGANS.
NERVES.
MUCOUS MEMBRANES.

WORSE:
Air: Change of. Inhaling.
Eating.
Toward morning.

Almost continuous paroxysms of extremely violent, spasmodic cough, which begin with gasping for breath, are accompanied by a purple face, and followed by exhaustion, and vomiting of stringy mucus. A reverberating, minute gun cough. Cough as soon as he eats. Whooping cough. Sleeps with head under covers. Very red (flat) venereal ulcer. Too hot if

CORNUS FLORIDA


Related: Eup-p.

CRATÆGUS OXYACANTHA

REGION: Heart. Nerves.


Related: Apocy. Strop.

CROCUS SATIVUS


WORSE: Motion. Puberty. Pregnancy.
Reading. Heat.

**BETTER:**
Open air.

Rapidly changing or alternating symptoms; of opposite moods; of sides; of mind and body, etc. Single muscles twitch; upper eyelids, etc. Faint, drowsy and hysterical. Chorea. Jumping about, as of something alive internally. HÆMORRHAGE, dark, stringy, tough. .................... Impressionable, affectionate and moody. Involuntary laughter and weeping; < music. Hysteria. Climacteric hemicrania; instead of menses; > pressure. Dry, burning eyes, as after weeping, or as if in a cool wind. Winks or must close eyes tightly. Lachrymation when reading. Nosebleed, with faintness and cold sweat on forehead; of young girls. Sexual excitement. Dark, foul, stringy menses. Threatened abortion. Narcotic sleep. Singing during sleep.

Related: Ign. Tarn.

**CROTALUS HORRIDUS**

**REGION:**
BLOOD.
Heart.
Cerebro-spinal nerves.
Liver.
Throat.
Occiput.
Right side.

**WORSE:**
Lying on R. side.
Falling to sleep.
Warm weather.
Spring.
Alcohol.

**BETTER:**
Light.
Motion.


Complementary: Lycps.
Related: Lach. Sul-ac.

**CROTON TIGLIUM**
REGION:

WORSE:

Drawn backward feeling; in eyes; nipples, etc. ................. Neuralgia of tongue. Pressure excites rectal pain or a stool. Gurgling or swashing as of water in bowels; THEN SUDDEN, PROFUSE, GUSHING STOOL OF YELLOW WATER, < DRINKING; then prostration. Diarrhoea. Cholera infantum. Can't inhale deeply enough. Pain from nipple to back, as child nurses. Nodes in mammæ. Neck and shoulders pain. Violently itching, tense burning, red skin; sore if scratched, > gentle rubbing. Eruptions; clustered; of blisters which burst and form crusts; vesiculo-pustular (Sep.), < genitals, temples and crown of head. Eczema. Zoster.

Related: Rhus-t.

CUBEBA OFFICINALIS

REGION:

WORSE:
Night in bed.

BETTER:
Walking about.


Related: Cist. Cop.

CULEX MUSCA

Œdema. Vertigo; on blowing nose. Menses stain indelibly (Bur-p.). Griping down over hips, then into womb. As of cold air blowing through a hole in clothes on chest or back.

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CUPRUM ARSENICOSUM

REGION:
DIGESTIVE TRACT.
Muscles.
Nerves.

WORSE:
Touch.
Pressure.
Dampness.


Related: Cup.

CUPRUM METALLICUM

REGION:
NERVES: Cerebro-spinal axis.
Digestive tract.
Epigastrium.
Abdomen.
Muscles.
Blood.

WORSE:
Emotions: Anger.
Suppressions.
Overtax.
Motion.
Hot weather.
Vomiting.
Loss of sleep.
Touch.
Raising arm.

BETTER:
Cold drinks.
Pressure over heart.

Sub-oxidation, affecting the centers of the medulla. Violent effects; in recurring symptom groups. CRAMPS AND SPASMS; of all kinds; radiating from or of single parts; extort cries;


**CYCLAMEN EUROPÆUM**

**REGION:**
Cerebro-spinal axis.
Vision.
Blood.
Digestive tract.
FEMALE SEX ORGANS.

**WORSE:**
Cold.
Evening.
Fresh air.
Sitting.
Fats.

**BETTER:**
Motion.
During menses.
Weeping.


Related: Pul.

**DAPHNE INDICA**

**REGION:**
Muscles.
Bones.
Left side.

**WORSE:**
Cold air.
Waning moon.
Evening in bed.

Parts (head, arms, etc.) seem separated from body (Bapt. Psor.). Bruised pain. **Fetor**.
Exhaustion. ................. Sad. Head feels big. **Tongue, coated on one side only** (Irid. Rhus-t.).
Sleepless; from **bone aches**. Clammy sweat.

Related: Rhus-t.

**DICTAMNUS ALBUS**

**REGION:**
Female organs.
Nerves.
Sleep.

**WORSE:**
Standing.

Increased secretions. .................... A lump rises in throat. Bearing down, with bilious vomiting, < standing on feet. **Menses** early; of black clots; preceded by blindness. Sensation of milk flowing into mammæ. Cramps from anterior thighs into uterus, before menses. **Somnambulism** (Pho.).
Dreams of piercing bodies of her children together (Pho.).

Related: Pul.

**DIGITALIS PURPUREA**

**REGION:**
Vagus.
HEART; muscle.
Occiput.
Genito-urinary organs.

**WORSE:**
Raising up.
Exertion.
Heat.
Lying on L. side.
Motion.
Smell of food.
Cold drinks.
Excesses: Sexual.

BETTER:
Rest.
Cool air.
Lying flat on back.

WEAKNESS, faint-like; can hardly talk. Heart slow, with indefinite or causeless symptoms.
HEART SLOW, weak or irregular; quick, on motion; with liver or sexual symptoms; at puberty.

Related: Glo. Spi.

Dioscorea Villosa

REGION:
Navel.
Gall-bladder.
Right side.

WORSE:
Doubling up.
Lying.
Tea; eating.

BETTER:
Stretching out or bending back.
Motion; in open air (Mag-c. Pul.).
Hard pressure.

A remedy of pains, of all kinds. UNBEARABLY SHARP, CUTTING, TWISTING, GRIPING OR GRINDING PAINS; that dart about or radiate; to distant parts, arms, etc.; in paroxysms; cease suddenly, then start in a different place; periodical. Shudderings, from pain, etc. ...................... Nervous and easily troubled. Confused, full head. Sensation as if head were crushed down (Dio.). Eruptions; with hiccough. Cardialgia. Pains shoot from liver to right nipple. Violent abdominal colic, > motion; pains go into back, chest or arms. Flatulence. Darting, from anus to liver. Piles like a bunch of cherries. Weakening morning diarrhoea, without relief. Erections lasting all night. Cold relaxed sexual organs. Atonic emissions, then weakness; < knees. Violent dysmenorrhoea. Chest or cardiac pains radiate into both arms. Felon. Burning, numb, sciatic (r) pain, < motion. Hamstrings seem too short. Cold, clammy sweat; of strong odor
on genitals.

Related: Colo. Mag-c.

DIPHTERICUM

REGION:
Blood.
THROAT.

WORSE:
Lying.
Cold.
Milk.

Weak and restless, but without pain, or aching, breaking joint pains, > lying. Wants to be held. Drawing in muscles, then sudden snap. Jerking of single parts. Internal trembling. .................. Sees visions. Carphology. Moisture at edge of hair. Fanning of alæ nasi, with snoring. Yellow, thick nasal discharge. Flushed face; center of cheeks purple. Moist tongue, with red tip or a dark red spot back of tip; red papillæ. Throat dark. Thick, gray membrane; on tonsil (l). Fetor. Wants cold air down throat or craves cold drinks. Diphtheria; prophylactic; painless; relapsing. Post-diphtheric paralysis. Obstinate tonsilitis. Faintness at stomach, > sips of milk. Dry, hot palms; they feel withered. Dry skin. Talks in sleep, with open eyes. Low temperature. Chilly, then hot.

Related: Carb-ac.

DROsera Rotundifolia

REGION:
RESPIRATORY ORGANS.
Bones: Long (Stil.). Joints.
Larynx.
Chest.
Lungs.
Glands.

WORSE:
After midnight.
On lying down.
Warmth.
Talking.
Cold foods.
Laughing.
After measles.

BETTER:
Pressure.

Spasmodic, catarrhal and haemorrhagic effects. Tuberculosis; of bones. .................. Easily angered. Desire to drown himself. Sensitive to sour odors. Painful sneezing. Putrid taste. PROLONGED, PERIODICAL FITS OF RAPID, INCESSANT, DEEP BARKING OR CHOKING COUGH; as if from abdomen; taking away the breath; compel holding the sides and
ending in retching, vomiting (first of ingesta, then of mucus), nosebleed or cold sweat; followed by loquacity. Typical whooping cough. Tickling like a feather or crumb in larynx. Bloody, purulent expectoration. **Hoarse, toneless voice. Constriction of chest.** Stitches below axillae. Writers’ cramp.

**Complementary:** Sul.
**Related:** Coc-c. Cor-r.

**DULCAMARA**

**REGION:**
**MUCOUS MEMBRANES:** Bronchi. Bladder. Eyes.
**BACK:** Muscles. LOINS.
**SKIN:**
**Umbilicus.**
Lymphatics.

**WORSE:**
**BEING CHILLED: WHILE HOT. Sudden change of temperature.** Uncovering. COLD WET; feet, ground, cellars, beds, etc.
**Suppressed discharges, sweat, eruptions,** etc.
**Autumn.**
Night.
Rest.
Injures.
Mercury.
Before storms.

**Excessive secretion of mucus.** Catarrhal-rheumatic-herpetic tendency. Stiff, numb, achy and sore from every exposure to damp cold. Tearing. **Paralytic effects.** Griping in bowels, testes, etc. .................... **Confusion. Depression. Scolding.** Difficult speech. Easily becomes delirious. Occiput feels large. Ringworm of scalp. Aching in nose. Coryza; stuffed; **summer colds,** with diarrhoea. Nose obstructed by the least fresh air. Nosebleed; replaces menses. Thick, brown-yellow crusts on face. Swelled tongue. Tenacious, soapy saliva. Cutting at navel; then painful, green, **slimy stools.** Sour, watery stools, < night. **Every cold settles in eyes, throat or affects bladder** (Pul.), bowels or respiration (Sul.). Frequent urination. **Cloudy, slimy or foul urine.** Cystitis. Dropsy. Enlarged testes, with griping pains. Watery menses. Cough: caused by tickling in back of throat; in prolonged fits; with much loose, easy expectoration. **Eruptions;** scaly, thick, crusty, moist, bleeding or herpetic; < before menses. **Urticaria.** Pruritus. Large, smooth, fleshy, flat warts. **Coldness;** in occiput; lumbar region; in bowels; **icy, of paralyzed part.** Chilliness starts from back; not > warmth; < evening. Chill with urging to stool and urinate. Foul sweat.

**Complementary:** Bar-c. Nat-s.
**Related:** Rhus-t.
ECHINACEA ANGUSTIFOLIA

REGION:
Blood.
Circulation.
Gums.
Lymphatics.
Left side.

WORSE:
Eating.
Injury.
Operations.

BETTER:
Rest.


ELAPS CORALLINUS

REGION:
Blood.
Nose.
Ears.
Throat.
Right side.

WORSE:
Approach of storms.
Cold; drink or food.
Dampness.
Night.
In room.

Black discharges; hæmorrhages, etc. Internal coldness; in chest; < drinking. Adynamic sepsis.

Antidote: Cedron.
Related: Crot-h. Helod.

EPIPHEGUS VIRGINIANA

REGION:
Nerves.
Stomach.
Liver.

WORSE:
Fatigue; nervous; of shopping.
Eyestrain.

BETTER:
Sleep.

Confusion. Like fingertips pressing into temples. Compressive (r.) headache, going backward; < until 4 P.M. then >; with spitting of viscid saliva and nausea. Weekly headaches. Neurasthenia. Tartar on teeth.

Related: Ign. Iris.

EQUISETUM HIEMALE

REGION:
GENITO-URINARY TRACT.

WORSE:
At close of urination.
Pressure.


Complementary: Sil.
Related: Canth.

ERIGERON CANADENSIS

REGION:
Genito-urinary tract.
Joints.
WORSE:
Rainy weather.

Hæmorrhage; bright, gushing; vomits and purges pure blood. Congestion.
Smarting-burning. Hard aching. ................. Burning in stomach and abdomen (Ars.).

Related: Canth. Terb.

EUCALYPTUS GLOBULUS

REGION:
Mucous membranes.
Blood.
Muscles.
Respiration.

WORSE:
Periodically.
Night.

Aching, stiff and weary, as from taking cold. Grippe. Malaria. Migraine. Sticking, jerking pain at
night. Profuse catarrhal discharges; acrid; foul. Rheumatic-hydrogenoid constitution.
Exhausted, toxæmic and hæmorrhagic. ................. Mental exhilaration. Burning eyes.
Tinnitus. Tension across nose. Watery coryza. Pasty tongue. Throbbing in stomach. Weight in
bowels. Slow digestion, with putrid gas. Diarrhoea; dysenteric; typhoid. Diuresis. Cough of
influenza. Bronchial asthma. Bronchorrhœa; senile. Limbs prickle, then ache. Chill, then


EUPATORIUM PERFOLIATUM

REGION:
BONES.
Stomach.
Liver.
Occiput.
Bronchïæ.

WORSE:
COLD AIR.
Motion.
PERIODICALLY: 7-9 A.M. 3rd. or 7th. day.
Lying on part.
Coughing.
Smell or sight of food.

BETTER:
Vomiting bile.
Sweating.
Lying on face.


**EUPATORIUM PURPUREUM**

Bones-breaking pains. Urinary stream smaller.

**EUPHORBIUM**

**REGION:**
Mucous membranes.
Bones.
Skin.
Teeth.

**WORSE:**
Sitting.
Rest.
Beginning motion.
Mercury.


Related: Nit-ac. Sul.

**EUPHRASIA OFFICINALIS**

**REGION:**

**WORSE:**
SUNLIGHT.
WIND.
Warmth.
Room.
Evening.

BETTER:
Open air.
Winking.
Wiping eyes.

Free, acrid, watery secretions. Acute catarrhs. Acrid pus. ................. WATERY EYES; swimming in tears; as of a hair before them, wants to wipe them. ABUNDANT, ACRID OR HOT, SMARTING TEARS, with bland coryza; < open air, lying or coughing (Chel.); leaving a varnish-like mark. Photophobia; with spasm of lids. Pressive, cutting eye-pains. Sticky eye-gum. Red, burning-itching tarsi. Violent injection. Conjunctivitis; of measles. Thick yellow or acrid discharge from eyes. Chemosis. Chronic sore eyes. Gushes of fluent coryza. Loose cough. Easy expectoration, in day time only, less on lying down at night; (reverse - Thu.).

Related: Cepa.

EVONYMUS EUROPÆUS

REGION:
Liver.
Kidneys.
Left to right.

WORSE:
Eating.

Crawling; < back. ................. Vertigo; in forehead; as if drawn up and pitched forward (Calc-c.). Pressure over brows; compressing eyes. Engorged liver. Gall-stones. Pain about navel. Profuse stools; varying or of several colors. Albuminuria.

Related: Rhe.

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FAGOPYRUM ESCULENTUM

REGION:
Digestive organs.
Skin.

WORSE:
Scratching.
Sun-light.

BETTER:
Cold bathing.
Coffee.

Itching; eyes; ears; posterior nares; anus; deep in hands; legs, etc. Pain along lachrymal duct. Scalding, hot, sour eructations. Cardiac pain to shoulder and l. arm; > lying on back. Pruritus vulvæ; with yellow leucorrhœa, < rest. As if neck could not support head. Pains along fingers.

Related: Pul.

FERRUM METALLICUM

REGION:
VASO-MOTORS: CIRCULATION. Blood-vessels.
Blood.
Spleen.
Digestion.
Left deltoid.

WORSE:
NIGHT.
Emotions.
Violent exertion.
Eating.
Drinking.
Vital losses.
Sweats.
Quinine.
Eggs.
Heat and cold.
Sudden motions.
Raising arms.

BETTER:
Gentle motion.
Slight bleeding (Calad. Card-m. Lach.).
Leaning head on something.
Pale mucous membranes. False erethism or plethora; weak; lies down. **Excited, irregular surgings.** Wandering orgasms; head, face, chest, etc. **Pulsations. Hæmorrhages** (bright or with small clots); in rapidly growing youths. Relaxed blood-vessels; dilated veins, < during menses, etc. **Red faced** old men. Exophthalmos. Pressure on chest, stomach, etc. Nightly pains that compel motion of part. Dry; food seems; vagina, etc. Rapid emaciation. **Anæmia.**

Cachexy. Irritable mind and body. .............. Always in the right; excited by the least opposition. Weeps and laughs immoderately. **Sensitive** and excitable; < least opposition. Brain-tire. **Throbbing, hammering headache,** starts in the temples; < cough or stooping; > letting hair down; with vertigo. Pain over l. eye. Blind attacks. Puffy eye-lids. **Nose-bleed. Face flushes** and pales or **reddens** from the least thing; florid; feels bloated. Erethic chlorosis. Toothache, > ice water. Stomach won't tolerate any food. Averse to meat. **Spits up his food.** Nausea at mid-night. Easy vomiting. Diarrhoea; painless lientery; < while eating; nightly gushing; spluttering; alternating with constipation; < if nervous or tired. Chronic nephritis. Enuresis by day only. Emissions; nightly, with backache; after over-exertion. Raw vagina, < coition. **Nausea at mid-night. Easy vomiting. Diarrhœa; painless lientery; < while eating; nightly gushing; spluttering; alternating with constipation; < if nervous or tired. Chronic nephritis. Enuresis by day only. Emissions; nightly, with backache; after over-exertion. Raw vagina, < coition.**


**FERRUM PHOSPHORICUM**

**REGION:**
Vaso-motors.

**WORSE:**
Night (4-6 A.M.).
Motion.
Noise.
Jar.
Cold air.
**Checked sweat.**

**BETTER:**
Cold.
Bleedings.
Lying down.


**FLUORICUM ACIDUM**

**REGION:**
- **Fibrous Tissues:** Veins. Skin.
- **Bones.**
- Mastoid.

**WORSE:**
- Heat; of room.
- Night.
- Alcohol.
- Sour foods.

**BETTER:**
- Cool bathing.
- Rapid motion.
- Short sleep.
- Bending head back.
- Eating.


**FORMICA RUFA**

**REGION:**
- Joints.
- Spine. Liver.
- Kidneys.
- Right side.

**WORSE:**
- Cold; wet.
- Motion.
- Before snow-storms.

Complementary: Kali-m. Related: Gel.
**BETTER:**
Pressure.

**Sudden rheumatic or gouty pains.** Takes cold easily. Tuberculosis. Hyper-plasia. ....................

Related: Rhus-t. Urt-u.

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**FRAXINUS AMERICANA**

**REGION:**
Uterus.
Nerves.

**WORSE:**
Injury.
Sprains.
Lifting.

Nervous females with enlarged or **prolapsed wombs.** .................... Must talk. **Hot spot** or dryness on vertex. Throbbing in occiput. Heavy abdomen with bearing down or falling out sensation. Sensitive left ovary. Profuse menses or leucorrhœa. Cramps in feet. Hot flushes.


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**GAMBOGIA**  
(Cambogia)

**REGION:**
Stomach and BOWELS.
Liver.

**WORSE:**
AFTER STOOL.
Motion in open air.

**Burnings.** .................... Burning pains. Itching eye-lids; he rubs them (Ign.). Sneezing.
**Gurgling, pinching in bowels, then sudden yellow or green,** THIN STOOLS COMING OUT IN PROLONGED GUSHES, **with burning at anus** and much relief.

Related: Crot-t.

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**GELSEMIUM SEMPERVIRENS**

**REGION:**
CIRCULATION.
**BRAIN CORD:** OCCIPUT. Base. **Neck.**
**MOTOR NERVES:** MUSCLES. Knees. EYES (LIDS. VISION.)
**MUCOUS MEMBRANES:** Nose. Gall-ducks.
Right side.

WORSE:
EMOTIONS; DREAD.
Surprise.
Shock.
Ordeals.
Motion.
Weather: SPRING. Foggy. HUMID. Muggy.
Heat of summer.
Periodically.
Dentition.
Tobacco.
Gas.

BETTER:
Profuse urination.
Sweating.
Shaking.
Alcoholic drinks.
Mental effort.


GENISTA SCOPARIA
(Scoparius Genista)

REGION:
Heart.
Kidneys.
Cord.
Muscles.
Left side.

WORSE:
Turning on left side.

BETTER:
Cool air.
Rapid motion.
Passing flatus.

Heavy ache; stomach and bowels seem filled with stones or a firm mass. Flatulency. Colic, then bright, acrid, foamy stools followed by burning at anus. Very profuse, bright, foaming urine, then burning pudendum. Intercurrent congestion of kidneys. Anxious oppression at heart, radiating to left shoulder and neck. Palpitation, with congestion to head. Deadness of right arm and fingers. Barber's itch.

Related: Pho.

GLONOINUM

REGION:
BRAIN.
VASO-MOTORS: CIRCULATION. HEAD (forehead). HEART.
Mastoids.
Respiration.

WORSE:
HEAT: ON HEAD. Overheating. OF SUN, lamp, etc. HOT WEATHER.
MOTION: SHAKING. JAR. Bending head back. Injury.
Wine.
Suppressed menses.
Fruits.
Weight of hat.
Hair cut.

BETTER:
Open air.
Elevating head.
Cool things.
Cold application, bathing, etc.

A tempestuous remedy, full of VIOLENT PULSATIONS. EBBLITIONS or irregular congestion; general P.; with numbness. UPWARD RUSHES OF BLOOD. As if enlarged, distended or being smaller. Bursting, expansion or enlarged feeling of eyes, head, tongue, etc. Pains that come long after injuries. Confused, bewildered; loses himself. Sinks down unconscious. Sun-stroke. Apoplexy. Congestion to head in suppressed menses, eclampsia, albuminuria, etc. WAVES; OF TERRIBLE BURSTING, POUNDING HEADACHE, as if standing on head; expanding and contracting or blood surging back and forth from head, < carotids to heart; alternating between temples; < sunshine; < damp days. Cracking, snapping, shocks, explosions or soreness deep in brain. Head lies too heavy on pillow. Pains in malar bones, ending in a headache. Numb, sore vertex. Sharp, shooting behind ears. Red lower eyeballs or lids. Staring, dry, protruding or sunken eyes; lids stick to balls (Guai.). Blind spells.

Complementary: Bell.  
Related: Amy-n. Bell.
GNAPHALIUM POLYCEPHALUM

REGION:

WORSE:
Walking.
Lying.
Cold damp.

BETTER:
Flexing limbs.
Sitting.
Intense sciatic pains; alternating with or followed by numbness or formication. Offensive diarrhoea with colic, < morning.

Related: Colo.

GOSSYPIUM HERBACEUM

REGION:
Uterus.
Ovaries.
Kidneys.

WORSE:
Motion.


Related: Senec. Ustil.

GRAPHITES

REGION:
NUTRITION.
Circulation.
Mind.
Mucous membranes.
Glands.
Eyes.
WORSE:
COLD.
Drafts.
Light.
During menses.
Suppressions of eruptions.
Empty swallowing.
Fats.
Hot drinks.
Warmth of bed.
Scratching.
Night.
Wet feet.

BETTER:
Open air; after walking in.
Eating.
Touch.

LUMPY, THICK OR HARD (Chin. Thu.); skin, glands, tarsi, nails, scars, callosities, stools, crusts, etc. Infiltrations. EXCORIATIONS, CRACKS OR FISSURES; in angles; at margins of mucous membranes; of eyes, nostrils, mouth, finger-tips, nipples, anus, etc. Emaciation; of affected part. Scanty, foul, thin, sticky, corrosive secretions. Watery haemorrhages. Sense of burning, numbness or deadness. Pains go to part not lain on. Fat, relaxed, chilly and costive.


Choking; on swallowing, from goitre, etc. Sour: taste, eructation, blood about teeth, stool, urine, odor from mouth, sweat, etc. Hunger. Averse to meats and sweets. Alternate digestive and skin symptoms. Gastric pains -burning- necessitate eating. Morning sickness during menses. Can’t bear pressure about waist. Foul belching. Flatulence. Stomach > heat, hot food, eating and lying. Abdomen distended, as from incarcerated flatus. Intestinal torpor. Large, knotty, difficult, stringy, slimy coated stools; or loose, brown, lienteric and very foul. Constipation; for days (Sep.). Fissures of anus bleed and ulcerate. Stool of masses of mucus. Slender stool and urinary stream. Priapism. Sexual exhaustion. Itching of anus and pudendum; before menses. Averse to coition. Swelled (I) ovary. Cramps in various places or burning. Indurations; ovaries, mammae, etc. Menses irregular; late, scanty, painful, etc.; cold taking, morning sickness or sweats during.


Complementary: Sul.

GRATIOLA OFFICINALIS
REGION:
Gastro-intestinal tract.
Mind.
Sexual organs.

WORSE:
Eating.
Drinking too much water.
Summer.
Motion.
Coffee.
Dinner.

Atony. Paralytic pains. **Coldness.** ................. Weak will. Hypochondriasis. Emptiness after eating. As of cold water or a **loose, heavy load in stomach.** **Profuse, gushing, watery or frothy, yellow-green, exhausting stools, then relief** (Gamb.). Nightly emissions, then erections. Nymphomania. Coccygeal pain. Limb gives way, with sciatic pain.

Related: Mag-c.

GRINDELIA ROBUSTA

REGION:
Pneumo-gastric nerve.
Bronchiae.
Respiration.

WORSE:
Falling to sleep.

Profuse secretions. ................. **Suffocates on falling to sleep** or on awaking. Asthma.

Related: Lach.

GUAIACUM

REGION:
Secretions: Glands. **TONSILS.** Ovaries. Skin.
Fibrous tissue: Ligaments. Joints.
Chest.

WORSE:
HEAT.
Touch.
Motion.
Exertion.
Rapid growth.
Mercury.

**BETTER:**
Cold (locally).
Apples.


GYMNOCLADUS CANADENSIS


WORSE: Cold. Walking.

BETTER: Rest. Leaning against something.


HAMAMELIS VIRGINIANA


SORENESS, bruised; in blood-vessels; localized; abdominal, etc. Tense, bursting feeling; in piles, joints, or lower limbs. Congestive fulness. Veins, sore; cutting; swelled; inflamed. Painful
varicose veins. Hæmorrhage; capillary; dark, fluid; relieves or causes undue weakness.


Complementary: Fer. Flu-ac.

**HELLEBORUS NIGER**

**REGION:**
MIND.
BRAIN.
Sensorium.
Nerves; motor; sensory.
Kidneys.
Muscles.
Exudations.

**WORSE:**
Cold air.
Puberty.
Dentition.
Suppressions.
Exertion.
Evening (4-8 P.M.).

**BETTER:**
Strong attention.


Complementary: Zin.

**HELONIAS DIOICA**

**REGION:**
FEMALE ORGANS.
Kidneys.
Mind.
Muscles.

WORSE:
Pregnancy.
Pressure of clothes.

BETTER:
If busy.
Diversion.
Holding abdomen.


HEPAR SULFUR

REGION:
NERVES.
CONNECTIVE TISSUE.
RESPIRATORY MEMBRANES.
Flexures.
GLANDS.
Kidneys.
Skin.
Bridge of nose (Kali-bi.).

WORSE:
COLD, dry: AIR. WINTER. DRAFTS. WIND. PART BECOMING.
Lying on painful part.
Mercury.

BETTER:
HEAT: WARM WRAPS. TO HEAD. Moist.
DAMP WEATHER.

Lax. CHILLY AND OVERSENSITIVE; to cold; to pain; or to touch; faints easily, etc. Profuse secretions; foul; like old cheese. Sour, stools, smell of body, sweat, etc. SWEATS EASILY, but dare not uncover; and profusely, without relief. As of a wind blowing on part. Wears overcoat in hot weather. Tak(e cold from damp exposure. Sore STICKING, like sharp splinters. EVERY HURT FESTERS. SUPPURATION; threatens, or much thick pus. Abscess. Mastoiditis. Yellow, sclerotic, expectoration, sweat, etc. ...................... Bad temper. Sudden weak memory. Touchy, mentally and physically; to pain, cold; easily becomes cross and violent. Hasty, violent, irritable or dissatisfied. Hair falls in spots; sore to touch. Corneal ulcer or maculae. Photophobia. Chronic otorrhœa. Boring at root of nose. Stuffed, painful nose. Ripened colds and old catarrhs. Sneezes from every cold wind. Hawks mucus. Rough sticking like a splinter, fish-bone, etc., in

Complementary: Iod. Sil.
Related: Merc.
Follows: Pho. Sil.

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Main
A SYNOPTIC KEY OF THE MATERIA MEDICA
By Cyrus Maxwell BOGER
Presented by Médi-T

HYDRASTIS CANADENSIS

REGION:
MUCOUS GLANDS: Nasal cavities. STOMACH. Gall-ducts. Intestines.
Muscles.
Uterus.

WORSE:
Air: Inhaling, cold. Dry winds. Open.
Slight bleedings.
Washing.
Old age.


HYDROCYANICUM ACIDUM

REGION:
Brain.
Heart: Circulation. Respiration.
Epigastrium.

WORSE:
Full moon.
Suppressions.
Storms.

HYOSCYAMUS NIGER

REGION:
MIND.
Brain.
Nerves.
Muscles: Face. Eyes.

WORSE:
EMOTIONS: Fright. Jealousy.
TOUCH.
Lying.
Cold.
Sleep.

BETTER:
Sitting up.

Congested nerve centers; with pale face. Spasm, tremor, jerks, cramps, etc., or active mania; alternating with, or ending in depressive narcosis, with angular or clutching motions, carphology, subsultus, etc. Picks fingers. Zymoses. Eclampsia. ................... Many bewildering aberrations. Confusion. Delirium. Mania, erotic, exposes genitals; riotous; laughing, singing, talking, babbling, quarreling, etc.; silly, with comical acts; plays with fingers. Fumbles the genitals. Lascious (females). Jealousy. Suspicious; fears being alone, being pursued, water, etc.; wants to escape. Speaks each word louder. First, can't think, then can barely be aroused, then relaxation; with muttering, the lower jaw drops, he slides down in bed, has involuntary stools - bloody or yellow watery. Typhoid states. Vertigo, then spasm. Waves of pulsation in head. Pulsating headaches. Head shakes to and fro; < bending forward. Squint. Averse to light. Spasmodic closure of eyelids. Grimaces. Sordes on teeth. Stiff, dark, red, cracked tongue. Elongated uvula. Stools involuntary, although hard. Frequent, scanty, painful, nightly urination or retained urine. Spasms of dry, hacking, night cough; from a dry spot in larynx; < lying, eating or talking. Nervous wakefulness. Starts out of sleep. Low fever; with hot, pale skin. Warm sweat. Sexuality excited by Hyoscine is antidoted by Platina.


HYPERICUM PERFORATUM

REGION:
SPINAL NERVES: COCCYX. Inter-scapular. Meninges.
Vertex.

WORSE:
Exertion.
Touch.
Change of weather.
Fogs.
Cold.
Damp.
Motion.
**BETTER:**
Lying on face.
Bending back.

LACERATED, injured or inflamed nerves; mashed fingers, etc. Injury to or reflected from brain or cord. Very painful, sore parts; occiput, coccyx, etc. Coccygodynia. *Intolerably violent, shooting, lancinating along nerves;* toward trunk; *down sides of head or chest;* in epigastrium; intercapsular spine; finger-tips, etc., with crawling and numbness. Neuritis, as an outcome of injury. Neuralgia of stump. Shuddering. Spasms. Tetanus. .................... Heaviness or formication in brain. *Head feels drawn to a point.* Bubbling at navel. Dry rectum. Heart seems to drop. Painfully sensitive spine. Commotio spinalis. Pains in hips and small of back after labor. Limbs feel detached. Aching in l. sciatic, after long sitting. Feet seem furry or bones ache. Gaping wounds. Laborious dreams.


**IGNATIA AMARA**

**REGION:**
MIND.
NERVOUS SYSTEM.
Cerebro-spinal axis.

**WORSE:**
EMOTIONS: GRIEFS. Chagrin. WORRY. Fright. Shock.
AIR: Open. Cold.
Odors.
Touch.
Coffee.
Tobacco.

**BETTER:**
Position: Change of. Lying on part.
Urination.
If alone.
Pressure.

cough. Cough violent, it shuts off the breath; dry, as from dust or sulphur fumes; < coughing. Constriction of thorax. Goitre. Tension in nape. Cramp in calf. Heavy feet. Painful skin, > pressure. Violent, spasmodic yawning. Light sleep, every sound wakes. Dreams same horrid dreams, over and over. Chill with a red face. Chill, shaking; nervous; with thirst; < pain. Heat, with aversion to uncover, but no thirst.


IODUM

REGION:
MUCOUS MEMBRANES: LARYNX. Lungs (R. Apex or base).
HEART.
Blood-vessels.
Skin.
Nerves.
Connective tissue.

WORSE:
HEAT: ROOM. Air. Wraps.
Fasting.
Night.
Rest.

BETTER:
COLD: AIR. Bathing.
Motion.
Eating.


REGION:
MUCOUS MEMBRANES: DIGESTIVE. Stomach. RESPIRATORY. Lungs.
Umbilicus.

WORSE:
WARMTH; damp.
Room.
Periodically.
Quinine.
Heat and cold.
Recessions.

BETTER:
Open air.

Profuse secretions. Foamy discharges, stool, etc. CONTINUOUS NAUSEA, gastric disturbances, BRIGHT RED, GUSHING HÆMORRHAGE (rapidly clotting), or shortness of breath accompany most complaints. Infantile convulsions. Cries, screams and is hard to please. Downward crushing in head, to root of tongue. Migraine. Occipital pain, < vomiting, during chill, etc. Gushes of tears. Conjunctivitis. Cold (r), ear. Nosebleed. Sneezing. Face pale; blue about eyes or lips; white linea nasalis. Clean or red, pointed tongue. NO THIRST. Sudden faintness. HORRID NAUSEA; not > vomiting. Vomiting; bilious; < stooping. Repugnance to food. Miserable sinking or hanging loose feeling at stomach. Groping, clawing or cutting at navel; toward uterus. Brown, grass or yellow-green, molasses-like or bloody stools. Balls of mucus in stools. Dysentery. Urging to urinate; bloody urine. Cutting in uterus (l to r). Uterine hæmorrhage; gushes with each gush of blood. Painless hoarseness. Larynx and chest tight, < least motion. Spasm of vocal cords. Gasp for breath. Asthma. Paroxysms of retching, incessant or SUFFOCATIVE cough; with every breath; stiffens out, turns red or blue and finally is nauseated, gags or vomits; < stepping into open air; > warmth and repose. Pertussis. LOOSE (coarse) RATTLE IN CHEST, WITHOUT EXPECTORATION. Broncho-pneumonia. Haemoptysis. Pains from kidneys into thighs. Short chill; alternates with heat or with external heat (Ap.). One hand cold, other hot. Long heat; without thirst. Hands and feet drip cold sweat. Suppressed or mixed intermittents; nausea in all stages. Catarrhal or gastric fevers.

Complementary: Ars. Cup.
Related: Ant-t. Lob.

IRIS VERSICOLOR

REGION:
GLANDS: DIGESTIVE TRACT. LIVER. Pancreas.
Right side.
Nerves.

WORSE:
Periodically: Weekly. 2-3 A.M. Spring and fall. After midnight.
Mental exhaustion.
Hot weather.
BETTER:
Gentle motion.

Affections accompanied by rapid elimination. **Sour, acrid, BURNING excretions. Oily nose, greasy taste and fatty stool.** ...................... Headache, with diarrhoea. Mouth feels greasy, burnt or scalded. Tongue feels cold. **Sweet taste. Profuse ropy saliva.** Sour-bitter belching (Nux-v.). Continuous **nausea, bitter, acrid vomiting,** urging to stool and profuse urine, with **periodic visual disturbances,** blindness, hemiopia, etc., accompanying ophthalmic **migraine** (r); involving teeth. BILIOUS, WATERY, SOUR OR AcRID VOMITUS, WITH BURNING. **Burning; < along whole digestive tract; not > by cold drinks.** Sore over liver. BILIOUS, ACRID, WATERY STOOLS; BURN LIKE FIRE. **Painless cholera morbus.** Diabetes. Goitre. Zoster (r). The hip feels wrenched out. Shooting laming pains along limb. Sciatica (l).


**JABORANDI**

**REGION:**
GLANDS.
Eyes.
Nerves.

**WORSE:**
Start of menses.
Cold.
Exhaustion.


**JALAPA**

**REGION:**
Intestines.
Stomach.

**WORSE:**
Night.
Eructations.
Child is good all day, but screams and tosses about all night. Colic. **Stools watery,** muddy or sour; bloody.

Related: Colo.
JATROPHA CURCAS

REGION:
Stomach.
Intestines.

WORSE:
Covering.
Morning.
Summer.

BETTER:
Hands in cold water.

Icy coldness; of lower limbs. ....................... Vomiting; albuminous; easy. **Loud gurgle, like water from a bung-hole, in abdomen; then profuse gushing stools.** Rice water stools. Violent cramps, that draw the calves flat.

Related: Crot-t.

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JUSTICIA ADHATODA

REGION:
Nerves: Cerebro-spinal.
Respiratory membranes.

WORSE:
Close room.
Dust.
Noise.
Eating.

Sensitive. Generalized dry catarrh. Fits of sneezing, with lachrymation and loss of smell and taste. Coryza; fluent; acrid; with violent sneezing, coughing or asthmatic attacks. Long paroxysms of violent retching cough; as if chest would burst; with a bronchial rattle; obstructing the breath; with sneezing, stiffening out (Ip.), trembling or convulsions; with fever. Whooping cough. Tough expectoration. Puffy hands and feet in A.M. Chilliness.


KALIUM ARSENICOSUM

REGION:
Cardio-vascular system.

WORSE:
Touch.
Noise.
Cold feet.
1-3 A.M.

BETTER:
Rainy days.

Nights are filled with suffering. Aversion to open air. Palpitation; with nephritis. Burning, in throat, aching in stomach, etc. Passes much gas, then diarrhoea. Black leg ulcer, running bloody, foul water; with cutting, burning, itching and dyspnœa. Chilly and sensitive to cold. Can't get too warm, even in summer.

KALIUM BICHROMICUM

REGION:
Fibrous tissue.
Ligaments.
JOINTS.
Skin.
Circulation.
Kidneys.
Root of nose, tongue, or penis, etc.

WORSE:
MORNING; after sleep.
2-3 A.M.
Protruding tongue (Cist.).
Hot weather.
Alcohol.
Beer.
Suppressed catarrh.

BETTER:
Heat.
Motion.

Slow, deep processes; little fever, but great weakness. Sickly, chilly and cachectic. Fair, fat and sluggish. Bitings, like bugs. ADHESIVE SECRETIONS; STICKY taste, expectoration, leucorrhœa, foot-sweat, etc. STRINGY, TOUGH, lumpy or thick discharges. Fibrous exudates going downward. Yellow, eyes, vision, tongue, etc. Slow reaction. Heaviness. Crusts in nose, on skin, etc. Pains in small spots; jump about and finally attack stomach. Sharp stitches. Ascending; gastric pains, chills, heats, etc. Furred membranes. Old catarrhs. Ulcers; with dark dots, deep, perforating, round; look punched out; septal; peptic; with overhanging edges or thick crusts. Like a solid block on forehead. As of a hair on tongue, in nostril, etc. Internal itching; vagina, lungs, etc. Cracking joints. .................... Indifferent. Indolent. Pains outward along (r) brow. Bristling hair. Blindness, then pain over one eye. < cold, > pressing on root of nose. Migraine. Vision seems crossed, > looking with one eye. Eye-lids red, itching, swelled, granular. Nose pains at bridge or root; pressure or stuffed at root; retains foul secretions. Abscess. Ozœna. Nasal discharges, acrid; profuse; green clinkers. Nasal diphtheria. Snuffles. Radiating toothache; with swelled glands. Tongue, glistens; cracked, smooth or heavy, lemon yellow cast; pains when protruded. Sticky mouth. Sweet, metallic taste. Hawks thick mucus; must wipe it away. Òedema of uvula. Fissured pharynx. Throat; dry; burning in; something sticks in; with pains into neck and shoulders. Craves beer. Regurgitates liquids. Vomits bright yellow water. Sore spot in stomach, or food lies like a load. Constriction from liver to shoulder. Gelatinous stools or gushes of brown, frothy water, then burning and tenesmus, < after rising. Heavy kidneys. A drop remains after urinating. Constriction at root of penis. Acrid leucorrhœa. Milk is stringy. Hoarseness. Laryngitis. Tickling cough, after eating; with eructations; > heat; then vertigo. Under sternum; rawness; pains through to back. As of a bar across chest. Asthma. Deep cough with stringy expectoration. Heart weak; feels cold. Paralytic weakness of hands. Sciatica, < flexing leg. Sore heels. Pains along border of foot. Stubborn suppuration. Pustules with black apices. Skin, > in cold air. Hot flushes, then sticky sweat, then chill. Cold sweat on hands and feet. Chill with sweat.


KALIUM Bromatum

REGION:
MIND.
Larynx.
Skin.

**WORSE:**
Mental exertion.
Emotions.
Sexual excesses.
Puberty.

**BETTER:**
When busy.

Slow onset. **No pain.** General numbness; < occiput. .................. **Depressive delusions.**
Nervous. Suspicion; fears people, yet can't be alone, in the dark, etc.; looks on all sides; fidgety, **busy hands,** fumbles. Moves arms about wildly. Mania. Night terrors. Melancholy; remorse, **wrings hands,** bursts into tears, etc. Slow hesitates; omits or mixes up words. Indifference.

Antidote: Zin-pho.

**KALIUM CARBONICUM**

**REGION:**
**Muscles; ligaments:** HEART. **Uterus.** LUMBAR.
**SEROUS and mucous membranes:** CHEST (R. lower). Joints.
**Eyes.**
**Blood.**
Left side.

**WORSE:**
**Cold:** Air. Water. Drafts. Changes after Overheating. Changes after exertion.
**Time:** 2-3 A.M. **Winter.** Before menses.
**Lying:** On painful or left side.
**Loss of fluids.**
After labor.

**BETTER:**
Warmth.
Sitting with elbows on knees.
Open air.

**WEAKENING, intellecction; muscles, heart, back, limbs, etc. Gives out,** leans on something or lies down; with **backache,** profuse secretions, sweat, etc. **Soft, thin blooded and cold.** Old, fleshy, **dropsical** or paralytic. **SHARP STITCHINGS,** stabbings or catches in joints, muscles, **chest,** head, epigastrium, **back,** etc. **Throbbing, numb or cold single parts,** abdomen, fingers, etc. **Acrid discharges.** Sub-acute conditions. Parts lain on are painful and go to sleep. .................. Peevish. Easily startled; < touch; on dropping to sleep. **Anxious aversion to solitude.** Headaches, into eyes; wake from sleep. Eyes weak. Vision, spotted; like drops before. **Puffs over,** inner angle of eyes or baggy upper lids. Stitches out of ears. Head colds; go to chest. Nose stuffed, > open air; swelled; yellow-green or crusty discharge. Puffy face. Slimy mouth. Gray tongue. Itching gums. Hawks up tough mucus in A.M. **DIFFICULT SWALLOWING.** Salty regurgitation. Vomits sour mucus. **Sensitive, distended stomach and abdomen.**
**Fulness;** from but little, even after drinks; **as if full of water.** Anxious at epigastrium. **Throbbing**
back of stomach; at navel. Gastric pains going to back, chest, limbs, etc. Flatulence. **Hard tympanites. Stool difficult; of large, hard lumps,** then burning or torn feeling. Piles inflamed, bleeding; descend when urinating or coughing, > riding horseback; stick like fine needles, > cool bathing. Burning in l. kidney. Nocturnal enuresis of adults. **Urine foamy,** with thick, tough, red sediment. Delayed first menses. Amenorrhœa. **Colic, then irritating menses;** > washing. Inefficient labor pains. Catarrhal aphonia. Respiration short, < least motion or walking; **asthmatic,** alternating with diarrhoea; with vertigo. Incessant, hard retching or **choking,** futile cough; then vomiting. Pertussis. Lungs seem to stick to ribs. **Pleurisy. Stabbing chest pains. Heart** seems to hang by a thread; pains toward l. scapula. Palpitation; then weakness; in valvular disease. Arrhythmia. Cardiac degeneration. Fine stitches in mammæ. Everything affects the small of the back or pains start there. **Back and legs give out;** feel heavy. Lumbago. Arms weak; numb pinching in left. **Œdema** of left foot. **Sensitive soles;** skin. Dry hair and skin. General itching or hives; during menses. **Pulse small, soft, variable, intermittent or dicrotic.** Chilly; with hot hands; and sleepiness; in open air. **Internal burning. Sweat scanty, foul on feet.**


**KALIUM CHLORICUM**

**REGION:**
Blood.
Nerve sheaths.
Mouth.
Rectum.
Kidneys.

**WORSE:**
Cold.
Mercury.

Profound prostration. Coldness; and easy **haemorrhage:** nosebleed, bloody stools, etc. Scurvy. **Fetid** mouth, lochia, etc. Gray, white, plastic exudates. ................. Swelled face, in morning, ankles in evening. **Mercurial salivation. Aphthæ. Noma. Sudden vomiting. Gas colic. Continuous rectal pain; in diarrhoea. Nephritis. Albuminuria. Constricted chest. Right pulse full, left small. **Coldness:** in blood; tongue, throat, precordium, arms, feet, skin, etc.

**KALIUM IODATUM**

**REGION:**
Glands.
Frontal sinus.
Nose.
Eyes.
Lungs: Upper. Lobe.
Periosteum.

**WORSE:**
Heat.
Pressure.
Touch.
Night.
Damp.
Mercury.
Changing weather.
Jolting.
Cold foods.

BETTER:
Motion.
Cool air.
Open air.


Antidotes: Merc. Nit-ac.

**KALIUM MURIATICUM**

**REGION:**
**EPITHELIUM:** Throat. Eustachian tube. Middle ear.
**Mucous glands.**
**Occiput (!).**
**Muscles.**
**Joints.**
**Shoulder (R).**
One side, < left.
**Crosswise.**

**WORSE:**
**Open air.**
**Cold** drinks, drafts.
**Heat** of bed.
**Lying.**
**Night.**
**Dampness.**
**Motion.**
**Sprains.**
**Fats.**
Rich foods.  
During menses.  

**BETTER:**  
Cold drinks.  
Rubbing.  
Letting hair down.  

WHITENESS. MILKY WHITE, viscid, sticky, **thick**, slimy or lumpy secretions. **Catarrhs.**  
**Toughness.** Tough, plastic or **fibrinous exudates.** Hard deposits. Stubborn infiltrations.  
Swelled **glands.** Sore, cutting (outward-Asaf.) or **stitching, shifting pains.** Crawling.  

Complementary: Calc-s.  
Follows: Fer-p.  

**KALIUM NITRICUM**  

**REGION:**  
Cavities: Blood-vessels. Heart. **Kidneys.**  
Vaso-motors,  
Respiratory organs.  

**WORSE:**  
Walking.  
Cold.  
Damp.  
Taking cold.  
Veal.  
Lying with head low.  

**BETTER:**  
Gentle motion.  

KALIUM PHOSPHORICUM

REGION:
Excretions.
One side.

WORSE:

BETTER:
Sleep.
Eating.
Gentle motion (Fer. Pul.).


KALIUM SULFURICUM

REGION:
EPITHELIUM: Respiratory organs. Skin.
Glands.

WORSE:
Warmth; room; air.
Noise.
Consolation.
Evening.

BETTER:
Cool air.
Walking.
Fasting.

Torpid processes. PROFUSE, DEEP YELLOW DISCHARGES; thin or sticky. Suppuration.

Related: Pul.

KALMIA LATIFOLIA

REGION:
NERVES: SPINAL. Eyes. Face (R).
HEART.
Circulation.
Joints.
Skin.
Right; head; deltoid.
Left; chest; arm.

WORSE:
Heat.
Becoming cold.
With the sun.

BETTER:
Eating.
Cloudy weather.
Continued motion.

Aching, bruised, stiff feeling. Tingling, numbness, trembling or paralytic weakness.
Changing pains; shoot outward along nerves; or dull tearing, crushing, moving downward, then suddenly, to heart or alternating with cardiac symptoms, or between upper and lower limbs. Neuralgia. Rheumatism. .................. Vertigo. Cracking noise in head. Shooting from nape to vertex and face. Maddening supra-orbital (r) pain. HEART; irritable; pains, sharp, burning; formication; numbness; weak; radiating to l. scapula or arm; taking away the breath; fluttering; palpitation, visible; paralysis. Pulse very slow; weak, tremulous. Brachialgia. Stiff, eyelids, lips, skin, etc.

Complementary: Benz-ac. Spi.
Related: Aco. Dig. Rhus-t. Spi.

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A SYNOPTIC KEY OF THE MATERIA MEDICA
By Cyrus Maxwell BOGER
Presented by Médi-T

KREOSOTUM

REGION:
Uterus.
BLOOD.
Teeth.

WORSE:
DENTITION.
Pregnancy.
Rest.
Cold.
Eating.
Lying.
Summer.
During menses.
6 P.M. to 6 A.M.

BETTER:
Warmth.
Hot food.
Motion.

Miserable and weak. Profuse, FOUL, HOT, ACRID discharges; sputum, eructations, etc.;
redden the part. Rawness. Burning like fire. Pulsation; general. Hæmorrhage; passive;
Scurvy. Marasmus. Black, teeth, leucorrhœa, lochia, etc. .................. Dissatisfied with every
thing; wants things, then throws them away and wants something else. Screams at night. Cross,
wilful and obstinate. Longs for death. Buzzing in head. Yellow pallor, with red blotsches
(Iod.); during chill or heat. TEETH SOON DECAY; black spots on; intolerable ache, < pregnancy;
painful dentition. Puffy, bluish, bleeding, painful gums. Aphthæ or salivation, of pregnancy.
Taste bitter, low down in throat. Icy cold epigastrum. Frothy eructations. Nausea. Vomiting; long
after meals (Æth. Fer. Plat.); undigested food; sweetish; of pregnancy; of uterine ulcer. As of a
lump pressing down on bladder. Brown, watery, lienteric stools. Urination hurried; involuntary
when lying. Diuresis. Profuse, lumpy, intermittent menses, < lying. Leucorrhœa, gushing; like
bloody water; with itching. Tormenting cough, with little expectoration; with sore larynx and
chest. Senile bronchitis. Neglected phthisis. Hectic. Chest; deep pains, take her breath; anxious
heaviness. Dragging from back to genitals; as if to come out. Violently itching, moist or scurfy
eczema on eyelids, face, joints, back of hands. Ulcers break out and heal repeatedly; bleed after
coitus. Cold sweat.

Complementary: Sul.

LAC CANINUM
REGION:
NERVES.
THROAT.
Right to left, then back again or reverse.
Female generative organs.

WORSE:
TOUCH.
Jar.
During menses.
Cold air, or wind, or drinks.
Morning of one day and evening of the next (Eup-p.).

BETTER:
Open air.

SYMPTOMS ALTERNATE SIDES, throat, ovaries, etc., or wander about. Glistening parts. Glistening, throat, ulcers, etc. Oversensitive; can't have parts, fingers, etc., touch each other. .................... Full of imaginations; horrid, of snakes, vermin, as if floating, etc. Every symptom seems a settled disease. Hysteria at height of sexual orgasm. THROAT SORE, has glistening patches of china whiteness; or red glistening; gives out from exertion; < at start and close of menses. Tonsilitis. Diphtheria; paralysis after. Menses green, gushing or ammoniacal; hoarseness, during. Breasts sore and swelled, before menses. Galactorrhœa. DRIES UP THE MILK. Scanty milk. Cold creepings down back. Sore heels.


LAC DEFLORATUM

REGION:
NUTRITION.
BLOOD.
Heart.
Head (Left).
Thigh (Outer).

WORSE:
COLD: Least draft. Wet. Hands in cold water.
Milk.
Loss of sleep.
Weekly.

BETTER:
Rest.
Pressure of bandage.


Related: Nat-m.
LACHESIS MUTUS

REGION:
Mind.
Throat.
NERVES: CUTANEOUS. VASO-MOTOR. Sympathetic. PNEUMO-GASTRIC.
BLOOD; HEART.
CIRCULATION.
LEFT SIDE, then right; THROAT. OVARIES.
FEMALES.
Vertex.

WORSE:
SLEEP; AFTER.
MORNING.
HEAT; SPRING. SUMMER SUN. ROOM. DRINKS.
SWALLOWING; EMPTY; liquids.
Grap.); Noise.
RETARDED DISCHARGES.
Start and close of menses.
CLIMAXIS.
ALCOHOL.
Cloudy weather.

BETTER:
OPEN AIR.
FREE SECRETIONS.
Hard pressure.
Bathing part.
COLD DRINKS.

Rapid onset, intensity, prostration or malignancy. LEFT-SIDED COMPLAINTS, OR
Erysipelas. Blueness; hands. FETOR; of acrid discharges; oris; stools, etc. HÆMORRAGE,
thin; dark particles; nose-bleed; vicarious; bloody urine, etc. Purpura. ASCENDING
SENSATIONS, in throat; from eyes over vertex; from nape; from ovary to heart; chills; FLUSHES
OF HEAT; rushes of blood. A LUMP; ascends throat and is swallowed back again; in liver,
abdomen, rectum; rolls about in bladder, etc. EXCESSIVE PAINFULNESS; of throat, ulcers;
spots over body. Constriction; of throat, > eating; as of a skull cap; of anus. Drawing; vertex to
jaws; in rectum, etc. Tremor; of tongue; hands, etc. Hard throbbing or hammering (Fer.).
Congestion. Apoplexy. Epilepsy, ................. Nervous, excitable. LOQUACITY; rambling; then
sadness or repeats same thing. Compelling delusions. Persistent, erotic ideas, without ability.
Depression; on awaking. Insane jealousy. Suspicion. Feels full of poison. Fears, going to
sleep, lying down, or that heart will stop. Indolence. Vertigo, < turning to right. Headache; heavy;
bursting; down nose; side (r) feels cut off. Eyes feel small. Nose; stopped coryza; discharges
with every cough; bloody pus from; rum blossom (Agar. Led.). Face purple, mottled; netted
veinlets; dusky during heat. Faceache. Lower jaw drops. Septic mumps. Aphtha. Much thick,
pasty saliva. Tongue catches on teeth. Thick, blundering speech. Peppery taste. Can't bear
anything before mouth or nose. THROAT; PAINFUL, into ears; as of a soft body in; choking;
MUST LOOSEN COLLAR; hot lump in; pit feels swollen or sore spot back of pit. SWALLOWING;
the wrong way; painful; returns through nose. Diphtheria; laryngeal. Tonsilitis. Quinsy. Hawks
foul pellets from throat. Thirsty, but fears to drink. Dipsomania. Soreness or cramp in
epigastrium. Sore festering throb, deep in liver. Septic gall-bladder. Pain from anus to navel.
Constipation of pregnancy. Piles; < coughing. Pain in l. ovary; must lift covers. Dark, scanty
menses. Suffocates on dropping to sleep. Must take deep breaths. Air hunger. Tickling,
choking cough, < touching neck or auditory canal, > retching out a little expectorate. Larynx, as
of a skin hanging in, or a valve. Heart weak; turns over or too big, as if. Carditis; metastatic.
Axilla; swelled glands. Numb, l. arm; finger-tips. Cracks in skin, at corner of nails. Cold knees, or cold, foul foot-sweat. Toes feel broken. Mottled or livid skin; dark marks. Eating ulcers, on legs; with dark areolæ; fungoid; varicose. Sleepless from cerebral irritation; tipplers. Frightful dreams; of snakes. Dilated capillaries. Chill, < drinking; with sweat. HEAT; on vertex; IN FLUSHES, on waking or falling to sleep. Sweat; about neck, during sleep; in axillæ; bloody; staining blackish; garlicky.


LAPPA MAJOR

REGION:
Secretions.
Skin.
Liver.
Joints.

WORSE:
Cold wet.
Shaking.
Lying on R. side.
Violent exertion.

BETTER:
Cloudy weather.

Heavy, sore aching; as if lying uncomfortably. Numbness; lumbar region. Numb, aching calves. Constriction. .................... Vertigo, with nausea and vomiting. Weight on vertex. Red about eyes and across nose. Face, < touch. SOURNESS; sour taste to meat; all food turns sour, vomits it. Trembling in chest. Bruised, sore uterus. Front of thighs weak. Sores about joints. Eruptions; sticky; on head, face, etc. Moist, foul eczema. Many small boils. AXILLARY SWEAT; COLD, run down chest; foul.

Complementary: Mag-c.

LATRODECTUS MACTANS

REGION:
HEART.
Vaso-motors.
Blood.

WORSE:
Least motion; even of hands.
Exertion.

Nausea, then abdominal pain. Transfixation of pain or sinking at epigastrium. ....................
Gasps, fears to lose breath and die. Restless; with cardiac pains; and prostrated.
Precordial anxiety. Apnœa. CARDIAC PAIN; violent; sharp to shoulder or both arms (l) (Kalm.), with numbness. Angina pectoris. Quick, feeble, thready pulse. Skin cold as marble. Dreams of flying. Hard ache in axillæ.
LAUROCERASUS

REGION:
MIND.
BRAIN.
Nerves.
Gullet.
Chest.
Respiration.
Heart.

WORSE:
Sitting up.
Exertion.
Cold.

BETTER:
Lying with head low.
Eating.
Sleep.
Open air.


LEDUM PALUSTRE

REGION:
Capillary circulation: SKIN. Lungs.
Periosteum.
Blood.
Nerves.
Left side.

WORSE:
Injury.
Motion.
Night.
Eggs.
Wine.

**BETTER:**
Cool: Bathing. Air.


**LEPTANDRA VIRGINICA**

**REGION:**
Liver. Right side.

**WORSE:**
Cold drinks.
Motion.
Periodically.

**BETTER:**
Lying on stomach or side.

Hepato-haemorrhagic diathesis. **Burnings; in hepatic region.** ................. Hopeless, weak and drowsy. Craves iced drinks. Bilious vomitus. **Sore or dull bursting ache over gall-bladder, or liver, down over bowels to navel or toward left scapula, or along spine.** Liver swelled transversely. Acute liver conditions. **Gall-stones.** Muddy, watery, morning stool. STOOLS TARRY OR BLACK, FOUL; stringy, waxy; spurting; with pain at navel. Dysentery; after diarrhoea. Prolapsing piles; with **hæmorrhage** (Lach.). Leucorrhœa; warm, watery; runs down limbs. Pain in (l) sciatic nerve on sitting. **Nails very thin;** soft and splitting. Jaundice.

Complementary: Pho.

**LILIUM TIGRINUM**

**REGION:**
VENOUS CIRCULATION: FEMALE ORGANS. Uterus. Ovaries. **HEART (R).** Rectum.
Bladder.
Left side.
Nerves.
WORSE:
WARMTH; of room.
Motion.
Miscarriages.
Walking.
Standing.
Consolation.

BETTER:
Cool, fresh air.
When busy.
Lying on left side.
Sunset (Coca. Med. Sele.).
Pressure.
Crossing legs.

FULL, HEAVY or forced out feeling; uterus; heart; eyelids; ovary (l). Utero-ovarian sagging.
Marked nervo-hysterical reflexes (Con.), especially mental or cardiac. Nervous tremor; in hypogastrium, in spine, knees, etc. Pulsion, ebullition, gurglings and burnings. Backward pains; about eyes; to occiput; from nipples through chest; from heart to l. scapula. Venous congestion. Acrid discharges. .................... Hurried, nervous, snappish and erotic or depressed. Fruitless activity. Wild, crazy feeling. Dread; of insanity; being incurable, etc. Desires finery. Burning headache, < before and after menses; ache over (l), eye; with vertigo and visual effects. Eyes, feel sprained; bite and burn, < reading. Yellowish, patchy tongue. Sweet taste -back of mouth. Craves meat. Hunger, as if from spine. Stiff, tense abdomen. Can't bear weight of covers. Sharp pains, < doubling up. Early, morning diarrhoea; frequent, small stools; with tenesmus; < after rising. Heavy dragging or outward urging in pelvis; must hold parts (Sanic.); with dysuria. Ovarian pain, (l); into limb; with pain below (l) breast. Menses free, while moving only. Thin, brown, leucorrhoea; acrid. Oppressive load on chest; air hunger; takes long breaths. As of a rivet or ball under (l) mamma. HEART, feels clutched, overful, cold, weak, hangs by a thread, etc.; pains into (l) arm; < stooping; < lying on (r) side; nervous. Palpitation. Neckache, < tire. Broken feeling between scapulae. Pain from hip to hip. Can't walk on uneven ground. Chilly, > open air. Burning palms and soles.

LITHIUM CARBONICUM

REGION:
Heart.
Small joints.
Lungs.
Urine.

WORSE:
Night.
Menses; after; suppressed.

BETTER:
Eating.
Urinating.
Motion.

SORE and heavy. Acidity. Outward pressure or as of a dull point. Gout. Rheumatism.
Lumps of mucus drop into throat. Gnawing in stomach, with pain in left temple (Ars.), > eating.
Urine scanty, with much thirst; with red-brown sediment. Heart pains; sore; with eye symptoms;
going to head; < bending over, > urinating; from mammae to arms. Soreness of fingers, >
grasping. Dry, harsh skin. Eczema.


LOBELIA INFLATA

REGION:
RESPIRATION.
Vaso-motor nerves.
Secretions.
Heart.
Epigastrium.

WORSE:
Cold bathing.
Suppressions.
Sleep; after.
Tobacco.

BETTER:
Rapid motion.
Eating a little.

RELAXATION; with increased secretions and weakness; with sweat; with deathly sickness all over; with oppressed, rattling respiration. Sits with elbows on knees. Prickles all over.
Flow of saliva; with retching, hiccough, nausea, dyspnœa, etc. As of a lump in throat or stomach. Deathly nausea; with vertigo; < night and early A.M., > eating or drinking. Vomiting; with sweat (cold on face). Nausea and vomiting, with profuse sweat; with respiratory symptoms. Weak, sinking at stomach. Deep red urine, with red sediment. Urine suppressed or infrequent. Dyspnœa; nervous; with labor pains; as from a wedge in larynx; > rapid motion; with general prickling. Asthma. Spasmodic cough; with sneezing, belching or gastric pain. Rattle in chest, but don’t expectorate. Constriction or oppressive fulness in chest. Pulse weak, or soft; flowing. Plaques of œdema (figurata); with ecchymoses.


LUESINUM
(Syphilinum)

REGION:
Mucous membranes.
Nerves.
Bones.

WORSE:
Night; damp.
Sundown to sunrise.
Gradual < then slow >.
Protruding tongue.
Extreme heat or cold.
Every alternate full moon.
During thunderstorms.

BETTER:
Changing position.
Continued or slow motion.
High altitudes.
Applied heat.


Related: Merc.
LYCOPODIUM CLAVATUM

REGION:
NUTRITION: DIGESTIVE TRACT. Portal system. Skin.
URINARY ORGANS.
RIGHT SIDE to left: THROAT. Chest. Ovary.
Brain.
Lungs.

WORSE:
PRESSURE OF CLOTHES.
WARMTH.
Awaking.
Wind.
Eating; to satiety; oysters.
Indigestion.
4-8 P.M.

BETTER:
WARM DRINKS, food, etc.
Cold applications.
Motion.
Eructations.
Urinating.

Weak from digestive disturbances. Repeating or alternating symptoms; flexion, then extension; automatic acts; flushing, then paling, chill after chill, etc. Progressive affections. Relapses. Sudden symptoms. Throbbing. Pains cause anger, jerking, etc. ACIDITY; sour taste, eructations, vomitus, etc. Calculi; gall-stones, gravel, tophi. Gout. Thin, withered and FULL OF GAS. Poor circulation; it seems to stand still; limbs feel dead; numb spots. Descending symptoms; emaciation, etc. Early senility. Dropsy. ....................

Confused over daily affairs. Mentally active, but grows weaker. Can't think. Miscalls or omits words, etc. Paralysis of brain. AWAKES ANGRY, sad or anxious. Sensitive and fearsome. Averse to being alone. Hateful, cranky, domineering, exacting, reserved or despairing. Headache; pain goes to other side, where it is worse; pulsating in occiput at night; < if hot. Hair falls; comes in gray. Dandruff. Eyes half open. Hydrocephalus. Meningitis; tubercular. Mouth hangs open (Merc-c. Mur-ac.). Sore lips. Yellow teeth. Tongue; puts it in and out rapidly; trembling; swelled; heavy; lolling; stiff; cracked; painful vesicle on tip. A ball rises and sticks in throat. Sorethroat (r); < cold drinks. Diphtheria. Hunger, but quick satiety; A LITTLE FOOD OVERFILLS. Averse to soups. Incomplete eructations. Epigastric anxiety, pressure, etc. Gnawing in stomach. As of a band about waist. Sensitive, congested liver. MUCH, NOISY FLATULENCE, < lower bowels. Meteorism. Flatulence, pressing out. Abdomen; sore, < lower; alternating sides; brown spots on and on chest. Colicky babies, < in evening. Stool, most seems to remain, after; contains sand. Alternate diarrhœa and constipation. Piles, > hot bathing. Frequent urging to urinate, > riding in cars, etc. Acid urine. Urine scanty; cries before urinating; red sand in; suppressed. Sexual exhaustion. Pollutions. Violent dysmenorrhœa, with fainting. Menses of clots and serum; < stool. Acdor or periodical leucorrhœa. Painful coitus. Gas from vagina. Craves air, but is chilled by it. Short, rattling breathing. Salty, green-yellow, lumpy or foul expectoration. Unresolved pneumonia. Dry, teasing cough, with emaciation. Mamæ, achy; sore; nodes in (l). Axillary abscess (r). Bubbling at scapulæ. Stiff back. Hands numb; cramps in, and in feet. Fingers twitch during sleep; sticky sweat on. Pains jerk legs upward. As of a stone under heel. Feet asleep, < heels; acrid sweat on. DRYNESS; palms, vagina, skin, etc. Rawness in folds, nipples, anus, etc. Suppurating eruptions. Receding boils, erysipelas, etc. Vascular swellings. Erectile tumors; < before menses.
Aneurism. Rapid pulse, < eating; evening. **Coldness**; icy; head, throat, stomach; **of one foot**; < coughing. Chill, then vomits; after first sleep. Burning, between scapulæ. Foul viscid axillary or foot sweat; like onions.

Related: Carb-v. Sil.
Follows: Chel. or Graph.

**LYCOPUS VIRGINICUS**

**REGION:**
**HEART.**
**Circulation.**
Left side.

**WORSE:**
Excitement.
Exertion.
Heat.
After sleep.
Lying on (R) side.
Abuse of heart remedies.
Suppressions.
Thinking of it.

Irritable weakness. Heart, with many side-symptoms. Symptoms vary with heart action or associated with a RAPID TUMULTUOUS HEART BEAT. **Cardio-hæmorrhagic cases.** HÆMORRHAGE, from nose, piles, lungs, etc. Shifting pains. .................... Nervous, hurried and **tremulous. Slow comprehension. Protruding eyes.** Tawny, expressionless, bloated face. Polyuria. Choking on lying down. **Heart cough.** HEART; **violent, excessively rapid** (Pho.), stormy action; heavy beat, at night; **oppression at; pains, sore,** aching constriction. **Pulse,** large, full, soft; don’t synchronize with heart. Hot ache beneath (r) scapula. Coldness.


**LYSSINUM**  
*(Hydrophobinum)*

**REGION:**
**Nerves.**
Cord.
**Throat.**
Sexual organs.

**WORSE:**
Running water (Canth. Stram.).
Heat of sun.
Glistening objects.
Drafts.

**BETTER:**
Bending backward.
Gentle rubbing.

Related: Lac-c. Lach.

MAGNESIA CARBONICA

REGION:
Malar bones.
NERVES: Facial. Dental.

WORSE:
Night.
Rest.
Noise.
Cold: Changes of weather. Wind. Drafts.
Food; starchy; milk.
Slight causes, touch, etc.
Children.
Nurselings.

BETTER:
Motion.
Walking about.
Open air.

Ailing, worn out, nervous, flatulent and flabby. Sour; all over (Rhe.); regurgitation; foamy vomitus; stool, etc. Emaciation. Marasmus. Sharp shoots along nerves; must walk about.
Numb, distended feeling. Can't bear hands covered, yet chilled by uncovering, .................
Heavy brain. Tearing, digging, boring face or toothache; < pregnancy; > cold. Sudden deafness. Waxy pallor. Hawks cheesy masses from throat. Sorethroat at menses. Nibbling appetite. Vomits undigested milk or bitter water. Cutting colic. Stool, frothy; GREENISH, LIKE WATER AND SCUM OF A POND; lienteric, with gelatinous or fatty masses; grass green.
Menses like thick, dark molasses; tarry; viscid; < night and on rising; leave a fast stain. Craves open air. Paroxysmal cough; difficult, thin, salty or bloody sputum. Heavy, weary feet. Chilly; takes cold, with coryza, toothache, sorethroat, etc.; before menses; and dry. Sour, greasy, indelible sweat.

Related: Rhe.

MAGNESIA MURIATICA

REGION:
NERVES.
LIVER.
Digestion.
Women.
WORSE:
LYING ON RIGHT SIDE.
Sea bathing.
Eating.
Salt foods.
MILK.

BETTER:
HARD PRESSURE.
Lying bent.
Hanging down.
Gentle motion.
Cool, open air.


MAGNESIA PHOSPHORICA

REGION:
NERVES: Face. Head.
Muscles.
Right side.

WORSE:
COLD: AIR. Uncovering. Drafts. Water (Calc-c.).
Lying on R. side.
Touch.
Periodicity.
NIGHT.
Milk.
Exhaustion.

BETTER:
WARMTH.
HOT BATHING.
Pressure.
Doubling up.
Rubbing.

Tall, slender, dark and neurotic. Nervous, tense and subject to sudden, violent neuralgias, colics, cramps, etc. SUDDEN paroxysms of pain; sharp shooting like lightning; suddenly changing place; in waves; radiating, boring or constricting; extorting cries; causing restlessness, prostration, etc. Twitchings. Tic-convulsif. Spasmodic effects; hiccough,
yawning, chorea, writer's cramp, etc. Much pain. .................. **Always talking of her pains.**
Hot, aching eyes. Photophobia. Faceache, < if body gets cold. Cracks in angles of lips. Nervous
angina. **Cutting**; from bowels into thighs. Flatulent colic. Contracted abdomen. Diarrhoea
ceases, spasms set in. Cough, > cool air. One vertebra seems absent. Tightness of skin of
fingers. Pains in lower limbs, alternating sides. Irritable pulse. Tarry menses leaving a fast stain;
flowing at night.

Related: Colo. Dios.

**MAGNESIA SULFURICA**

**REGION:**
Intestines.
Urine.
Female sexual organs.

**WORSE:**
Morning on awaking.

**BETTER:**
Rubbing.
Walking.

Diarrhoea, with diuresis. Greenish urine; with red sediment. Profuse, dark, intermittent menses.
Much, thick leucorrhoea. As of a lump between shoulders. Back feels broken. Left arm and foot
fall asleep. Crawling in fingertips (l). Warts.

Related: Nat-s.
MANCINELLA VENENATA

REGION:
Surfaces: Mucous. Throat. Skin.
Mind.

WORSE:
Cold: Feet. Drinks.
Dampness.
Touch.
Puberty.
Climacteric.

Forgets her errand. Terror of insanity. Emptiness in head. Pain in vertex, < lying. Eyes, smart,
< closing lids; lids heavy and sore; dull ache behind. Photophobia. Face swelled; spotted;
herpes on lips. Profuse, foul saliva. Throat; cutting pains; < cold drinks. Diphtheria.
Colics or cough, < cold drinks. Ache behind sternum. Soles; biting vesicles on; desquamation;
large and soft.


MANGANUM METALLICUM

REGION:
INNER EAR.
Larynx and trachea.
LOWER LIMBS.
Heels.
Skin.

WORSE:
Varies with the weather.
Touch.
Cold.
Damp.
Night.
Speaking.
Feather bed.

BETTER:
Lying down.
Open air.
Very sensitive bones. **Painful, deep soreness; ears; bones; joints; skin.** **Diagonal pains.**

Pains extend to ears from other parts. Yellow-green, lumpy or bloody discharges. Catarrh. Infiltrated, glistening joints. **Festination.** Motor paralysis. .................... Weak and nervous. Headache, < straining at stool, etc. **Every-thing affects his ears** (Cann-s. Gel. Plan.). Blowing nose is painful. Pale, sickly, mask-like face. Anemia. **Flow of saliva,** with colic, paralysis, etc. Late or pale first menses. Raw, dry, larynx. Rough, hoarse voice; chronic, < A.M.; < expectorating a lump of mucus. Cough, < reading or laughing; > lying; with aphonia; laryngeal; of phthisis. Weak, uncertain legs. Inflamed ankles. Digging in shin bones. Rough, cracked (flexures) or bluish skin. Dry, hard ulcers. Sudden hot flushes. Pruritus of diabetes. Skin festers about joints.

**MARUM VERUM**

*(See Teucrium Marum)*

**MEDORRHINUM**

**REGION:**

Mind.

Nerves.

Mucous membranes.

Lymphatics.

**Cellular tissue:** Lungs. Pelvis. Small joints.

Spine.

Kidneys.

Left ovary.

**WORSE:**

Damp; cold.

Daytime.

3-4 A.M.

After urinating.

Touch.

Close room.

Before storms.

**BETTER:**

**LYING ON ABDOMEN.**

Bending backward.

Stretching out.

**Fresh air.**

Being fanned.

Uncovering.

**Hard rubbing.**

Seaside.

Dampness.

Sunset (Coca. Lil-t. Sele.).

**Stiff, puffy, achy, sore and rheumatic.** Dwarfish. **Many pains.** SYCOTIC TAINT, poor reaction. Joints feel loose. **Profuse, acrid discharges; causing itching** (Tell.). Fishy odors. Nephritis. Small, very sore aphthae, blisters, etc. **Burnings.** Burning at root of tongue. Formication; internal. **Numbness.** Tremor. Emaciation. Sour children. Offensiveness. Tumors. Loss of power in joints. .................... Memory weak, can't concentrate; forgets words, names; can't finish sentences. Mental confusion. Wild feeling. Meanness. Cruelty. **Things seem strange.** Tells it over again. **Hurried;** and anxious; and irritable; and sensitive. Forgetful; of

Follows: Rhus-t.

**MELILOTUS**

**REGION:**
**HEAD.**
Vaso-motor nerves.
Circulation.

**WORSE:**
**Climacteric.**
Walking.
Weather: **Changing.** Stormy. Rainy.

**BETTER:**
Bleeding.
Profuse urine.
Vinegar.

Raw feeling. **Congestions.** Bright red hæmorrhage; which >. ....................... Desires to escape. Rushes of blood to head. **VIOLENT, THROBBING HEADACHE,** threatens his reason; > nosebleed. **FIERY RED FACE.** Profuse nosebleed. Dry skin.

Related: Bell. Glo.

**MENYANTHES TRIFOLIATA**

**REGION:**
Circulation.
Motor nerves.
Vertex.

WORSE:
Walking.
Rest.
Malaria.
Ascending.
Quinine.

BETTER:
Hard pressure.
Twilight.
Laying on hands.


Related: Ver-a.

Mephit putorius

REGION:
Nerves.

WORSE:
Lying.
Night.
After menses.

BETTER:
Cold bath or weather.


Related: Coral. Mosch.

Mercurius corrosivus

REGION:
RECTUM.
Bladder.
Eyes.
Kidneys.
Bones (Flat).
WORSE:
AFTER: URINATING. STOOL. Swallowing.
Night.
Cold.
Autumn.
Hot days; cool nights.
Acids.


MERCURIUS CYANATUS

REGION:
MOUTH.
THROAT.
Larynx.
Glands.
Capillaries.
Nerves.

WORSE:
Swallowing.
Speaking.


Related: Lach.

MERCURIUS DULCIS

REGION:
Ears.
Eustachian tube.
Tonsils.
Liver.
Duodenum.
Bowels.
Mucous membranes.
Pleura.

WORSE:
Acids.

BETTER:
Cold drinks.


Related: Kali-m.

MERCURIUS IODATUS FLAVUS
(Proto-iodatus)

REGION:
THROAT; right.
Right side.
Glands.

WORSE:
Odors.
Raising up.
Warm drinks.
Lying on left side.

BETTER:
Open air.

Faint or dizzy on rising. Forehead aches. Cornea looks scratched or chipped. Dark circles under eyes. Swelling below r. eye (Arn.). Jaws tired from clenching during sleep. Teeth on edge, < heat, cold and sweets. Pyorrhoea. Moist, filmy coat on tongue or YELLOW AT BASE. Sorethroat (r. then l.); swelled tonsils; > cold drinks. Tonsilitis. Hawks lumps from posterior nares. Yellow leucorrhoea; of children. Heart, then head pains. Palpitation, with dyspnœa, < lying on back. Numb knees. Swollen glands; cervicals. Syphilis. Flat warts.

Related: Lyc. Merc.

MERCURIUS IODATUS RUBER
(Bi-iodatus)
REGION:
THROAT.
Glands.
Left side.
Cellular tissue.

WORSE:
Empty swallowing.
After sleep.


Related: Lach.

MERCURIUS PRÆCIPITATUS RUBER

REGION:
Mucous membranes.
Heart.
Skin.
Right side.

WORSE:
Falling to sleep.
Lying.


Related: Ars. Lach.

MERCURIUS SOLUBILIS

REGION:
BLOOD.
Mucous membranes.
GLANDS; Buccal. SALIVARY. TONSILS. THROAT. LYMPHATICS. Liver. Kidneys. MUCOUS.
GENITALS.
Cellular tissues.
Joints.
Right side.
Bones.
Skin.

WORSE:
NIGHT.
Night air.
SWEATING.
LYING ON RIGHT SIDE.
HEATED, IF; < bed or fire.
SENSITIVE TO: DRAFTS, to head. Changing, cloudy or cold damp weather. Taking cold.
Heat and cold.
Wet feet.
Firelight.

BETTER:
Moderate temperature.

Great variety of symptoms. Uncertain, tremulous, weak and sweaty. Swelling, redness; livid congestion. Continued exudation. Rawness. FREE SECRETIONS, thin, slimy, acrid, burning, foul or thick, green-yellow. Salty, lips, taste, expectoration, etc. Suppuration; bloody.

.................... Hurried; nervous. Stammering. Violent impulses (homicidal), etc. Restless and sweaty. Filthy in mind and body. Senses impending evil. Forgetful. As of a band about head. Headache with ear and tooth ache. Swelled, scurfy tarsi. Eyes draw together. Photophobia, < lamplight (Glo.). Musca volitantes. Arcus senilis. Pains into ears, from teeth, throat, etc. Deaf on becoming heated. Colds travel upward or attack eyes. Coryza; acrid; purulent; every autumn. Heavy nose. Red, raw, dirty nosed children. Face yellow; puffy under eyes. Swelled cheeks. Aching jaws. Mumps. Lips salty; cracked in r. angle. Painful, ragged, swelled, bleeding gums. Gumboil. Loose, hollow, black or aching teeth, < heat and cold; < night. MUCH SALIVA; flows during sleep; yellow; bloody; bad tasting. Aphthæ. METALLIC TASTE. Broad, flabby, INDENTED TONGUE. Itching palate. Enlarged tonsils. THROAT; SORE; as of an apple core, choke pear, or something hanging in; ulcer, pharyngeal, behind lingual tonsil; hawks large lumps from. Sore liver. Weak bowels; holds them. Swelled inguinals. STOOLS; painful; scanty; bloody; green slime; ashen white; acrid; then tenesmus or chill. Tenesmus recti, with tenesmus vesicæ. Urine causes itching. Urinates more than he drinks. Frequent, scanty urine; then burning. Swelled glans or foreskin. Red meatus. Genitals, inflamed; pulls at. Bloody emissions. Gonorrhœa. Collapse and fainting at start of menses. Thick, white leucorrhœa, when urinating. Cough; in double bouts; dry at night; yellow-green sputum, by day. Right lower chest. Mammary; pain below r. through to scapula; milk in, instead of menses, spoiled. Awakes with cardiac tremor. Respiration < lying on left side, but cough < lying on right side. Neck stiff; cervicals enlarged. Trembling limbs. Numb fingers. Cold sweat on feet in A.M. in bed. Phlegmasia dolens. Pain forward from right scapula. Cool heels. Skin yellow; tender; excoriated, like raw meat. Moist, crusty eruptions. Ulcers, irregular, spreading, shallow, bleeding; with cutting and proud flesh. Jaundice. Measles. Nightly bone pains; deep or near surface. Orgasms (to head and chest). Erethism and restlessness, < least exertion. Easily chilled or overheated. Alternate chill and heat. Creeping chills. Chilly within abscesses. Catarrhal fevers; after suppressions. EASY, PROFUSE SWEAT; without relief, with the pains; oily; foul; sour; stains; an indelible yellow; on head; on chest; at night. Must get up and walk about at night.

Complementary: Bell. Sil.
Related: Kali-io.
MEZEREUM

REGION:
SKIN.
Nerves or bones: Head. Face. Jaws.
Mucous membranes: Mouth. Stomach.
One side.

WORSE:
NIGHT.
Suppressions.
WARMTH OF BED, fire, etc.
Cold air; drafts; damp.
Motion.
Touch.
Mercury.
Vaccination.

BETTER:
Wrapping up (Nerves, Bones).
Eating.
Open air.


Complementary: Merc.

MILLEFOLIUM

REGION:
CAPILLARIES: LUNGS. Nose. Uterus.
WORSE:
Injury.
Violent exertion.

BETTER:
Bleeding.
Discharges.


Related: Arn. Led.

MOSCHUS

REGION:
NERVES: SENSORY. Genital.
Respiration.
Circulation.

WORSE:
Excitement.
Cold.
Suppressions; menses, etc.

BETTER:
Open air.
Burning heat, with restlessness.


MUREX PURPUREA

REGION:
FEMALE SEXUAL ORGANS.

WORSE:
Touch.
In sun.
Sitting.
Abortion.

BETTER:
Before menses.
Eating.


MURIATICUM ACIDUM

REGION:
BLOOD.
MUSCLES: HEART. ANUS.
MUCOUS MEMBRANES: Digestive tract. MOUTH.
TONGUE.
Brain.

WORSE:
Touch.
Wet weather.
Walking.
Cold drinks; bathing.
Sitting.
Human voice.

BETTER:
Motion.
Warmth.
Lying on L. side.

Sore, RESTLESS AND ERETHISTIC, but soon grows weak and very debilitated: wants to lie down; slides down in bed, eyes fall shut; lower jaw drops, etc. Muscle exhaustion. Bluish parts; tongue, piles, ulcers, etc. Tearing in limbs. BURNINGS. Dry, bleeding, cracked or deeply ulcerated parts. Thin, acrid, foul discharges. Decomposition. Violent haemorrhage. Bloody mucous membranes. Typhoid or scorbutic states ................. Introverted. Sad and taciturn.


MYGALE LASIODORA
REGION:
Nerves.

Chorea of upper parts. ................. Twitching facial muscles and head (Cic.).

MYRICA CERIFERA

REGION:
Liver.
Heart.

BETTER:
Open air.


Complementary: Dig. Kali-bi.
Related: Chel.

NAJA TRIPUDIANS

REGION:
Cerebellum.
Medulla.
NERVES; HEART (Mitral Valve). Respiration. Throat.

WORSE:
Lying on left side.
After: Sleep. Menses.
Air: Cold. Drafts.
Pressure of clothes.
Alcohol.

BETTER:
Riding in open air.
Sneezing.
Smoking.

Nervous, excited and tremulous; with cardiac effects; often reflex. Collapse. Sepsis. Many pains. Parts seem drawn together. Constrictions, throat, chest, etc. Insensible r. side.

................. Suicidal brooding. Shootings in head. As of a blow on occiput and neck. Vertex sensitive to cold. As of a lump in throat. PAIN FROM L. OVARY TO HEART. Suffocative choking: grasps the throat. Puffing breathing. Cardiac asthma or cough. HEART; weakness at; violent pain; shooting to l. scapula, shoulder or neck; cramp ascend into neck; holds hand over it; excited, tremendous action; palpitation, visible; hypertrophy; endocarditis, septic. Dry or empty in l. lung. Ribs feel broken. Cramps in shoulder, nape or thigh. Puffy or sweating hands and feet. Itching cicatrices. Pulse changes force. Internal heat, < chest. Sweat on lumbar back and ankles.
NATRUM CARBONICUM

REGION:
DIGESTION.
Nerves.
Skin.
Hands (Dorsæ).
Heels.

WORSE:
Periodically; Winter (Body), 5. A.M.
Music.
Mental exertion.
Onanism.
Dietetic errors.
Milk.
Drafts.
Thunder-storms.

BETTER:
Motion.
Rubbing.
Eating.
Sweating.

Irritable weakness. Puffy, relaxed, easily exhausted. Easy dislocation. Oversensitive; to open air, music, noise, dietetic errors, etc. Pains cause tremor, cold sweat, anxiety, etc.
Sweats easily.

Complementary: Sep.
Related: Lyc. Nat-m.

NATRUM MURIATICUM

REGION:
NUTRITION: Digestive tract. BRAIN. BLOOD. MUSCLES.
MIND.
HEART.
GLANDS: MUCUS. Spleen. Liver.
Skin.

**WORSE:**
- **PERIODICALLY:** 9-11 A.M. *With the sun.* After menses. Alternate days (Ars. Chin.).
- **HEAT:** Sun. Summer. Dampness.
- **Exertion:** eyes, mental.
- Violent emotions.
- **Sympathy.**
- **Puberty.**
- Quinine.
- Old malaria.
- Silver salts.

**BETTER:**
- Open air.
- Cool bathing.
- **Sweating.**
- Rest.
- Before breakfast.
- Deep breathing.

**Thin, thirsty, hopeless and poorly nourished.** Emaciation; descending; < neck or abdomen. Anæmia. DRYNESS; skin, mouth, **throat**, rectum, vagina, etc. **Numbness**; of one side; parts lain on; fingers. Tremulous. Easy exhaustion. **Parts seem short**, hangstrings, nape, etc. Not very sensitive to pain. Takes cold. Nervous erethism. **Thick white or clear acrid discharges.**

**Exact periodicity.** Malarial cachexia. ................. Hateful; detests consolation or a fuss. Inconsolable. Easily angered; < if consoled. **Sad, reserved**; company distresses. Hypochondria. Weeps bitterly. Boisterous grief. Scattered thoughts, or an idea clings, prevents sleep, inspires revenge, etc. Anxiety. Apprehension. Fears or **dreams of robbers.** Vertigo; as if falling, on closing eyes. Nodding motions. HEADACHES, hammering; heavy; bursting; maddening; over eyes; on vertex, **on awaking**; with partial numbness or disturbed vision; < reading; < motion, even of eyes; > pressure on eyes. Migraine. Falling hair. Eyes feel drawn together. **Lachrymation** on affected side (Spi.); on sneezing, coughing, etc. Plosis, on lying down. Vision blurred, wavering. Letters run together. Hemiopia, then headache. Can't read by artificial light. **Nose** stopped, high up; sneezing early in A.M.; alternate fluent and dry coryza; gushes of fluid; little ulcers in. Face; pale, muddy or greasy. HERPES ABOUT LIPS; or at edge of hair; pearly. Throbbing in lower jaw, < biting, < heat and cold. Exophthalmic goitre. Hawks much mucus; bitter. **TONGUE MAPPED; beaded or striped along edge.** Blunted taste and smell. Uvula hangs to one side. **Throat; a spot** is dry, sore, tickles, causes cough, etc.; glistens. **Thirst; drinks large quantities.** Hunger great, yet emaciates; without appetite. CRAVES SALT. **Averse to bread.** Burning eructations; after eating. Waterbrash. Epigastric pulsation. Anxiety in stomach, rises to head. Tense abdomen; < groins. Dry, hard, **crumbling stool**, tears anus or causes burning; coated with glassy mucus; on alternate days. Chronic diarrhoea. Constricted rectum. Herpes ani. Red urinary sediment. **Coition;** painful; averse to; then backache, weak legs, depression, etc. Suppressed gonorrhoea. Debilitating leucorrhoea, replaces menses. Cough; from tickling in epigastrium; with asthma or palpitation; < winter. Respiratory catarrhs, after suppressed sweats. **Heart; palpitation**, shaking body or alternates with beating in head; fluttering; weak; sore; < emotions, lying on (l) side, or motion. Sore neck muscles. Bruised backache, early in A.M.; < coughing, > lying on back, or pressure. Cracked finger-tips. Catch in knees. Hamstrings seem short or drawing in. Sobs during sleep. **Awakes feeling weak. Skin, oily;** dry, harsh, dirty, unhealthy or yellow; chaps or **herpetic eruptions,** < flexures or about knuckles. Coldness of many parts; hands, feet; heart. Morning chill, with thirst. Chilly, but < in sun. Sweat, cold, scanty; at edge of hair; on nose, on face, while eating (Cham.).

Related: Pul.
NATRUM PHOSPHORICUM

REGION:
Occiput.
Mucous glands.
Duodenum.
Bile-ducts.
Mesentery.
Genitals.

WORSE:
Sugar.
Children.
Milk.
Mental exertion.
Thunder-storms.
Gas-light.

BETTER:
Cold.

SOURNESS, eructations, vomitus, stomach, stools, leucorrhœa, expectoration, sweats, etc.
Acidity. Deep yellow discharges; matter from eyes, etc. Debility. Overfed children, with acidity. ..................... Mental weakness. Fear, < night. Itching; nose; about mouth and anus.


NATRUM SULFURICUM

REGION:
OCCIPUT.
Chest: Left (lower). Lower.
Left side.

WORSE:
Lying on left side.
Injuries; head.
Lifting.
Touch.
Pressure.
Late evening.
Wind.
Light.

BETTER:
Open air.
Change of position.
Sudden violent effects; in ailing patients. **Piercing pains**, at (l) short ribs; in (l) hip, < rising or sitting down; in heels. **Yellow, watery** secretions, stool, skin, vesicles, etc. Thick, yellow-green pus. **Fullness**. Sour, bilious and lithæmic. Rheumatic-hydrogenoid constitution. Sycosis.


Complementary: Ars. Thu.
NITRICUM ACIDUM

REGION:
Tubular organs.
Blood.
Skin.
Bones.
Joints.
Right side.

WORSE:
Motion.
Mercury.
Milk.
After eating.
COLD; air; dampness.
Night.
Evening.
Changing weather.
Heat of bed.
Mental exertion, or shock.

BETTER:
Gliding motions.
Riding.
Mild weather.
Steady pressure.

Exhausted, shivery, sensitive and sore. STICKINGS LIKE A SPLINTER, or ulcerative gnawing. DISCHARGES ACRID; thin, dirty or brown; cause redness or destroy hair. FOUL; ozóena, foot, or night sweats, etc. Malignancy. Phagedena. HÆMORRHAGE; easy; bright; of bloody water. Red, swelled or cracked orifices. Hard, gristly exudates. Dark, smooth mucous membranes. As of a band about or a weight hanging to part. Sore or stiff, during pains. Cracking; joints. Yellow brunettes, of spare habit. .................. Hateful. Profane. So angry, he trembles. Quarrelsome delirium; talks to spirits, in other tongues. Confusion. Thoughts vanish. Crushing head pains, < pressure of hat. Sore in skull. Puffs on scalp. Warm flowing over eyes. Conjunctiva pouts in spots. Spots on cornea. Deafness, > noise. Nose; red, scurfy tip; dark lumpy epistaxis; dripping, diphtheria of; cutting pains; caries of bones. Coryza, with shortness of breath. Yellow, sickly face. Peeling lips; raw, cracked or scabby in angles. Loose teeth. Gums flabby; sore; bleeding inner. Moist, fissured or mapped tongue (Flu-ac. Psor.). Salivation. Sore palate. As of a stick in throat. Craves fats. Stools tear anus, even if soft; then prolonged pain.
Painful piles. Itching, eczematous anus, or oozes moisture. URINE, strong as horse's; cold; alternately profuse and scanty. Cramp from kidney to bladder. As of a hot wire in urethra.


Skin, dry; eroded; cracks in every angle; coppery spots, on shin bones; itches on undressing. Crusts form and fall. Ulcers; rapid; raw; ragged; with proud flesh or plugs of pus. Stubby suppurating. Burrowing pus. Fistulæ. Cancer. Syphilis. Painful, broken chilblains. Painfully sore bones, < tibiae; caries. Pulse drops each 4th. beat. Jagged or soft warts (Stap. Thu.). Condylomata. Icy coldness; soles. SWEAT; easy, then takes cold; exhausting (urinous), mornings; in axillæ; on feet.

Complementary: Calc-c. Thu.
Follows: Kali-c.

NUX MOSCHATA

REGION:
SENSORIUM.
Mind.
NERVES.
FEMALE ORGANS.
Digestion.
Children and old women.

WORSE:
Pregnancy.
Change of seasons.
EMOTIONS.
Excitement.
MENSTRUATION.
Jar.
Bruises.
Slight causes.
Mental exertion or shock.

BETTER:
Moist heat.
Warm room.
Dry weather.

Narcotic effects and dryness. Little pain. OVERPOWERING DROWSINESS, with or caused by almost every condition; by day; < exertion; during menses; when flatulent; with dryness, yet NO THIRST; with coldness. Fleeting pains. Heaviness; of eyes, tongue, etc. Dark, heamorrhages. Scrawny women, who faint easily; < at stool or menses; laugh or cry by turns; have small breasts, etc. As of hard lumps in stomach, liver, throat, etc. Hysteria. Automatism. ................. Dreamy, clairvoyant state. Dazed; objects seem changed or to grow larger. Slow ideation. Thoughts suddenly vanish. Uses wrong words. Brain exhaustion. Talks loud. Mockery. Laughing. Jesting. Vertigo. Sense of levitation. Headache; in temples; > hard pressure. Cerebral congestion. Pale face. Retracted lips. Teeth feel pulled. Dry mouth and throat, without thirst; < sleep. Tongue sticks to palate. Thick, cottony saliva. Chalky taste. Loathing, when eating or thinking of food. Weak digestion. Enormous bloating; all food turns to gas. Flatulent colic. As of a board across hypogastrium. Stool difficult, although soft; putrid,


NUX VOMICA

REGION:
Cerebro-spinal axis.
NERVES.
DIGESTIVE ORGANS: STOMACH. LIVER. Bowels.
RESPIRATORY ORGANS.
Male brunettes.

WORSE:
EARLY MORNING.
COLD: OPEN AIR (Dry). Drafts. Seats. Wind. UNCOVERING.
Sedentary habits.
Overeating.
Disturbed sleep.

BETTER:
FREE DISCHARGES.
Naps (Kali-bi.).
Wrapping head.
Resting.
Hot drinks.
Milk.
Moist air.

VIOLENT VOMITING; bilious-sour. Food lies like a heavy knot in stomach. Gastric pains, into back; chest; > vomiting, etc. As of a band about waist; clothes oppress it. Indigestion. Liver
sore; sticking; enlarged. Gall-stone colic. Bowels gripe here and there. SORE BOWELS, < COUGHING OR STEPPING. Hernia; infantile. Flatulent colic. UNEASY, FITFUL AND FRUITLESS URGING FOR BOWELS TO ACT, > STOOL. Strains hard at stool. Inactive peristalsis. In rectum; retained flatus; as if more stool remained; spasm of. Obstipation. PILES; itching; > cool bathing. Sexual erethism. Onanism. Premature ejaculation. Menses profuse, early and protracted or intermittent; of dark, lumpy blood. Dysmenorrhœal cramps; spread over whole body. COUGH VIOLENT, throwing the patient down; paroxysmal; whooping. Painfully stiff neck; pains down (r) shoulder. Lumbar ache, as if breaking; MUST RAISE UP TO TURN OVER. Acute lumbago. Crawling along spine. Shooting from toes to thighs, < after stool. Tense cramps in calves and soles. Feet feel clubby and raw. Goose-skin. Jaundice. Yawning. Sleepy in evening or sleepless from rush of ideas. AWAKES TOO EARLY, CAN'T SLEEP AGAIN. Finally sleeps, but on waking feels miserable. Night-mare. Chill with thirst and heat without thirst. EASILY CHILLED; CAN'T UNCOVER, < motion; < drinking even during the heat. Sour sweat.


OCIMUM CANUM

REGION:
Ureters (R).

WORSE:
Scanty urine.


ŒNANTHE CROCATA

REGION:
CEREBRO-SPINAL AXIS.
Heart.

WORSE:
Injury.
Menstrual and sexual disturbances.


Related: Bell. Cic.

OLEANDER

REGION:
Digestive tract.
Skin.
Scalp.

**Nerves**: Cerebro-spinal. Motor.

**WORSE:**
- After suckling.
- Rubbing.
- Undressing.

**BETTER:**
- Looking sidewise.


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**OLEUM ANIMALE**

**REGION:**
- NERVES.
- Pneumo-gastric.
- Digestive organs.
- Here and there; in single spots or parts.
- Excretions.

**WORSE:**
- Cold.
- **Eating**.
- Suppressions.

**BETTER:**
- Rubbing.
- Pressure.
- Open air.


Related: Sul. Tell.
OLEUM JECORIS ASELLI

REGION:
Chest.
Liver.
Tendons.

WORSE:
Milk.
Cold damp.


Related: Pho.

ONOSMODIUM VIRGINIANUM

REGION:
MUSCLES AND nerves: Eyes. Occiput. FEMALE PELVIC ORGANS.
Spine.

WORSE:
Sprains: EYE STRAIN. Sexual excesses.
Darkness.
Tight clothes.
Warm.
Humid air.

BETTER:
Rest.
Sleep.
Eating.


Related: Cimi. Hyper. Lil-t. Rhus-t.

OPIUM

REGION:
MIND.
SENSES.
Lungs.
Respiration.
Digestive tract.

WORSE:
EMOTIONS.
FEAR.
Fright.
Joy.
Odors.
ALCOHOL.
Sleep.
Suppressed discharges.
Receding eruptions.
If heated.

BETTER:
Cold.
Uncovering.

Negative, torpid states; but little pain, secretion or reaction. Paralysis; painless; of brain, tongue, bowels, lungs, etc. Tremor. Twitchings: during sleep. Convulsions. Epilepsy, in sleep. Internal dryness. Hot, head; sweat; bed seems, hunts a cold place, etc. Stupid sleep, spasms, violent chills, etc., during. ................. PLACID; says nothing ails him. Dreamy.
Sluggish. Dull. Stupid. No will power. Lying. Fears; after fright. Delirium; with terror; alcoholic.
Wants to go home. Carphology. Cerebral congestion; intercurrent; apoplectic. Heavy occiput.
Visual hallucinations. Inactive pupils. Red, bulging, staring eyes. Dark, turgid, sweaty or hot red face or red and pale alternatly. Old look; after cholera infantum. Mouth twitches or hangs open.

Related: Arn. Nux-m.

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OSMIUM METALLICUM

REGION:
Respiratory tract.
Trachea.

WORSE:
Coughing.
Talking.


Related: Ars. Iod. Pho.

OXALICUM ACIDUM

REGION:
Digestive tract.
Navel.

Left side; Lung.

WORSE:
Thinking of it.
Cold.
Touch.
Shaving.
Mental exertion.

BETTER:
After stool.


Related: Ars. Pic-ac.
PÆONIA OFFICINALIS

REGION:
Anus.
Veins.
Skin.

WORSE:
STOOL.
Touch.
Night.
Motion.


PALLADIUM METALLICUM

REGION:
Uterus.
Right ovary.
Mind.

WORSE:
Emotions: Lively. Chagrin.
Social functions.
Standing.

BETTER:
Touch.
Pressure.
Diversion.
Rubbing.


PAREIRA BRAVA

REGION:
Genito-urinary organs.
Left side.

BETTER:
On hands and knees.
Must get on hands and knees to urinate; pains go into glans and thighs. Bursting feeling in bladder or glans. Dysuria. Urine contains thick, stringy, white mucus or red sand. Renal colic. Enlarged prostate.


PARIS QUADRIFOLIA

REGION:
Head.
Spine.
Eyes.
One side.

WORSE:
Thinking.
Eyestrain.
Touch.

BETTER:
Pressure.


Related: Bell. Nux-v.

PETROLEUM

REGION:
OCCIPUT.
Mucous membranes.
Stomach.
Bowels.

WORSE:
MOTION: CARS. CARRIAGE. BOAT.
Eating.
Vexation.
Cabbage.

BETTER:
Warm air.

Inflamed tarsi. Deafness. Moist spots behind ears. **Dryness** in ears, nose, throat, etc. Foul mucus in throat. Hunger, causing nausea; after stool. Aversion to meat. Gastric symptoms, > eating. **Nausea; sea and train sickness.** Abdomen inflated; coldness in. **Diarrhoea by day only** (Phyt.); < cabbage; then miserable emptiness. Involuntary urine on rising. Cough at night only or < then; shatters the head, > pressing temples. Cold air oppresses chest. Coldness at heart. Stiff or cracking joints. Limbs go to sleep. Ragged, **chapped hands and fingers;** bleeding; in house-maids. **SKIN; fragile; cracks deeply, < in angles, nipples, figer-tips or palms. Psoriasis palmaris. DIRTY, HARD, ROUGH, THICKENED SKIN; like parchment; it gets raw, festers or won't heal, < in folds. Brown spots. Eruptions having thick, hard, moist or yellow-green crusts; on occiput or genitals, < cold. Eczema. Herpes. Vesicles. **Itching;** orifices; with burning. Cold spots. Chilly, with dry mouth. Hot palms and soles. Sweat in spots; foul on feet or in axillae.


**PHELLANDRIUM AQUATICUM**

**REGION:**
Mucous membranes.  
Right side: Chest. Mammæ.  
Nerves.

**WORSE:**
Air; cold; open.  
Using eyes.

**BETTER:**
While nursing.

**Catarrhal symptoms.** Phthisis. .......................... **Clang, like striking on metal, in brain.**  
Everything tastes sweet. **Expectoration**; **terribly foul**; loose; profuse; smeary; causing dyspnœa. Pain in milk-ducts, into abdomen; on nursing. Pain from (l), border of (r), mamma, to between shoulders. Pains going backward through (r), chest. Sleepy.

Related: Asaf.

**PHOSPHORICUM ACIDUM**

**REGION:**
MIND.  
Nerves.  
Metabolism.  
Sexual system.  
Bones.

**WORSE:**
**DEBILITY from:** LOSS OF FLUIDS. **Sexual excesses. Fatigue.** Fevers. Convalescence.  
Drafts.  
Cold.  
Music.
Talking.

**BETTER:**

**Warmth.**

Short sleep.

Stooling.

WEAK OR DEBILITATED, with free secretions. **Slowness.** Pains go to part lain on. Bruised soreness; like growing pains. Sense of pressure. Formication; at roots of hair; **along spine,** limbs, etc. Loose joints. Grows too fast. ................... **Quiet.** Indifferent, APATHETIC, obtuse or torpid; with tendency to diarrhoea or sweatiness. Slow grasp. Can't collect his ideas; hunts for words. Poor memory. Dull despair. Averse to talking. Brain-fag. Mild delirium; easily aroused. Crushing weight on vertex. Early grayness. Falling hair. **Dull, sunken eyes with blue circles;** they feel pressed out. Eye-balls feel large. Pale, sickly face; white of egg seems **dried on it.** Bleeding gums. Slimy tongue. Craves juices. Sour stomach. PROFUSE, PAINLESS, DIRTY WHITE, WATERY or LIENTERIC STOOL; BUT LITTLE DEBILITY. **Thick, milky urine.**

**Polyuria.** Diabetes. Weak, relaxed genitals; suddenly during coitus. Pollutions. Takes colds; < draft on chest. Shaking cough. Twisting under xiphoid. Paralytic weakness along spine. Heavy fore-arms. Scraping bone-pains, at night. Clammy wrinkled skin. **Sleepy by day; but wakeful at night.** Cold parts; one side of face, abdomen, etc. Burning along spine; below waist; kidney region. Heat with sweat. **Profuse sweats;** < night; as a sequel. **Sluggish, painless fevers.**

Complementary: Chin.

Related: Gel.

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**PHOSPHORUS**

**REGION:**

CAVITIES: Head. LUNGS. Heart.

CIRCULATION: Blood. BLOOD-VESSELS. Arteries.

MUCOUS MEMBRANES: STOMACH. BOWELS. Lungs (lower).


**Bones:** Jaw; upper. Shin. Spine.

Liver.

**WORSE:**

LYING ON: LEFT or painful side. BACK.


COLD: HANDS (in water). Open air.

WARM INGESTA.

Salt.

Puberty.

Sexual excesses.


Morning and evening.

Mental fatigue.

**BETTER:**

Eating.

Sleep.

Cold: Food. Water; to face.

Rubbing (Magnetic).

Sitting up.

Active metabolism. Rapid growth. Insidious onset, gradually **increasing debility,** ending in severe or rapid disease (Tarn.). Recurring effects, colds, croup, bleedings, etc.

................. Amative, but excitable and easily irritated. Anxious; fears being alone, twilight, ghosts, thunder-storms, etc. Quickly prostrated by unpleasant impressions. Timid and irresolute. VERTIGO; accompanies many symptoms; floating; on waking; whirling; > stool. Head, heavy, aches over one eye; with hunger; < children; < lying on r. side; > cold. Burning in temple. Cold occiput. Larynx, raw, sore, furry; pains on speaking. Voice, low, hoarse, < evening; croupy, then bronchitis. Cough; hard, wheezing; dry; violent; painful; tickling; hacking; exhausting; with retching, burning in air-passages or trembling; < change of temperature, before strangers, laughing, exertion or singing. Expectoration; easy, bluish, rusty, salty, foamy or cold. Pneumonia; l. lower lung; secondary, with sopor. Chest full, heavy; stitches (l. upper); pains into throat or r. arm or alternating sides; rattling, < cold drinks.


Related: Caus. Con. Sil.
PHYSOSTIGMA VENENOSUM

REGION:
Spinal motor nerves.

Eyes.
Muscles.
Left side.

WORSE:
Change of temperature.

Eye strain.
Injury.
Bathing.
Heat and cold.
Descending.

BETTER:
Lying with head low (Ver-v.).
Exerting the will.


PHYTOLACCA DECANDRA

REGION:
Muscles.
Periosteum.
Kidneys.
Tongue (Root).  
Digestive tract.  
Right side.  

WORSE:  
Raising up.  
Motion.  
Swallowing.  
Hot drinks.  
Heat.  
Cold; Damp. Night.  
Change of weather.  

BETTER:  
Lying on abdomen.  
Cold drinks.  


Complementary: Sil.  

**PICRICUM ACIDUM**

REGION:  
Kidneys.  
Sexual organs.  

WORSE:  
Exertion; mental or physical.  
Seminal losses.  
Heat.  

BETTER:  
Rest.  
Cold.  
Bandaging.  
In sun.


PLANTAGO MAJOR

REGION:
Nerves: Ears. Teeth.
Kidneys and bladder.

WORSE:
Night.
Warm room.

BETTER:
Sleep.
Eating.

Sharp, shifting pains. Soreness. Neuralgia. As of a body between ears; in groins, etc.
....................... As if brain turned over. As of a hair before (l), eye. Pains center in ears and teeth or alternate between them. Earache. Saliva flows with the pains. Toothache. Dirty taste.


PLATINA

REGION:
FEMALE ORGANS.

WORSE:
TOUCH.
Nerve exhaustion.

BETTER:
Walking in cool air.
Sunshine.

A remedy of pains. For prim old maids. Oversensitive mind and nerves. Violent cramping, squeezing, thrusting or numbing pains, and then spasms. Neuralgia. Many and various ovarian or uterine reflexes. Irregular spasm, congestion of blood or coldness of single parts, eyes, ears, etc. Tremor. Alternate mental and physical or sexual symptoms. Numbness; scalp, face, coccyx, calves, etc. Bandaged feeling. Sticky; tears, stool, menses, etc. ..................... Laughs at wrong time. Unkind, abrupt and quarrelsome. Disordered sense of proportion; objects.


PLUMBUM METALLICUM

REGION:
Blood-vessels.
Blood.

WORSE:
Clear weather.
Open air.
Exertion.
Motion.
Company.
Grasping smooth objects.
Touch.

BETTER:
Hard pressure.
Rubbing.


Complementary: Rhus-t. Thallium.
PODOPHYLLUM PELTATUM

REGION:
Liver: Duodenum. Intestines.
RECTUM.

WORSE:
EARLY MORNING.
Eating.
Hot weather.
Dentition.
Drinking.
Motion.
Mercury.

BETTER:
Stroking liver.
Lying on abdomen.


Complementary: Nat-m.

POLYGONUM SAGITTATUM

REGION:
Genito-urinary organs.
Intestines.

WORSE:
Cold.
Dampness.

PRUNUS SPINOVA

REGION:
Bladder.

WORSE:
Stooping.
Ascending.


Related: Laur.

PSORINUM

REGION:
SKIN: FOLDS OF. Sebaceous glands.
EARS.
BOWELS.
Respiration.
Right side.

WORSE:
COLD: Open air. Washing.
Weather; stormy; changing.
Winter.
SUPPRESSIONS.
Yearly.
Contact of his own limbs.

BETTER:
Lying with head low, or quietly.
Eating.
Washing.
Nosebleed.
Hard pressure.
Profuse sweating.

FOUL: discharges; stools; eruptions; sweat; stubborn footsweat; odor of body. Thick secretions. Weak, tender and thin, easily chilled; takes cold; clothing seems large or he feels pushed down. Joints seem loose. HUNGRY or unusually well BEFORE AN ATTACK; but
debilitated and reacts badly, and chronicity threatens. Wants to wash parts. 


ROBINIA PSEUDO-ACACIA

REGION:
Secretions.
Stomach.

WORSE:
Eating.
Night.
Fats.

Acridity; sour taste; sour stomach; acid belching; vomitus so sour it sets the teeth on edge or dulls them. Acid dyspepsia. Waterbrash. Burning in stomach and between scapulæ. Squeezing in stomach. Sick headache.

Related: Iris. Mag-c.

RUMEX CRISPUS

REGION:
Mucous membranes: Larynx. Trachea. THROAT-PIT. Bowels.
Nerves.
Skin.
Left side; chest.
Joints.
Ankles.

WORSE:
COOL AIR: INHALING. Open air. Raw changes.
Uncovering.
Night.
Pressure; on trachea.

BETTER:
Covering mouth.
Wrapping up.

Dry, sensitive mucous membranes. Stickiness, with burning. Every cold affects the joints. Sharp pains; neuralgias, etc. Obesity. ....................... Eyes burn, indoors; puffed in A.M. Dry posterior nares. Sneezing attacks. Sodden complexion. Hawks out much tenacious mucus. Throat feels hollow. Ravenous appetite. Borborygmi. Sudden, profuse, foul, early morning diarrhœa (5-9 A.M.); after catarrh; in phthisis. Respiration < wind. Suffocative choking. Dyspnœa, on retiring. EVERY BREATH OF COLD AIR CAUSES TICKLING, as from a feather or dust, IN THROAT-PIT, AND CONTINUOUS COUGH; > closing or covering mouth or head. Profuse, frothy expectoration. Pain from r. ovary to back. Pain, rawness or burning under clavicle (l); as if the air penetrated there. Chest sore. Pain under sternum; under l. nipple. Heart seems impeded, then heavy pulsation through chest. Pain in l. shoulder on coughing or
raising arm. **Right scapula.** Spasmodic cramps in ankles and feet. Skin itches if exposed to air. Acne vulgaris on back. Sudden sleepiness.

**Related:** Caus. Seneg.

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**RUTA GRAVEOLENS**

**REGION:**
- **Fibrous tissues:** EYES. Flexor tendons. Joints. Wrists and ankles. Back (lumbar).
- Cartilages.
- Periosteum.
- Uterus.
- Skin.

**WORSE:**
- **Over-exertion:** EYE-STRAIN. Injury. Sprains.
- **COLD:** Air. Wind. Damp. Wet.
- **LYING.**
- **SITTING.**
- **Pressure on an edge.**

**BETTER:**
- Lying on back.
- Warmth.
- Motion.

**BRUISED, SORE ACHING AND RESTLESSNESS.** **Painful weariness.** **Heaviness;** as of a weight in forehead or hanging to feet; of lower limbs. **As of a rough, blunt plug in part;** head, nose, etc. Nodes. **Paralytic rigidity.** Distortions. Rheumatism. **Gnawing-burning.** Neuralgia. ....................... **Dissatisfied.** Fretful. Itching inner canthi. Eyes burn. Lachrymation. **Dim vision.** Woody taste. Swelled spleen. Urging to stool, but only **rectum prolapses;** < after labor, stooping, etc. Corrosive leucorrhœa. Weak, bruised feeling in small of back, hips or lower limbs in A.M. Nodes in palms. Stumbles easily. Lumbago. Deep pains. **Thighs feel broken.** Pains as if deep in long bones; must walk about. **Bursæ.** Erosive itching. **Chafing.** Flat warts. Contractions. Brittle bones. Cracking joints, < walking in open air. Ganglion. Glowing heat of face, skin, etc.

**Complementary:** **Calc-p.**
**Related:** Arn. Phyt. Ran-sc. Symp.

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**SABADILLA OFFICINARUM**

**REGION:**
- **MUCOUS MEMBRANES:** NOSE. ANUS. Digestive tract.
- **NERVES.**
- **Lachrymal glands.**
- **Throat.**

**WORSE:**
- **COLD:** air; drinks.
- **PERIODICALLY: Same hour.** Forenoon. New and full moon. Odors.
- Undeveloped exanthema.
**SABAL SERRULATA**

**REGION:**

**WORSE:**


Related: Sep. Sil.

**SABINA**

**REGION:**

**WORSE:**
**BETTER:**
Cold. Cool, open air.

Hot, full-blooded females; with rheumatic or gouty-hæmorrhagic tendency, epistaxis, heamaturia, etc. Violent pulsations. Fulness. Red, shiny swelling. Acutely inflamed arthritic nodes. .................... Music is unbearable. **Bursting toothache.** Craves lemonade. Abdomen plethoric; quivering, as if alive in. Piles, alternate with pains in limbs. **Itching, excited genitals.**

**PAIN FROM LUMBAR REGION FORWARD TO PUBES** or reverse; or **shooting up vagina.**

Complementary: Thu.
Related: Caul. Pul.

**SAMBUCCUS NIGRA**

**REGION:**
Respiratory organs.
Respiration.
Kidneys.
Skin.

**WORSE:**
Dry, cold air.
Cold drinks, while heated.
Head low.

**BETTER:**
Pressure over a sharp edge.
Motion.
Wrapping up.


Related: Bell. Brom.

**SANGUINARIA CANADENSIS**

**REGION:**
VASO-MOTORS.
Capillaries.
Mucous membranes.
Stomach.

**WORSE:**
**Periodically:** WITH SUN. Weekly. Night.
Climaxis.
Odors.
Jar.
Light.
Raising arms.
Looking up.

**BETTER:**
SLEEP.
Lying on back.
Vomiting.
Cool air.
Passing flatus.

Redness; abdominal; tongue, etc. BURNING HEAT AND EBULLITIONS. Dry mucous membranes. Burnt feeling; tongue. **Burning;** in throat; under sternum; spot or stitches in chest; **palms and soles,** etc. General pulsation. Congestion; to head, abdomen, chest, etc.


**SANICULA AQUA**

**REGION:**
Nutrition.
Female organs.
Neck.
Rectum.
Skin.

**WORSE:**
Motion: Downward. **Of hands behind him.**
Cold wind on; Occiput or neck.

SARSAPARILLA

REGION:
Genito-urinary organs.
Skin.
Right side; lower.

WORSE:
At close of micturition.
Spring.
Cold wet.
Mercury.
Night.
Suppressed gonorrhœa.
Yawning.

BETTER:
Uncovering neck or chest.
Standing.


Antidotes: Bell. Merc.
Complementary: Sep.
Related: Calc-c. Petr.

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SCILLA MARITIMA

REGION:
MEMBRANES: MUCOUS  Serous.
Kidneys.
Heart.
Spleen.

WORSE:
Early morning.
Motion.
Uncovering.
Old people.


Complementary: Ant-c.
Related: Ars.

SCOPARIUS GENISTA
(See Genista Scoparia)

SCUTELLARIA LATERIFLORA

High strung neurotic women. Sleepless from nervous excitement.

SECALE CORNUTUM

REGION:
Muscles: BLOOD-VESSELS. UTERUS.
BLOOD.
Nerves.
Cord.
Limbs.

WORSE:
WARMTH.
During menses.
Pregnancy.
Loss of fluids.
COVERS.

**BETTER:**
Cold; bathing.
Uncovering.
Rocking.
**Forcible extension.**

Dusky, scrawny and **heamorrhagic.** **Numbness,** insufferable **tingling,** **crawling,** **twitching,** gnawing or **cramping;** with stiffness; in single parts; starting in face or back; in limbs; in fingertips; after the pains, etc. **Burnings;** here and there, like fire. **Dark, thin,** **foul or exhausting discharges.** Decomposition. Petechiae. Varicoses. Passive bleedings or discharges. Contracted arterioles. Tonic spasm. .................... Mental weakness after spasms. **Fear,** depressed by; **maniacal.** Sparks before eyes. Distorted or sunken countenance; blue rings under eyes. Wild look. **Thirst;** craves acids. Empty retching. Empty feeling in hypogastrium. **Wants abdomen uncovered.** Gushing, painless, watery, olive-green or bloody stools; with collapse. Bloody urine. Everything seems loose and open. Senile enuresis. Inert uterus, or **bearing down with coldness.** Contracted uterus; hour-glass contraction.


**Antidote:** Solan-n.
**Related:** Nux-m. Ust.

**SELENIUM METALLICUM**

**REGION:**

**Nerves:** GENITO-URINARY ORGANS. Supra-orbital (L).
LARYNX.
Liver.

**WORSE:**
**Debilitating causes:** **Hot days.** Sexual excesses. Loss of sleep.
Singing.
Drafts.
After sleep.
Tea.
Lemonade.

**BETTER:**
After sunset.
Inhaling cool air.

**Easily debilitated;** by heat of sun; a little mental or physical exertion makes him sleepy. Senility. **Emaciation;** of single parts, face, hands, etc. Cramp, then stiffness. Bitings. ....................
Loquacity. Sadness. Frets when awake and dreams of it as he falls asleep. Nervous headaches. Scalp feels gathered together. Falling hair, < eyebrows; don't want hair touched. Ache over l.
eye; < tea. Coryza, ending in diarrhoea. Thirstless. Craves stimulants, tea, etc. Sharp stitches in or rash over liver. Abdominal pulsation; hinders sleep. Very large stools. Coarse sand in urine. Lascivious, but impotent. Urine and semen dribble. Easy loss of semen; at stool, etc. Watery semen. Chronic gleet. VOICE HOARSE, as soon as he sings; affected by every cold; rattles. Nodes in vocal cords. Hawks up clear mucus. Sudden sciatic pains (l), leave soreness behind. Oily skin; itches in folds or about ankles. Skin remains moist after scratching. Burning spots. Acne. Imagines drafts of air. Sweat, profuse, yellow; leaves a salty deposit, stiffens the linen or makes the hair stiff and wiry; < genitals.

Related: Nat-m. Sul.

**SENECIO AUREUS**

**REGION:**
**FEMALE:** GENITO-URINARY ORGANS. Bladder. MUCOUS GLANDS. Nose. Lungs. Lumbar spine.

**WORSE:**

**BETTER:**

**SENEGAL**

**REGION:**

**WORSE:**
Air: Open. Wind. Inhaling cold. Rest.
Pressure.
Touch.
Looking fixedly.

**BETTER:**
Motion; in open air.
Bending head back.


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**SEPIA OFFICINALIS**

**REGION:**

Venous circulation: Digestive tract. Portal system. FEMALE PELVIC ORGANS.
Nerves.
Skin.

**WORSE:**
COLD: AIR; North wind. Wet. Snowy.
Sexual excesses.
Before menses.
Pregnancy.
Abortion.
Morning and evening.
After first sleep.

**BETTER:**
VIOLENT MOTION.
Warmth.
Cold drinks.

Draggy, relaxed females -lithæmic, plethoric, - subject to prolapses or easy dislocations. Uterine reflexes. Symptoms settle in back; shoot up, < rectum, vagina, etc.; backward, head (l), ileo-caecal region, ovary, etc., or cause shuddering. AS OF A LUMP or a rolling over internally. Weak, empty, hollow feeling; in epigastrium, chest, muscles, lumbar back, hips, knees, etc., or fulness. Milky discharges. Bleedings. ....................... Angry, sensitive and irritable and miserable. Sensitive to pain. Anxious fear; over trifles. Averse, to one's own; to sympathy; to company; yet dreads solitude. Stifled affections. Poor memory. Sad irritability, alternating with indifference or sulkiness. Sexually minded. Sad over her health and domestic affairs. Indifference. Stupid, wants to go away. Headache; over l. eye; alternate sides of occiput; < lying on it; heavy on vertex; shootings; bursting. Hemicrania. Jerks head back and forth. Drooping eyelids. Red, itching tarsi. Falling out feeling in eyes. Sees motes, flashes, zigzags, photopsies; then collapse. Odors are repulsive. NOSE; BROWN STRIPE ACROSS (Menis.); pressive pain at root; foul plugs or green crusts from. Dark circles under eyes. Changing of color of face. Chloasma. Numb malar bones. Swollen, cracked lower lip. Mouth feels burnt. Hawks
mucus or foul, cheesy grains in A.M. Taste cheesy, fishy or bitter-sour. Ascending throat colds. Eructates tough, foamy mucus. **Nausea** at tought or **smell of food**; in A.M. **Vomits**; solids only; milky. Gnawing hunger. Craves acids. FAINT SINKING AT EPIGASTRIUM, not > eating, or a lump in. Gripping in gall-bladder, < stooping. Falling out or heavy **bearing down feeling in hypogastrium**; holds it or crosses legs. Pot belly. Stool, then gelatinous mucus. **Diarrhoea**, from boiled milk. Rectum constricted and powerless; no urging for days. Obstipation. **As of a ball in anus**. Piles, prolapsing; sticking; of pregnancy. Oozing from anus. Slow urination; cutting before. Enuresis, during first sleep; < coughing, sneezing, etc. **THICK, FOUL URINE**; ADHERENT, RED, SANDY SEDIMENT, or white, gritty. Menses absent; at puberty; after weaning, etc. Grasping, burning or sticking in uterus (os). Sub-involution. **WEAK, DRAGGING OR BEARING DOWN FEELING**; must sit close or hold parts. Tends to abort. Labia swelled; abscessed. Leucorrhœa; in large lumps; foul; gonorrhœal. Stomach cough; < rapid change of temperature; with foul sputum. **Circulation, irregular**; seems to stagnate. Palpitation; visible; ascends to occiput. General pulsation. Ebullitions at night. Overful blood-vessels. Collar feels tight. **Aching**; inter-scapular; LUMBAR-paralytic-wants it pressed. Purple hands. Cold knees or heels. **Skin blotched**; raw, rough, hard or cracked, < flexures. Herpes. Ringworm. Itching vesicules. Boils in axillæ. Thick crust on elbows. Ulcers, on small joints. Epithelioma of eyelids, lips, etc. Skin; wine colored. Spots on the skin. Loud talking in sleep. Dreams if lies on l. side. Easily chilled. Chilly, with air-hunger. **Cold; in spots; on vertex; between scapulae; feet, in bed.** Sudden weakness; then anxious, hot flushes. Hot hands, with cold feet or vice versa. **Sweat, easy;** with orgasms; on genitals, axillæ or back. Irregular fevers.

Complementary: Nat-m. Pho.

**SILICA**

**REGION:**
NUTRITION.
Children.
NERVES.
GLANDS.
Tubes: Eustachian. Tear ducts, etc. Fistulæ.
Bones.
Cartilage.
Mucous membranes.
Skin.

**WORSE:**
Change of moon.
Night.
Mental exertion.
Alcohol.

**BETTER:**
WARM: WRAPS; to head. Becoming.
Profuse urination.

Cachectic or senile patients. Large head, with wasted body. Fair, clear complexion. KEENLY SENSITIVE; to noise, pain or cold; hugs the stove. Violent sticking pains; localized; in ears, throat, ulcers, etc. Exaggerated reflexes. Contracted sphincters. Spasms. Tendency to easy exhaustion, abnormal sweats and suppuration. Cerebral softening (Phos.). Slow, incomplete processes, then induration. EVERY HURT FESTERS; stubborn suppuration; fistulæ;
abscess; proud flesh; induration; cicatrices, etc. Torpid cellular tissue. Mal-nutrition. Arrested development. Late learning to walk. Swelled, diseased glands. Emaciation. Scrophulo-rachitic diathesis. Parts lain on go to sleep. Óedema in A.M. Extrudes foreign bodies. ..................

Follows: Calc-c. or Hepar.

SOLIDAGO VIRGA AUREA

REGION:
KIDNEYS.
Digestive tract.
Lower limbs.
Blood.

WORSE:
Pressure.

BETTER:
Profuse urine.

Weak; easily takes cold. Hæmorrhage. Kidney disfunctions; chronic nephritis; uræmic asthma. ...................... Bitter taste. Profuse, involuntary, mucous stools. Difficult, dark and scanty or clear, stinking urine. KIDNEYS, sore or tender over; ache; feel distended. Nephritis; chronic. Cystitis. Prostatitis. Lumbar ache; makes her sick all over. Petechiae on lower limbs (Agava); with œdema. Gangrene; diabetic. Eczema; < suppressed urine.

SPIGELIA ANTHELMIA

REGION:
NERVES; TRIFACIAL. HEART. Neck.
Fibrous tissue.
EYES.
Teeth.
LEFT SIDE.

WORSE:
TOUCH.
MOTION.
Jar.
Periodically; with the sun.
Tobacco.
Coition.
Raising arms.

BETTER:
Lying on R. side, with head high.

**Combined heart and eye symptoms**, or the latter as an accompaniment. **PAIN**; in **violent attacks**; radiating from l. occiput to over l. eye; < stooping. Neuralgia. Sun pains. Vertigo; **feet feel higher than the head. Shudders**; if touched or bruised. .................... Stammering. Fears pointed things. Left supra-orbital or occipital pain; boring. **EYES**: sore, drawing ache; sunken; feel large; red; flowing tears on affected side; squinting; yellow rings about. Post-nasal dropping. **Fetor oris. Toothache. Ravenous hunger. Pains about navel; in children. Mucus lumps in stools. Worms. Dyspnœa, < moving arms. **HEART**; violent, audible PALPITATION, attending other symptoms; violent sticking, or compressive pains radiating to throat, arm or scapula, < least motion; or bending double; soreness; purring; crackling. Cardiac angina, etc. Neck stiff; pains into l. temple or from l. shoulder into neck. Cutting about l. scapula. Numb l. arm. Weak, tremulous or irregular pulse. Pulsation in patellæ.

Follows: Aco.
Complementary: Spo.
Related: Cact.
SPONGIA TOSTA

REGION:
HEART; valves.
Larynx.
Trachea.
Glands.

WORSE:
DRY, COLD Wind.
Roused from sleep.
Exertion.
Raising arms.
Before 12 P.M.

BETTER:
Lying with head low.
Eating a little.

FLABBY. Weak and heavy. Feels stuffed up. Orgasms. Hard swellings; glands (ductless).

.................... Terrified, anxious look. Eyes seem to protrude. Sorethroat, < sweets. Painfully swelled spermatic cord and testes; stitches in; squeezing in. Hard testes. Noisy, whistling inspiration on falling to sleep. SUFFOCATION; as from a plug, leaf or valve in larynx; waking him; with violent, painful palpitation and blue lips; with heavy sweat. Anxious, gasping breathing. HOLLOW BARKING, CROWING, SAWING OR TIGHT CROUPY COUGH; wakes child; then burning in chest; < cold drinks or excitement; > eating. Voice gives out. Croup; sudden. HOARSENESS. Larynx pains, < touch, singing, talking or swallowing; he grasps it. Diphtheria. Neck; as if a cord about. Choking on falling to sleep. Goitre. Fulness in chest. Apical phthisis. HEART; surgings mount up to neck, head and face; with closure of eyelids and tears. Palpitation. Goitre-heart. Valvular disease. Numb fingertips or lower half of body. Awakes in anxiety. Heat; in spells, with anxiety and cardiac pain, would rather die; and sudden weakness after walking in open air, he must lie down; with cold, moist thighs; < thinking of it.

Follows: Cact.
Related: Iod. Led.

STANNUM METALLICUM

REGION:
NERVES.
MUCOUS MEMBRANES.
CHEST.
FEMALE ORGANS.

WORSE:
Using voice.
Cold.
10 A.M.
Ascending steps.

BETTER:
Rapid motion.
Hard pressure; over an edge.
Expectoration.

Repeated short attacks. EXTREME WEAKNESS; < IN CHEST; in throat, stomach, upper arms and thighs; drops into a chair; can't even talk; trembles on moving. Paralytic heaviness.


Anxious, nervous and sad; < before menses. Weak and miserable, and discouraged.
Pressive, stupefying headache. Pale face, with sunken eyes. Malar neuralgia. Faceache.
Hectic. Debilitating, musty sweat at 4 A.M. Night-sweats.

Related: Lach. Nat-m.

STAPHYSAGRIA

REGION:
NERVES.
TEETH.
Genito-urinary organs.
Glands.
Right deltoid.

WORSE:
Sexual excesses.
Onanism.
Touch.
Cold drinks.
Lacerations.
Stretching parts.
Mercury.
Night.

BETTER:
Warmth.
Rest.
Break-fast.

Nervous tembling. Squeezing or stinging smarting, as if cut. Pains that move into teeth.
........................ Morbidly sensitive; easily offended. Always angry. Gloomy and petulant; throws


**STICTA PULMONARIA**

**REGION:**
- Nerves.
- Shoulder (R).

**WORSE:**
- Night.
- Lying down.
- Motion.
- Change of temperature.

**BETTER:**
- Free discharges.
- Open air.


**STRAMONIUM**

**REGION:**
- BRAIN.
- Circulation: Throat. Skin.

WORSE:
Glistening objects.
Fright.
AFTER SLEEP.
Dark, cloudy days.
Suppression.
Intemperance.

BETTER:
LIGHT.
Company.
Warmth.

A remedy of TERRORS, BUT LACKING IN PAIN; with suppressed excretions (Ver-a.), passing neither urine nor stool (Led.), Very mobile states. Tremor; nervous. Disorderly, graceful or rhythmic motions (Elap.), < head or arms. Chorea. Spasms, < night. .................
DREADS DARKNESS, and has a horror of glistening objects. Fearful, desires company or wants to escape. Active, variable delirium; talks incessantly; sees many, vividly brilliant or hideous phantoms, more to one side. Wildly excited, as in night terrors or delirium tremens, or does all sorts of crazy things. Raving mania, with cold sweat, cursing and praying. Religious insanity. The talk of others is intolerable. Self accusation. Loss of reason or speech. Stupid. Imbecile. Vertigo, < in dark. Jerks head up and drops it again. Fixed sparkling stare. Squint.


STRONTIUM CARBONICUM

REGION:
Marrow.
 Ankles.
 Right side.

WORSE:
COLD; changes.
Uncovering.
Walking.
Sprains.
Bleedings.
Evening.

BETTER:
Itching.


Related: Calc-c. Rhus-t.

**STROPHANTHUS HISPIDUS**

**REGION:**
- HEART; circulation.
- Stomach.
- Kidneys.

**WORSE:**
- Exertion.
- Alcohol.
- Tobacco.
- Tea.


**SULFUR**

**REGION:**
- NUTRITIVE ORGANS.
- MEMBRANES: Mucous. Serous.
- Rectum.
- Chest.
- SKIN; folds.
- VERTEX.
- SOLES.
- Joints.
- Glands.
WORSE:
SUPPRESSIONS.
BATHING.
Milk.
HEATED: EXERTION. IN BED, by woolens, etc.
Atmospheric changes.
Speaking.
Periodically: 11 A.M. Climacteric. Full moon (Cina. Sil.).

BETTER:
Open air.
Motion.
Warm applications.
Sweating.
Dry heat.

STOOPED, LANK, UNCURED, UNTIDY AND UNWASHED. Emaciation; with good appetite.
Atrophy of children. Psora. Scrofula. Rheumatism. DEFICIENT REACTION; effusion; deposits;
slow reabsorption. CHRONICITY. RED ORIFICES, or single parts; lips, tarsi, ears, etc. (Alo.).
LOCAL THROBBING, BURNING OR CONGESTION; SOLES; VERTEX; bones; painful spots,
etc. ITCHING; parts; discharges cause, etc. Foul, acrid or blood streaked discharges. Weak,
faint spells. Empty, overful, rough or asleep feeling. ASCENDING EFFECTS; heats, orgasms,
vertigo, etc. .................... Slow, lazy, hungry, and always tired. Hopeful dreamers; ecstatic,
religious, philosophic, etc. Peevish, mean, prying or easily excited. Melancholic. Tired of life.
Vertigo; in forehead. VERTEX, throbs, hot, heavy, sore, etc. Nape to vertex; pain, chills,
pressure, etc. As of a band about or pain deep in brain. Sunday headache; preceded by
photopsies. Hot head, with cold feet. Sweaty scalp. Dry, cold hair. Eyes; burn; cutting, as from
sand; bursting in balls; quivering. Halo about light. As of floating soot before. Photophobia.
Ophthalmia. Swashing in ears. Nose obstructed on alternate sides; drips; swelled; red, < cold.
Catarrhal colds. Epistaxis, < night or lying on r.side. Sensitive smell. Imaginary odors. Swelled
veins of forehead. OLD LOOK. Spotted face. Dry, tremulous tongue; red edges and tip.
Sensitive dental fangs. Grinds teeth. Nursing sore mouth. Throat; as of a swelling or a vapor
rising in; external redness. Eruptions, like bad eggs, > eating. Drinks much, eats little.
Averse to meat. SUDDENLY HUNGRY AND WEAK; < 11 A.M.; at epigastrium. ABDOMEN
SORE, > pressure; heavy, as of a lump; stitches; bearing down, against rectum; congested.
Borborygmi. Colicky babies. RECTUM pains; itches; urging in; hæmorrhoidal habitus. Holds
stool back from pain. DIARRHŒA; HURRIED, EARLY MORNING (Tub.), changing; mushy;
stinking; painless; watery; gray froth; < milk; alternating with constipation. Burning, itching
Burning, itching, sore vulva; < sitting. Puerperal sepsis. Acid, foul menses. SUCCUS
HUNGRIER. Irregular breathing. Cough; violent, in 2 or 3 incomplete bouts. Deep, hoarse voice;
early. Chest; rattling and heat at 11 A.M.; of a band about or a load on; red; brown spots on.
Pain backward from l. nipple. Pneumonia. Heart seems too big. Palpitation, < lying. Nipples
crack at base. Sharp burning in mammæ. Neck weak; boils on. Heavy shoulders. Aching
between scapulae. Lumbar pains; to stomach; walks bent; supports weight on hands, when
sitting. Coccyx, pains during stools. Numb l. arm, < lying. Palms crack and peel; eczema on;
warts on. Numb fingers (r). Tense hamstrings (!). Cramp in calf (!). SOLES BURN; STICKS
FEET OUT OF BED, AT NIGHT or are cold in bed; dry. Jerks one limb, on dropping to sleep.
SKIN; dry: rough, wrinkled, scaly; ITCHING, violently at night; BREAKS OUT; festers, and
won't heal; burning, when scratched; painfully sensitive to air, wind, washing, etc. Eruptions
alternate with other complaints, asthma, etc. Crops of boils. Itch. Creeping erysipelas.
Rhabdades, Eczema, Ulcers. Skin under-nourished. Suppuration with air bubbles. Localised
congestions. Hot vertex and soles. Inclined to uncover single parts. Craves fresh air. Drowsy,
then migraine. Sleeps in cat naps. Sleepy by day, wakeful at night. Sleep; unrefreshing; sings
during. Chills up back. Heat; feels too hot; flushes of, with general throbbing; between
scapulae. Sweat; in axillæ; on hands or feet.

SULFURICUM ACIDUM

REGION:
DIGESTIVE TRACT.
blood.
Blood-vessels.
Left side.

WORSE:
Open air.
Cold.
Spirits.
Injuries.
ODOR OF COFFEE.
Climacteric.
Toward evening.
Excessive heat or cold.

BETTER:
Hot drinks.
Hands near head.
Moderate temperature.


SULFUR IODATUM

REGION:
Tissues.
Skin.
Glands.
Right side.

WORSE:
Exertion; slight.
Heat.
Lying on R. side.
Before storms.
Night.

**BETTER:**
Cool air.
Standing.


Follows: Sulphur.
THYROIDINUM

REGION:
HEART.
Central nervous system.
Right side.
Skin.

WORSE:
Least: Cold. Exertion.

BETTER:
Lying on abdomen.

Splinter stuck across throat. Cutting in liver, < deep breathing. Rolling flatulence with gurgling, then a loose, gassy stool. Bearing or aching down thro' pelvis, into anterior thighs. Gnawing in uterus. Cough on entering a warm room from cool air. Heart; palpitation, hammering; beat felt in ears; pains, radiating into axillæ; clutching, causing short breath. As if blood were rushing downward through body. Hypertrophy; after hard labor. Numb l. finger, then r. leg. Large veins on arms and hands. Very dry skin. As of a cold wind blowing on body. Icy cold l. hand. Cold clammy hands. Hot flushes, then chills, or drenching sweats (Amy-n.). Oily, musty sweat.


TILIA EUROPÆA

REGION:
Muscles.
Female genitals.
Urinary organs.

WORSE:
SWEATING.
Drafts.
After sleep.


TRILLIUM PENDULUM

REGION:
FEMALE SEXUAL ORGANS.

WORSE:
Motion.
Climaxis.

BETTER:
Exertion in open air.
Tight bandage.
Bending forward.

Hæmorrhage; gushing. .................... As if eyes would fall out, the bones of hips, back or thighs be forced apart, etc.; with faintness and sinking at stomach. Menses every two weeks. Bleeding fibroids. Menorrhagia. Varices of pregnancy.

Complementary: Calc-p.
Related: Sabi.

TUBERCULINUM

REGION:
LUNGS.
Mind.
Head.
Occiput.
Glands.
Larynx.

WORSE:
CLOSE ROOM.
Motion.
Exertion.
Weather: DAMP (cold); changing.
Draft.
Awaking.
Noise.
Mental excitement.
Thinking of it.
Pressure of waistband.

BETTER:
Cool wind; open air.


URTICA URENS

REGION:
MAMMÆ.
Genito-urinary organs.
Liver.
Spleen.

WORSE:
Cool: Moist air. Bathing.
Yearly.
Burns.
Stings.
Snow air (Sep.).


USTILAGO MAIDIS

REGION:
Female sexual organs.

WORSE:
Climacteric.
Touch.
Motion.

Tumid tissues, tending to bleed slowly. Dark hæmorrhage. As of a knot; in throat, bowels, uterus, etc. Depression. Loss of hair and nails. Sticky secretion matting the hair. Milk crust. Masturbation. Menses half liquid, half clots or stringy; vicarious. The uterus seeps


VALERIANA OFFICINALIS

REGION:
Mind.
Muscles, etc.: Calf. Heels. Tendo Achilles.

WORSE:
REST.
STANDING.
Excitement.
Evening.

BETTER:
Changing position.
Walking about.
Rubbing.

Suddenly changeable disposition and symptoms. Alternations and want of reaction. Pains move outward; are here and there or come and go. Illusions; of smell, taste or hearing. Sense of floating; of a ball or plug. Globus. Impulse to move. Jerks. Weak single parts; eyes, arms, wrists, popliteæ, etc. .................. NERVOUS, excitable and weak; wriggles or squirms about; inclined to faint. Anger. Very mobile ideas, going from one extreme to another. Hysteria. Luminosities, before eyes in dark. Objects seem too near eyes. Greasy or rancid taste. As of a thread in throat. Eructations, like bad eggs. Hunger, with nausea; as if from navel. Gastric cramp. Flatulence. Colic. Polyuria. Strangling on dropping to sleep. Crampy pain in l. humerus, wakes from sleep. Heels pain when sitting. Coldness in upper head. Chills start and go down back from occiput. Fever composed of disagreeable heat only. Sudden gushes of sweat.


VARIOLINUM

REGION:
BLOOD.
Spine.
Muscles.
Metabolism.

WORSE:
Motion.
Vaccination.

General aching. < in back, occiput and legs. Calcareous deposit in the blood-vessels, spinal cord, etc. .................. Green vision on rising. Every odor nauseates. Putrid, coppery taste. Tongue protrudes during sleep. Food seems to want to regurgitate. Tympanites, pouting upward; she looks pregnant. Breaking backache. As of bugs crawling under skin. Eczema of


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**VERATRUM ALBUM**

**REGION:**

**NERVES:** ABDOMINAL. Heart. Blood-vessels. Vertex.

Blood.

Respiratory and digestive systems.

**WORSE:**

EXERTION.

DRINKING.

Cold drinks.

Fright.

During pain.

Wet cold.

**BETTER:**

Hot drinks.

Walking about.

Covering.

Lying.

VIOLENT EFFECTS; PROFOUND PROSTRATION, COLD SWEAT ON FOREHEAD, FAINTNESS OR COLLAPSE. SUDDEN, EXCESSIVE EVACUATIONS. **Cramps**; in chest, bowels, fingers, toes, etc.; with rigidity. Progressive weakness and emaciation; in acute diseases, eg., whooping cough, ague, etc. .. Delirium; early; with violence, loquacity or lewdness; during pain. Prays, curses and howls in turn. Acute manias, insanities, etc. Remorse. Loss of ideation. Sits in silence. Melancholia. Overpowering headache. Hair bristles; painful. Face; deathly pale on rising; bluish, pinched or distorted; frowning; terrified look. Red I. cheek, as if burnt. Jaws cramp on chewing. Heaviness in teeth. Burning thirst. **Craves ice water** or sour drinks. Vomits or eructates froth. EXCESSIVE VOMITING, WITH PURGING; violent retching, cutting colic, cramps in limbs and rapid prostration. **Cholera**; morbus, infantum, etc. Painful epigastrium. **Watery**, green, odorless or colorless (rice water) stool, or in large masses. Nymphomania. The air seems too hot. Dyspnœa. Tickling down throat, into lungs. Continuous, violent cough; with retching; < cold drinks. Neglected pertussis, with complications. **Aphonia**. Heart; cuttings at; weak; visible palpitation. Fine burnings, in arms; r. to left. Cramps in calves; during stool (Ap. Sec-c.); between scapulae, etc. > motion. Skin feels scorched. Awakes at night trembling. Thready pulse. GENERAL COLDNESS (icy); on vertex; of nose; in mouth; of waterbrash; limbs, sweat, etc. Blood seems to run cold or internal heat with cold (wrinkled) surface. Fevers showing external coldness only. Congestive chill.

Complementary: Carb-v.


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**VERATRUM VIRIDE**

**REGION:**

**Vaso-motors:** MEDULLA. Occiput. CHEST. Stomach. Heart. Capillaries.
WORSE:
RAISING UP.
Motion.
Cold.
Lying on back.
Puerperal states.

BETTER:
Rubbing.
Lying with head low.
Eating.


Related: Aco. Gel.

VERBASCUM THAPSUS

REGION:
Nerves (facial); Orbits. Ears. Zygomæ.
Respiratory tract.
Bladder.
Left side.

WORSE:
Drafts.
Change of temperature.
With every cold.
9 A.M. to 4 P.M.
Twice a day, at same hour.
Talking.

BETTER:
Deep inspiration (Osm.).

Spasmodic catarrhal or neuralgic effects. Earache. Coryza; with tears (Euphr.). Cramping, squeezing, crushing, paralyzing faceache; in malar bones. As of a lump at navel. Piles. Enuresis; < coughing; nightly. Deep, hollow, bellowing or trumpet toned cough. Cough; without
waking; nervous; > deep breathing. **Hoarseness**.


**VIBURNUM OPULUS**

**REGION:**
FEMALE ORGANS.
Nerves.
Left side.

**WORSE:**
Fright.
**Before menses.**
Cold; snow air.
Lying on L. side.

**BETTER:**
Rest.
Pressure.
Open air.

Violent nervous or spasmodic effects; **in females.** Can't keep still. **Cramping.** Haemorrhage.

................. Faint on sitting up. Left parietal pain. Snuffles. **Frequent, profuse urination;**
during headache, menses, haemorrhage, etc. Heavy ache or **excruciating cramps in pelvis;** >
menses. Dysmenorrhœa; with flatulency, loud eructations and nervousness. **Miscarriage.** False
labor pains. Violent, persistent after-pains. **Uterine haemorrhage. Suffocation, at night;** < cold
damp. Infantile asthma. Pains in back, end in a **cramp in uterus or go down face of thighs.**
Cramps in calves before menses. Tetterry spots on cheeks, arms, etc.


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VINCA MINOR

REGION:
Skin.
Hair.

WORSE:
After swallowing.

Weak and faint, as if to die. ................. Foul, matted hair. Cutting in lower œsophagus.
Menorrhagia; blood flows and flows, with weakness. Weeping eczema intermingled with foul,
thick crusts.

Related: Ustil.

VIOLA ODORATA

REGION:
Nerves: Eyes. Ears.
Vision.
Wrists (R).
Skin.

WORSE:
Cloudy weather.
Cool air.
Music.
Puberty.

Tension. Nervous activity, then sudden exhaustion. Combined eye, ear and kidney or worm
symptoms. ...................... Pain over brows. Pain l. eye to vertex, < cough. Cramp in eyes.
Otorrhœa. Craves meat. Itching at anus. Milky urine. Enuresis. Weight on chest. Dry skin, with
moist palms. Cold shoulders.

Related: Pul. Spi.

VIOLA TRICOLOR

REGION:
Skin.
Scalp.
Urinary organs.

WORSE:
Pressing on opposite side.
Suppressed eczema.

Cracked, gummy crusts on scalp, exuding profuse, tenacious, yellow fluid, matting hair together; with swelled cervical glands. Milk crust. Eczema. Urine smells like cat's urine; involuntary in bed. Emissions, with vivid dreams.

Related: Rhus-t.

**VIPERA TORVA**

**REGION:**
VEINS.
Blood.

**WORSE:**
LETTING LIMB HANG DOWN.
Cold.
Yearly.
Touch.

Bursting feeling. Hæmorrhagic tendency. ................. Epistaxis. Excruciating pain at epigastrium. Enlarged liver. Fullness and unbearable pain, as if limb would burst; must elevate parts; sits with feet high. Cramps in or blue lower limbs. Varicose veins or ulcers. Phlebitis. Goitre.

Related: Elap.

**VISCUM ALBUM**

**REGION:**
Female sexual organs.
Nerves.

**WORSE:**
Becoming chilled while hot.


Related: Bufo.

**XANTHOXYLUM FRAXINEUM**

**REGION:**
Nerves.
Respiration.
Female sexual organs.
Left side.

**WORSE:**
Sleeping.
Dampness.

**BETTER:**
Vomiting.

Grinding, shooting, radiating pains. Numb l. side. ................. Nervousness. Head threatens to fly to pieces. Throat feels like a hollow cavern. Violent, **agonizing**, grinding *dysmenorrhoeal* pains, not > in any position; pains go into thighs or radiate over whole body, even to heart. Leucorrhœa replaces menses. Soreness of face of thighs, before menses.

Related: Ars. Lach.

**ZINCUM ARSENICICUM**

**WORSE:**
10 A.M. and 3 P.M.
Light exertion.

Occipital pain. Blue vision. Burning in **bladder**. Numb r. arm, then left, > writing. Soles ache when tired, > pressure. **Lumbar pain**, < **exertion**, sitting, jarring, or standing.

**ZINCUM CHROMATUM**

**REGION:**
Ears.
Nose.
Throat.
Left side.

**WORSE:**
**MOTION**.
Lying on back.
Washing head.

Gnawing, grinding ache. Wandering, shock-like pains. Catching stitches, that impede motion. ...................... Averse to work; can't bring herself to it. Inward pressing; in spot on bregma. Throbbing temples; behind ears. Waivering vision. Bad odor within nose. Blows quantities of blood, pus and scabs from nose. Metallic taste. Indefinite cravings. Thoughts of eating are a bugbear. Can't tolerate her hands on abdomen. Dryness in vagina, with a sense of coming unwell; 10-12 A.M. Cough from tickling in throat-pit; expectorate sweet and loose, but had to be swallowed, or tough with spitting spells. Shooting from l. larynx up through tonsil into ear. Cutting at apex of heart; at night. Gnwawing grinding below and above l. scapula. Feet sore. Cramps in toes at night; or grinding gnawing.

Related: Pul.

**ZINCUM IODATUM**

**REGION:**
Heart.
Nerves.
Valves.

WORSE:
Lying on L. side.
Heat.

Jerkings, startings, etc. Lying on left side causes vertigo, palpitation, floating sensation, etc. .......... Nose, obstructed at night; blows thick, yellow chunks from; hot, dry nares. Goitre; presses inwardly. Myocardial exhaustion. Lower limbs feel as if floating. Cramps in calves, in ankles; must press feet to floor.

Related: Sticta.

ZINCUM METALLICUM

REGION:
Root of nose.
Blood.
Inner canthi.

WORSE:
EXHAUSTION; mental.
Suppressions.
Noise.
Touch.
Wine.
After being heated.

BETTER:
Motion.
Hard pressure.
Warm open air.
FREE DISCHARGES.

Fagged, enervated or depressed; can’t throw things off; develop exanthema or discharges, etc. Increasing weakness; < eating; with restlessness. Isolated effects; one part numb, another sensitive; formication; pain in spots; between skin and flesh, etc. Transverse pains. Automatic acts. Tremor. Jerkings; nightly. Spasm. Shootings. Descending paralysis. Disabling bone pains. Bloody discharges. ................. Fretful and sensitive; cries if vexed. Easily startled, excited or intoxicated. Muddled. Forgetful; repeats the question, then answers. Brain-fag. Screams; if moved; during sleep; with pain, etc. Violent vertigo; with stupor. Headache of varying intensity; pressive on vertex or root of nose; into eyes; with weak vision; < warmth, > hard pressure. Temples; heavy ache in; pain, < biting. Occiput; dragging, down back; as of a blow on, then weak legs; heat in. Crashing in head on falling to sleep. Rolls head and grinds teeth. Brain paralysis. Hair painful; on vertex; bristles. Eyes feel drawn together. Squint. Lachrymation on eating. Pterygium. Swelled nose. Pale, bluish, miserable face. Sticky lips. Bitter mouth. Voracity. As of a lump in liver region or at navel. Hypogastric flatulence. Itching at anus during stool. Piles draw down, > heat < walking; ulcerate. Violent urging but urinates only in certain positions, bending backward, crossing limbs, etc.; blood follows urine. Pressive cutting about kidneys. Grasps genitals; with each cough, etc. Sexual excitement. Onanism; during menses. Profuse, lumpy menses. Pain (boring) in l. ovary. Spasmodic dyspnœa, < flatulence > expectoration. Bursting, one hard throb or as of a cap over heart. Hard heart beat. Constricted chest. Nape tired; < mental exertion; lame, then stupor. Spine aching, burning along, < sitting; sensitive; inter-scapular cutting, > eructations; weak lumbar, < standing. Spasms, from spinal injuries. Pains in limbs on becoming heated. Hands tremble; eczema on. CAN’T KEEP FEET

Antidote: Tab.
Complementary: Pul.

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**ZINCUM PHOSPHORICUM**

Mental fatigue, depression and paralysis. Abuse of Bromides. Epilepsy.

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**ZINC VALERIANICUM**

**REGION:**
Nerves.
Ovaries.
Spine.

**BETTER:**
Rubbing.

Oversensitive, nervous and sleepless. Spasmodic nervous effects. Yawning. Hiccough. Excitable. Ticking over l. ear. Sour taste in A.M. Flatulent cramps; hypogastric. Mucous colitis. Smothers on attempting to eat. Ovarian or dysmenorrhoeal pains, down limbs; during and after menses. Achings up back. Chills after mental excitement or exertion. Cold parts burn as they warm up.

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### DURATION OF ACTION OF REMEDIES

Table of the approximate minimum **Duration of Action of Remedies** by weeks.

<table>
<thead>
<tr>
<th>Remedy</th>
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A SYNOPTIC KEY OF THE MATERIA MEDICA
By Cyrus Maxwell BOGER
Presented by Médi-T

COMPLEMENTARY REMEDIES

ACETIC ACID-Chin.
AETHUSA-Calc-c.
AGARICUS-Calc-c.
ALLIUM SATIVA-Ars.
ALOES-Sul.
ALUMINA-Bry. Fer.
ANTIMONIUM CRUDUM-Scil.
ANTIMONIUM TART.-Bar-c.
ARUM TRI.-Nit-ac.
ASAFOETIDA-Caus. Pul.
BARYTA CARB.-Ant-t.
BUFO-Calc-c.
CACTUS-Ars.
CALADIUM-Nit-ac.
CALCAREA CARB. - Bar-c. Lyc. Sil.
CALCAREA FLUOR-Rhus-t.
CALCAREA PHOS. - Ruta. Sul. Zin.
CALENDULA-Hep.
CANTHARIS-Apis.
CAPSICUM-Nat-m.
CARBO AN.-Calc-ph.
CHELIDONIUM-**Lyc.** Merc-d.
CHINA-**Ars.** Calc-p. **Carb-v.** Fer. Kali-c.
CINA-**Calc-c.** Dros. Sul.
CINNABAR-Thu.
CLEMATIS-Merc.
COCCULUS IND.-Petr.
COFFEA-Aco.
COLCHICUM-Ars. Spi.
COLOCYNTHIS-Caus. **Merc.** Stap.
CONIUM-**Pho.** Sil.
CORALLIUM RUB. - Sul.
CROTALUS HOR. - **Carb-v.** Lycps.
CUPRUM-Ars. **Calc-c.** Iod.
DROSDRA-Carb-v. **Nux-v. Sul.**
DULCAMARA-Alu. **Bar-c.** Nat-s.
FERRUM-Alu. **Ars. Chin.** Ham.
FERRUM PHOS.-Nat-m.
FLUORIC ACID-**Sil.**
GELSEMIUM-Arg-n. Sep.
GLONOIN-Bell.
HAMAMELIS-Fer. Flu-ac.
HELLEBORUS-Zinc.
HEPAR-Iod. Sil.
IODINE-Bad. Lyc. Sil.
IPECACUANHA-Ars. Cup.
KALI-Bi.-Ars. Pho. Psor.
KALI MUR.-Calc-s.
KALMIA-Benz-ac. Spi.
KREOSOTUM-Sul.
LACTIC ACID-Psor.
LEDUM-Chin. Sep.
LEPTANDRA-Pho.
MAGNESIA CARB.-Cham.
MARUM VER.-Calc-c.
MEZEREUM-Merc.
NATRUM CARB.-Sep.
NATRUM SUL.-Ars. Thu.
NUX MOSCH. - Calc-c. Lyc.
PALLADIUM-Plat.
PETROLEUM-Sep.

PHOSPHORIC ACID-Chin.


PLUMBUM-Rhus-t.


RHEUM-Mag-c.


RUTA-Calc-p.

SABADILLA-Sep.

SABINA-Thu.

SANGUINARIA-Ant-t. Pho.


SCILLA-Ant-c.

SECALE-Ars. Thu.


SPIGELIA-Spo.

SPOGIA-Hep.

STANNUM-Pul.

STAPHYSAGRIA-Caus. Coloc.

SULPHURIC ACID-Pul.


SUMBUL-Lactuca.


TARENTULA-Ars.


VERATRUM ALB.-Ars. Carb-v.

A SYNOPTIC KEY OF THE MATERIA MEDICA
By Cyrus Maxwell BOGER
Presented by Médi-T

ANTAGONISTIC REMEDIES

AMMONIUM CARB.-Lach.
APIS-Rhus-t.
BELLADONNA-Dulc.
BENZOIC ACID-Copaiv.
CAMPHOR-Kali-n.
CANTHARIS-Cof.
CARBO VEG.-Kreosot.
CHAMOMILLA-Zinc.
CHINA-Dig. Sele.
COCCULUS-Cof.
COLOCYNTH-Caus.
DIGITALIS-Strop.
DULCAMARA-Bell. Lach.
IGNATIA-Cof. Nux-v.
KALI NIT.-Cam. Caus. Ran-b.
LYCOPODIUM -Nux-mos.
MERCURY-Lach. Sil.
NITRIC ACID-Lach. Nat-m.
PHOSPHORUS---Caus.
PULSATILLA-Nux-m.
RANUNCULUS BULB.-Acet-ac. Kali-n.
SARSAPARILLA-Acet-ac.
SELENIUM-Chin.
SEPIA-Lach.
SIlica-Merc. Nux-m.
STAPHYSAGRIA-Ran-b.
SULPHUR-Nux-m. Ran-b.
ZINCUM-Cham. Nux-v.
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Clarke: M.M. * 13 Clarke
TF Allen: Pure MM + Clinical Hints
Boger: Syn. Key + Philo.
Nash: Region * Therap.
Hahn.: Organon [Deutsch] * Chronic Dis.
Morrell: Site * Articles * RLHH * Glasgow * British H.

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